

Wake Forest Invitational

Date: 01/20-01/21/18 Venue: JDL Fast Track - Winston-Sale

Women's Compiled Results

[60](#) | [200](#) | [400](#) | [800](#) | [1Mile](#) | [3000](#) | [5000](#) | [60H](#) | [4x4](#) | [4000DMR](#) | [HJ](#) | [PV](#) | [LJ](#) | [TJ](#) | [SP](#) | [Weight](#)

Women 60m Dash

Finals:

Place	Overall	Name	Year	Team	Time	Score
1	1	Squire, Nikia	SR-4	Queens (N.C.)	7.60	-
2	2	Dawson, Jasmine	SR	Unattached	7.61	-
3	3	Frazier, Brianna		UNAT-Benedict	7.64	-
4	4	Hill, Sarah	FR-1	USC Upstate	7.69	-
5	5	Smiling, Shalah	SO-2	Jacksonville	7.70	-
6	6	Leake, Noelia	SR-4	Coker	7.73	-
7	7	Toombs, Savyon	FR-1	Jacksonville	7.75	-
8	8	Guerra, Victoria	JR-3	Jacksonville	7.78	-

 Preliminaries: Heat #1 ↑ UP

Place	Overall	Name	Year	Team	Time	Score
1	4	Hill, Sarah	FR-1	USC Upstate	7.71	
2	10	Reeves, Justice	JR-3	Wingate	7.92	
3	28	Lee, Diamond		Allen	8.19	
4	34	McDonald, Briana	FR-1	Tusculum	8.30	
5	36	Wilder, Shekinah	JR-3	North Greenville	8.31	
6	53	Love, Makala	FR-1	Newberry	8.48	
7	68	Newkirk, A'lexus	SR-4	Guilford	9.04	

 Preliminaries: Heat #2 ↑ UP

Place	Overall	Name	Year	Team	Time	Score
1	3	Dawson, Jasmine	SR	Unattached	7.70	
2	16	Sebree, Tamerah	FR-1	Wingate	7.98	
3	23	Sauver, Helcey-Ann	FR-1	Benedict	8.07	
4	29	Glover, Savionna	FR-1	Benedict	8.22	
5	38	Coleman, Jer'Nasia	FR-1	USC Upstate	8.32	
6	59	Kunkle, Kori	FR-1	Columbia (S.C.)	8.60	
7	67	Rucker, Sarah	FR-1	Columbia (S.C.)	9.00	

 Preliminaries: Heat #3 ↑ UP

Place	Overall	Name	Year	Team	Time	Score
1	9	Davis, Alyson	JR	Unattached	7.88	
2	21	Smalls, Cierra	FR-1	USC Upstate	8.03	
3	24	Achenbach, Kayla	SO-2	Southern Wesleyan	8.10	
4	27	Walters, Autumn	SR-4	Coker	8.19	
5	33	Friday, Nautica	SO-2	UNC-Greensboro	8.30	
6	40	Nsom, Jacqueline	FR-1	Queens (N.C.)	8.35	
7	41	Burch, Tamia	FR-1	Citadel	8.36	

Preliminaries: Heat #4 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	6	Smiling, Shalah	SO-2	Jacksonville	7.75	
2	14	Manigault, Tracey	JR	Unattached	7.97	
3	43	Murphy, Talicia	SR-4	Coker	8.38	
4	48	Julian, Skylar	JR-3	Southern Wesleyan	8.41	
5	52	Thompson, Jennifer	SO-2	Davidson	8.46	
6	58	Morgan, Aundrea	FR-1	Mount Olive	8.56	
7	70	Spears, Kiara		Allen	9.11	
8	71	Smith, Aerial	FR-1	Methodist	9.16	

Preliminaries: Heat #5 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	7	Guerra, Victoria	JR-3	Jacksonville	7.86	
2	22	Haney, Morgan	SR-4	Southern Wesleyan	8.03	
3	30	Hines, Katherine	SO-2	Davidson	8.26	
4	32	Baumann, Alisha	SO-2	Queens (N.C.)	8.29	
5	35	Watson, Jasmine	FR-1	Barton	8.31	
6	44	Foster, Beyunka	JR-3	Georgia Southern	8.38	
7	46	Hill, Tiffany	FR-1	Citadel	8.39	
8	50	Smith, Antonia	JR-3	UNC-Greensboro	8.43	

Preliminaries: Heat #6 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	8	Toombs, Savyon	FR-1	Jacksonville	7.86	
2	17	Oviosun, Kiya	SR	Unattached	8.00	
3	18	Tolbert, Katrice	SR-4	Wingate	8.00	
4	44	Rahman, Saidah	SO-2	Davidson	8.38	
5	51	cherry, Jeffiana	FR-1	Allen	8.45	
6	63	Reidy, Elizabeth	FR	Unattached	8.68	
7	72	Helton, Nicole	FR-1	Barton	9.24	

Preliminaries: Heat #7 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	1	Squire, Nikia	SR-4	Queens (N.C.)	7.61	
2	15	Cole, Jaida	JR	Unattached	7.98	
3	19	Francis, Kaelyn	SO-2	UNC Pembroke	8.02	
4	37	Dockery, Jayln	FR-1	Newberry	8.32	
5	47	Ricks, Courtney	JR-3	Barton	8.40	
6	49	Harris, Ty	SR-4	Citadel	8.42	
7	57	Johnston, D'Arion	FR-1	Newberry	8.56	

Preliminaries: Heat #8 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	5	Leake, Noelia	SR-4	Coker	7.73	
2	13	McCoy, Sydney	FR-1	Mount Olive	7.97	
3	20	Rayford, Tatiyana	JR-3	Georgia Southern	8.02	

5	56	Blackwood, Autumn	FR-1	Tusculum	8.55
6	66	Scism, Sarah	JR-3	North Greenville	8.91
7	69	Taylor, Tiffany	SO-2	Coker	9.07
8	73	Bell, Jhalisa	FR-1	Catawba	9.49

Preliminaries: Heat #9 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	2	Frazier, Brianna		UNAT-Benedict	7.70	
2	12	King, Lyric	SO-2	Southern Wesleyan	7.97	
3	26	Holton, Kennedy	SR-4	USC Upstate	8.17	
4	39	Anthony, Sydney	JR-3	Benedict	8.33	
5	54	Laurent, Jimlyn	JR-3	Methodist	8.49	
6	61	Gauthier, Selena	FR-1	Tusculum	8.66	
7	65	Hawkins, Tiara	FR-1	Allen	8.81	

Preliminaries: Heat #10 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	11	Blunt, Desiree	JR-3	Georgia Southern	7.96	
2	25	Bohannon, Maddie	FR-1	Catawba	8.11	
3	42	Dessaure, Teyanna	SO-2	Mount Olive	8.37	
4	55	Rice, Alexis	SO-2	UNC-Greensboro	8.51	
5	60	Prince, Tunisia	SR-4	Mount Olive	8.62	
6	62	Robinson, Ashlyn	SO-2	Wingate	8.67	
7	64	Curtis, Carmen	FR-1	Guilford	8.74	
8	75	Spear, Hannah	FR-1	Brevard	10.06	

men 200m Dash

Finals: Heat #1

ice	Overall	Name	Year	Team	Time	Score
1	1	Toombs, Savyon	FR-1	Jacksonville	25.04	-
2	2	Smiling, Shalah	SO-2	Jacksonville	25.20	-
3	10	Blunt, Desiree	JR-3	Georgia Southern	26.58	-
4	29	Leake, Noelia	SR-4	Coker	27.61	-

Finals: Heat #2 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	3	Williams, Pashen	FR-1	Jacksonville	25.34	-
2	5	Hill, Sarah	FR-1	USC Upstate	25.92	-

Finals: Heat #3 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	8	King, Lyric	SO-2	Southern Wesleyan	26.41	-
2	9	Reeves, Justice	JR-3	Wingate	26.51	-
3	15	Davis, Alyson	JR	Unattached	26.77	-
4	25	Tolbert, Katrice	SR-4	Wingate	27.29	-

Finals: Heat #4 **↑UP**

2	6	Manigault, Tracey	JR	Unattached	26.20	-
3	21	Walters, Autumn	SR-4	Coker	27.16	-

Finals: Heat #5 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	16	Miller, Sorenya	FR-1	Benedict	26.90	-
2	31	Austin, Leah	SR-4	North Greenville	27.71	-
3	34	Minus, Raygene	JR-3	Tusculum	27.91	-
4	36	Foster, Beyunka	JR-3	Georgia Southern	27.96	-

Finals: Heat #6 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	11	Hamouda, Mandi	JR	Unattached	26.67	-
2	23	Sebree, Tamerah	FR-1	Wingate	27.20	-
3	30	Barmore, Jasmine	SO-2	Anderson (S.C.)	27.62	-

Finals: Heat #7 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	40	Wheeler, Cyani	SO-2	Mount Olive	28.19	-
2	46	Robinson, Ashlyn	SO-2	Wingate	28.59	-
3	60	Gauthier, Selena	FR-1	Tusculum	31.36	-

Finals: Heat #8 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	14	Hines, Katherine	SO-2	Davidson	26.73	-
2	17	Loehr, Grace	FR-1	Davidson	26.91	-
3	24	Rahman, Saidah	SO-2	Davidson	27.28	-
4	28	Gale, Angel	SO-2	Coker	27.60	-

Finals: Heat #9 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	13	Bohannon, Maddie	FR-1	Catawba	26.72	-
2	19	Smith-Cunningham, Bryannah	SR	Unattached	27.11	-
3	27	Thompson, Jennifer	SO-2	Davidson	27.48	-
4	41	Edwards, Brittany	FR-1	North Greenville	28.20	-

Finals: Heat #10 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	7	Francis, Kaelyn	SO-2	UNC Pembroke	26.36	-
2	20	facey, nahsheeda	SO	Unattached	27.13	-
3	22	Smalls, Cierra	FR-1	USC Upstate	27.19	-

Finals: Heat #11 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	18	Culver, Jovani	SO-2	Methodist	27.09	-
2	32	Torrence, Amia	JR	Unattached	27.77	-
3	35	Nickl, Alexis	FR-1	Wake Forest	27.92	-

Finals: Heat #12 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	12	McCoy, Sydney	FR-1	Mount Olive	26.71	-
2	39	Morgan, Aundrea	FR-1	Mount Olive	28.15	-
3	49	Mills, Andrea	FR-1	Barton	28.91	-

Finals: Heat #13 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	33	Boyce, Khalina	FR-1	UNC Pembroke	27.84	-
2	45	McDonald , Briana	FR-1	Tusculum	28.47	-
3	49	Blackwood, Autumn	FR-1	Tusculum	28.91	-
4	56	Cooper, Chantell	JR-3	Guilford	30.04	-

Finals: Heat #14 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	48	Gwehi, Simone	SR-4	UNC Pembroke	28.77	-
2	53	Marshall, Taylor	FR-1	Catawba	29.26	-
3	59	Morrow, Charlotte	JR-3	High Point	31.19	-

Finals: Heat #15 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	38	Ricks, Courtney	JR-3	Barton	28.09	-
2	42	Wilkins, Nigeria	FR-1	Mount Olive	28.22	-
3	51	Harris, Alexis	FR-1	Methodist	28.98	-

Finals: Heat #16 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	43	Kunkle, Kori	FR-1	Columbia (S.C.)	28.36	-
2	52	Wright, Cheyenne	SO-2	Guilford	29.24	-
3	55	Love, Makala	FR-1	Newberry	29.93	-
4	63	Spear, Hannah	FR-1	Brevard	34.75	-

Finals: Heat #17 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	47	Hill, Tiffany	FR-1	Citadel	28.74	-
2	61	Rucker, Sarah	FR-1	Columbia (S.C.)	31.86	-
3	64	Brock, Olivia	JR-3	Brevard	44.35	-

Finals: Heat #18 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	26	Royer, Joie	FR-1	Citadel	27.34	-
2	54	Hall, Alfeeya	FR-1	USC Upstate	29.38	-
3	56	Mays, Shakeyah	FR-1	Livingstone	30.04	-
4	62	Bell, Jhalisa	FR-1	Catawba	32.21	-

Finals: Heat #19 **↑UP**

2	58	Smith, Aerial	FR-1	Methodist	31.02	-
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men 400m Run

Finals: Heat #1

Place	Overall	Name	Year	Team	Time	Score
1	1	Williams, Pashen	FR-1	Jacksonville	57.24	-
2	2	Howell, Michelle	SR-4	Jacksonville	57.53	-
3	5	Lewis, Jami	SO-2	Southern Wesleyan	58.94	-
4	7	Johnson , Sarah	JR-3	Wake Forest	59.25	-
5	8	John, Nickheila		Unattached	59.79	-

Finals: Heat #2 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	3	Delley, Cydney	FR-1	Wake Forest	57.79	-
2	9	Rieden, Hannah		Unattached	59.86	-
3	10	Assinzo, Mary Jeanne	JR-3	Jacksonville	1:00.14	-
		Barmore, Jasmine	SO-2	Anderson (S.C.)	DQ	-

Finals: Heat #3 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	4	Polimeno, Lauren	FR-1	Jacksonville	58.55	-
2	11	Hinton, Maya	SR-4	Wake Forest	1:00.27	-
3	12	Mzinde, Ruvarshe	JR-3	Wingate	1:00.33	-
4	24	Minus, Raygene	JR-3	Tusculum	1:03.91	-
5	38	Cole, Hailey	FR-1	Tusculum	1:05.36	-

Finals: Heat #4 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	16	Miller, Sorenya	FR-1	Benedict	1:01.31	-
2	17	Hamouda, Mandi	JR	Unattached	1:01.32	-
3	27	Madden, Rhyan	FR-1	Wingate	1:04.24	-
4	36	Thornton, Lauren	FR-1	Wingate	1:05.03	-

Finals: Heat #5 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	6	Long, Tori	JR-3	Davidson	59.06	-
2	14	Nichols, Kieora	FR-1	Mount Olive	1:01.07	-
3	22	Coleman, Jer'Nasia	FR-1	USC Upstate	1:03.47	-
4	25	Glencross, Lauren	JR-3	Columbia (S.C.)	1:04.06	-
5	31	Williamson, Jalecia	JR-3	Coker	1:04.31	-

Finals: Heat #6 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	13	Loehr, Grace	FR-1	Davidson	1:00.56	-
2	15	cherry, Jeffiana	FR-1	Allen	1:01.20	-
3	28	Gillespie, Jasmyn	JR-3	High Point	1:04.25	-
4	29	Kemp, Jayde	SR-4	Pfeiffer	1:04.26	-

Finals: Heat #7 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	18	Beisecker, Emily	SO-2	North Greenville	1:02.29	-
2	33	Clark, Komiyah	FR-1	USC Upstate	1:04.54	-
3	39	Paulk, MonaLisa	SO-2	Livingstone	1:06.45	-
4	42	Edwards, Emilee	SO-2	Anderson (S.C.)	1:07.15	-
5	45	Reynolds, Christiana	FR-1	UNC Pembroke	1:07.87	-

Finals: Heat #8 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	19	Beckford, Brittany	FR-1	Mount Olive	1:02.57	-
2	23	Torrence, Amia	JR	Unattached	1:03.80	-
3	26	Hunter, Katrice	JR-3	Southern Wesleyan	1:04.08	-
4	30	Seay, Madison	JR-3	Anderson (S.C.)	1:04.27	-
		Mcfarlane, Laquisha	SO-2	Queens (N.C.)	DNF	-

Finals: Heat #9 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	20	Culver, Jovani	SO-2	Methodist	1:03.08	-
2	32	Pruiett, Bailey	FR-1	Tusculum	1:04.52	-
3	35	Kafi, Malak	SO-2	Mount Olive	1:05.03	-
4	37	Williams, Keyanna	FR-1	Southern Wesleyan	1:05.34	-
5	44	Snelling, Charity	JR-3	Coker	1:07.45	-

Finals: Heat #10 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	41	Massey, Destiny	FR-1	Southern Wesleyan	1:06.67	-
2	48	Wilkins, Nigeria	FR-1	Mount Olive	1:09.90	-
3	49	Flook, Sarah	SR-4	North Greenville	1:10.21	-
		Poulard, Cassie	FR-1	Newberry	DQ	-
		Johnson, Taylor	FR-1	Benedict	DQ	-

Finals: Heat #11 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	46	Williams, Marlana	SO-2	Benedict	1:08.28	-
2	47	Emmerson, Searra	FR-1	Catawba	1:09.89	-

Finals: Heat #12 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	34	Ways, Kamare'	FR-1	Georgia Southern	1:04.93	-
2	43	Wright, Cheyenne	SO-2	Guilford	1:07.36	-
3	51	Bowery, Brittany	SO-2	Tusculum	1:15.21	-
4	52	Lautenschlager, Mackenzie	FR-1	Brevard	1:15.79	-

Finals: Heat #13 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
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2	50	Lambert, Courtney	FR-1	Columbia (S.C.)	1:13.53	-
		Barnes, Erica	FR-1	Guilford	DQ	-

men 800m Run

Finals: Heat #1

Place	Overall	Name	Year	Team	Time	Score
1	1	Montgomery, Ellunde	SO-2	Georgia Southern	2:16.66	-
2	2	Daughters, Eleni	FR-1	Davidson	2:16.76	-
3	3	Snell, Sholonda	JR-3	Georgia Southern	2:19.12	-
4	4	Nieusma, Claire	JR-3	Davidson	2:19.29	-
5	5	Noall, Lucie	JR-3	Queens (N.C.)	2:24.83	-
6	7	Glencross, Lauren	JR-3	Columbia (S.C.)	2:25.60	-
7	9	Pedroza, Fatima	JR-3	USC Upstate	2:26.61	-
8	14	Bridges, Morgan	SO-2	Anderson (S.C.)	2:29.23	-
9	16	Sirvinskis, Julia	SO-2	Davidson	2:32.71	-
10	24	Joseph, Tiyera	SO-2	Wingate	2:37.35	-
11	27	Scully, Emily	SR-4	Wingate	2:40.31	-

Finals: Heat #2 ↑ UP

Place	Overall	Name	Year	Team	Time	Score
1	6	Arellano, Allyson	FR-1	Queens (N.C.)	2:24.96	-
2	8	Kasitz, Gillian	FR-1	Queens (N.C.)	2:25.74	-
3	10	Pitts, Emily	JR-3	Anderson (S.C.)	2:27.17	-
4	12	Dionisio, Becky	JR-3	Benedict	2:28.72	-
5	13	Axe, Riley	FR-1	UNC Pembroke	2:29.05	-
6	15	Bridges, Julia	SR-4	Mount Olive	2:29.57	-
7	17	Roach, Kaleigh	JR-3	North Greenville	2:33.13	-
8	18	Neeley, Jordan	SO-2	Citadel	2:34.76	-
9	19	Ward, Madeline	SO-2	Wake Forest	2:34.77	-
10	20	Glasco, Gabrielle	SO-2	Livingstone	2:35.43	-
11	22	Foster, June Lisa	SR-4	Coker	2:36.55	-
12	31	Ling, Michelle	SO-2	Newberry	2:44.01	-

Finals: Heat #3 ↑ UP

Place	Overall	Name	Year	Team	Time	Score
1	21	Dill, Cassidy	FR-1	UNC-Greensboro	2:35.56	-
2	23	Williams, Keyanna	FR-1	Southern Wesleyan	2:36.85	-
3	25	Lawler, Makayla	FR-1	Methodist	2:37.38	-
4	26	Requena, Irene	SR-4	Columbia (S.C.)	2:39.07	-
5	28	Tonon, Julie	JR	Unattached	2:41.04	-
6	29	Sullivan, Breanna	SO-2	Coker	2:42.19	-
7	30	Cannon, Claudia	FR-1	Newberry	2:43.10	-
8	32	Jennette, Libby	SR-4	USC Upstate	2:45.98	-
9	35	Thomas, Deondra	JR-3	Tusculum	2:48.72	-
10	36	Hunt, Jordan	SR-4	Catawba	2:49.40	-
11	37	Perkins, Courtney	SR-4	Brevard	2:50.13	-
12	38	Mavins, Miyonta	SR-4	Columbia (S.C.)	2:51.33	-
13	43	Wildman, Drew	FR-1	Tusculum	3:04.29	-

1	11	McGee, Josephine	FR-1	UNC-Greensboro	2:28.27	-
2	33	Fields, Breasiah	FR-1	Benedict	2:47.30	-
3	34	Brook, Octavya	FR-1	Newberry	2:47.84	-
4	39	Emmerson, Siearra	FR-1	Catawba	2:56.73	-
5	40	Pearson, Emily	FR-1	Coker	2:59.10	-
6	41	Sistrunk, Kelrianna	FR-1	Benedict	2:59.98	-
7	42	Lambert, Courtney	FR-1	Columbia (S.C.)	3:03.30	-
8	44	Harris, Khai	FR-1	Livingstone	3:05.02	-
9	45	Brown, Molly	FR-1	Brevard	3:23.91	-

Women 1 Mile Run

Finals: Heat #1

Place	Overall	Name	Year	Team	Time	Score
1	1	Howell, Michelle	SR-4	Jacksonville	4:56.73	-
2	2	Hunter, Maddie	SO-2	Davidson	4:59.28	-
3	3	Ponthier, Sierra	SR-4	Davidson	5:04.79	-
4	4	Ritter, Celine	FR-1	Mount Olive	5:05.20	-
5	5	Mills, Sophia	JR-3	Davidson	5:10.16	-
6	6	Marino, Caitlin	SR-4	Jacksonville	5:10.71	-
7	7	Assinzo, Mary Jeanne	JR-3	Jacksonville	5:20.34	-
8	8	Noall, Lucie	JR-3	Queens (N.C.)	5:22.59	-
9	9	MacTurk, Katie	SO-2	Davidson	5:24.79	-
10	12	Schaeffer, Haley	FR-1	Queens (N.C.)	5:29.87	-
11	14	Haynes, Kristen	FR-1	Wake Forest	5:35.44	-
		Boylan, Beatrice	JR-3	Wake Forest	DNF	-

Finals: Heat #2 ↑ UP

Place	Overall	Name	Year	Team	Time	Score
1	10	Strange, Jonna	SO	Unattached	5:25.59	-
2	11	Garcia, Ariana	FR-1	UNC-Greensboro	5:28.29	-
3	13	Rocker, Kaitlin	SO-2	Georgia Southern	5:31.06	-
4	16	Lackner, Olivia	SR	Unattached	5:39.00	-
5	17	Rish, Olivia	FR-1	Anderson (S.C.)	5:40.07	-
6	19	Murray, Heidi	FR-1	Mount Olive	5:40.81	-
7	20	Blades, Shona	JR-3	Mount Olive	5:41.00	-
8	21	Barrett, Kelsey	SO-2	UNC-Greensboro	5:42.08	-
9	23	Slaughter, Jady	FR-1	North Greenville	5:43.36	-
10	27	Miller, Casey	FR-1	Citadel	5:47.29	-
11	29	Warren, Kelsey	SR-4	USC Upstate	5:50.44	-
12	34	Tumey, Lauryn	FR-1	Wingate	5:57.34	-
		Stoklosa, Emily	SO-2	Tusculum	DNF	-

Finals: Heat #3 ↑ UP

Place	Overall	Name	Year	Team	Time	Score
1	18	Like, Chauntress	FR-1	Coker	5:40.71	-
2	24	Pettit, Emma	SO-2	Davidson	5:44.42	-
3	25	Thompson, Shamia	JR-3	USC Upstate	5:46.30	-
4	26	Hinz, Lesley		Unattached	5:47.00	-

6	30	Mullican, Erin	JR-3	Georgia Southern	5:51.63	-
7	31	Araldi, Meghan	SO-2	Barton	5:52.04	-
8	32	Ewell, Angel	SO-2	Livingstone	5:52.46	-
9	33	Davis, Mia	FR-1	USC Upstate	5:52.48	-
10	35	Tonon, Julie	JR	Unattached	5:57.87	-
11	38	D'Amelio, Christina	FR-1	Catawba	6:13.86	-
12	39	Smullen, Shauntel	SR-4	Coker	6:21.18	-
13	41	Hunt, Jordan	SR-4	Catawba	6:25.94	-
		Wetherell, Kayla	JR-3	UNC-Greensboro	DNF	-

Finals: Heat #4 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	15	Jackson, Amy	SR-4	Wingate	5:37.76	-
2	22	Angel, Amanda	SO-2	Wingate	5:42.51	-
3	36	MacDonald, Kaitlyn	SO-2	Tusculum	6:04.27	-
4	37	Requena, Irene	SR-4	Columbia (S.C.)	6:06.34	-
5	40	Taylor, Helen	SR-4	Columbia (S.C.)	6:24.69	-
6	42	Chaump, Kaitlin	SO-2	Brevard	6:33.93	-
7	43	Wicht, Annika	SR-4	Columbia (S.C.)	6:40.29	-
8	44	Bouwkamp, Anne	FR-1	Newberry	6:46.48	-
9	45	Christ, Kelly	FR-1	Methodist	6:52.74	-
10	46	Lopez, Elizabeth	FR-1	Mount Olive	6:55.56	-
11	47	Gutierrez, Diana	FR-1	Newberry	7:01.12	-
12	48	Johnson, Erin	FR-1	Methodist	7:20.81	-
13	49	Johnson, Dana	SR-4	Pfeiffer	7:41.12	-

men 3000m Run

Finals: Heat #1

ice	Overall	Name	Year	Team	Time	Score
1	1	Sears, Sarah	SR-4	Davidson	9:33.50	-
2	2	Yarbrough, Caroline	JR-3	Davidson	9:57.76	-
3	3	Wolkenhauer, Hannah	JR-3	Queens (N.C.)	10:00.35	-
4	4	Marino, Caitlin	SR-4	Jacksonville	10:10.37	-
5	5	Cate, Susannah	SO-2	Davidson	10:33.67	-
6	6	Evans, Olivia	FR-1	Anderson (S.C.)	10:37.37	-
7	8	Griesche, Valerie	SR-4	Wingate	10:46.46	-
8	9	Falken, Grace	SR-4	Davidson	10:47.13	-
9	10	Deruytter , Natane	SO-2	Queens (N.C.)	10:49.76	-
10	13	Opp, Amber	FR-1	Citadel	11:11.65	-
11	16	Kiptoo, Sharon	SR-4	Barton	11:16.93	-
12	20	Fry, Abby	JR-3	Davidson	11:20.18	-
		Willis, Caroline	FR-1	Davidson	DQ	-

Finals: Heat #2 **↑UP**

ice	Overall	Name	Year	Team	Time	Score
1	11	Beach, Hannah	FR-1	Anderson (S.C.)	11:08.79	-
2	12	Mordoff, Holly	SO-2	UNC-Greensboro	11:10.07	-
3	14	Francis, Hayden	SO-2	Newberry	11:14.89	-
4	17	Hyde, Kiannah	JR	Unattached	11:17.30	-

6	19	Fanney, Sommer	SR-4	Guilford	11:19.64	-
7	22	McManus, Lefler	FR-1	UNC-Greensboro	11:23.66	-
8	24	Davies, Victoria	SR-4	North Greenville	11:40.94	-
9	25	Packer, Christa	SO	Unattached	11:45.31	-
10	26	Frazier, Elese	SO	Unattached	11:46.58	-
11	29	Sellers, Paula	FR-1	Catawba	11:52.04	-
12	30	Willingham, Hailey	SR-4	North Greenville	11:52.58	-
13	34	Coleman, Martha	JR-3	Anderson (S.C.)	12:15.69	-

Finals: Heat #3 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	7	Strange, Jonna	SO	Unattached	10:39.60	-
2	15	Hooper, Cassidy	JR-3	Pfeiffer	11:15.50	-
3	21	Heeley, Aleksa	SO-2	Queens (N.C.)	11:20.57	-
4	23	McCann, Molly	FR-1	UNC Pembroke	11:37.92	-
5	27	Iademarco, Gabriela	FR-1	Queens (N.C.)	11:47.99	-
6	28	Cain, Kristin	JR-3	UNC Pembroke	11:50.52	-
7	31	D'Amelio, Christina	FR-1	Catawba	12:06.29	-
8	32	Padgett, Kenslee	FR-1	Citadel	12:10.98	-
9	33	Small, Cori	SO-2	North Greenville	12:13.98	-
10	35	Alley, Makenzi	SO-2	Tusculum	12:16.86	-
11	36	Petty, Lexie	SO-2	Catawba	12:42.69	-
12	37	Melly, Judith	SR-4	Barton	12:58.15	-
13	38	Bouwkamp, Anne	FR-1	Newberry	13:15.73	-
14	39	Gutierrez, Diana	FR-1	Newberry	13:54.82	-

Women 5000m Run

Finals: Heat #1

Place	Overall	Name	Year	Team	Time	Score
1	1	Strange, Jonna	SO	Unattached	17:57.94	-
2	2	Archinard, Clementine	FR-1	Wingate	18:26.68	-
3	3	Salgueiro, Juliet	SR-4	Wingate	18:40.09	-
4	4	Lorient, Meredith	SO-2	Mount Olive	18:41.26	-
5	5	Hanle, Leah	SO-2	Mount Olive	18:41.35	-
6	6	Mercer, Hannah	SO-2	Catawba	18:47.98	-
7	7	Tanner, Elise	JR-3	Mount Olive	19:35.79	-
8	12	Kaster, Lena	FR-1	Mount Olive	21:11.33	-

Finals: Heat #2 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	8	Sanford, Hannah	SR-4	Anderson (S.C.)	19:45.44	-
2	9	Glenn, Jessica	FR-1	Mount Olive	20:00.38	-
3	10	Elminowski, Nikkita	SO-2	Catawba	20:06.37	-
4	11	Gambrell, Lydia	FR-1	Anderson (S.C.)	20:41.19	-
5	13	Taylor, Helen	SR-4	Columbia (S.C.)	21:53.11	-
6	14	Olson, Emily	SO-2	Anderson (S.C.)	21:58.05	-
		Lewis, Katherine	FR-1	Anderson (S.C.)	DNF	-
		Kirby, Jackie		Unattached	DNF	-

Finals

Place	Overall	Name	Year	Team	Time	Score
1	1	Roberts, Hunter	SR	Unattached	8.67	-
2	2	Phillips, Stormm	SR-4	Jacksonville	8.95	-
3	3	Parlette, Adreanna	FR-1	Jacksonville	8.99	-
4	4	Banks, Jordan	SR-4	Wake Forest	9.06	-
5	5	Rayford, Tatiyana	JR-3	Georgia Southern	9.10	-
6	6	Julian, Skylar	JR-3	Southern Wesleyan	9.12	-
7	7	Holton, Kennedy	SR-4	USC Upstate	9.18	-
8	8	Kafi, Malak	SO-2	Mount Olive	10.11	-

Preliminaries: Heat #1 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	1	Roberts, Hunter	SR	Unattached	8.71	
2	16	Moncrief, Taylor	SO-2	Mount Olive	9.54	
3	18	Hammett, Princess	JR-3	Benedict	9.60	
4	19	Rice, Asante	SO-2	Coker	9.68	
5	21	Wilson, Kimona	FR-1	Benedict	9.92	
6	28	Wauters, Rileigh	SO-2	Anderson (S.C.)	11.28	
7	29	Riffle, Shania	SR-4	Mount Olive	11.59	

Preliminaries: Heat #2 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	2	Banks, Jordan	SR-4	Wake Forest	9.00	
2	3	Phillips, Stormm	SR-4	Jacksonville	9.00	
3	11	Campbell, Chyna	FR-1	Southern Wesleyan	9.34	
4	13	Boyce, Khalina	FR-1	UNC Pembroke	9.52	
5	25	Baroody, Abigal	SO-2	Coker	10.42	
6	26	Clark, Komiyah	FR-1	USC Upstate	10.61	

Preliminaries: Heat #3 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	4	Julian, Skylar	JR-3	Southern Wesleyan	9.11	
2	8	Holton, Kennedy	SR-4	USC Upstate	9.29	
3	12	Jackson, Deonzha	SO-2	Coker	9.39	
4	15	Soper, CeAnna	SR-4	High Point	9.53	
5	22	Reynolds, Madison	SO-2	High Point	9.95	
6	27	Reynolds, Christiana	FR-1	UNC Pembroke	10.84	
7	30	Lemons, Destiny	FR-1	Newberry	12.35	

Preliminaries: Heat #4 **↑UP**

Place	Overall	Name	Year	Team	Time	Score
1	6	Parlette, Adreanna	FR-1	Jacksonville	9.13	
2	7	Kafi, Malak	SO-2	Mount Olive	9.14	
3	9	Klefsaas, Millie	FR-1	North Greenville	9.30	
4	10	Ruff, Kaylah	JR-3	Coker	9.33	
5	20	Binter, Makayla	SO-2	Davidson	9.76	
6	31	Lambert, Courtney	FR-1	Columbia (S.C.)	12.70	

1	5	Rayford, Tatiyana	JR-3	Georgia Southern	9.12
2	14	Tate, Lashonda	FR-1	UNC Pembroke	9.53
3	17	Hall, Alfeeya	FR-1	USC Upstate	9.57
4	23	Hart, Natalie	JR-3	Wingate	10.07
5	24	Seay, Madison	JR-3	Anderson (S.C.)	10.13
		facey, nyile	SR	Unattached	FS

men's 4 x 400m Relay

Finals: Heat #1

Place	Overall	Name	Year	Team	Time	Score
1	1	,		Wake Forest	3:54.14	-
2	2	,		USC Upstate	4:07.68	-
3	3	,		Wingate	4:11.22	-
4	4	,		High Point	4:13.37	-
5	5	,		North Greenville	4:17.71	-
6	6	,		Coker	4:18.11	-

Finals: Heat #2 ↑ UP

Place	Overall	Name	Year	Team	Time	Score
1	7	,		Citadel	4:23.00	-
2	8	,		Tusculum	4:30.47	-

men's 4,000m Distance Medley

Finals:

Place	Overall	Name	Year	Team	Time	Score
1	1	,		Mount Olive	12:21.14	-
2	2	,		Queens (N.C.)	12:23.27	-
3	3	,		Anderson (S.C.)	13:22.60	-
4	4	,		UNC-Greensboro	13:32.10	-
5	5	,		Tusculum	14:14.40	-
6	6	,		Brevard	16:19.38	-

men High Jump

Overall	Name	Year	Team	Height	Score	1.43	1.48	1.53	1.58	1.63	1.68
1	Wilshire, Vanisha	JR-3	Wingate	1.68m	-	PPP	PPP	PPP	PPP	PPP	XXO
2	Parlette, Adreanna	FR-1	Jacksonville	1.63m	-	PPP	PPP	O	XO	XXO	XXX
3	Wright, Annibrelle	JR-3	Benedict	1.58m	-	PPP	XO	XXO	O	XXX	
4	Fye, Kiunah	SR-4	Southern Wesleyan	1.58m	-	PPP	O	O	XO	XXX	
5	Beckford, Brittany	FR-1	Mount Olive	1.58m	-	XO	XO	XO	XXO	XXX	
6	Polimeno, Lauren	FR-1	Jacksonville	1.53m	-	PPP	XO	XO	XXX		
7	Cotton, Twandalette	SR-4	Georgia Southern	1.53m	-	PPP	XXO	XXO	XXX		
7	Binter, Makayla	SO-2	Davidson	1.53m	-	PPP	XXO	XXO	XXX		
9	Stevens, Alexis	FR-1	Wingate	1.48m	-	PPP	XO	XXX			
10	McCarty, Janel	FR-1	Wingate	1.48m	-	PPP	XXO	XXX			
10	Wilson, Kimona	FR-1	Benedict	1.48m	-	O	XXO	XXX			
10	Morrow, Charlotte	JR-3	High Point	1.48m	-	O	XXO	XXX			

13	Johnson, Taylor	FR-1	Benedict	1.43m	-	O	XXX
15	Burks, Deja	SR-4	UNC Pembroke	1.43m	-	XO	XXX
16	Thompson, Summer	JR-3	Citadel	1.43m	-	XXO	XXX
	Rasheed, Samiyah	FR-1	Catawba	NH	-	XXX	
	Riffle, Shania	SR-4	Mount Olive	NH	-	XXX	
	Pruiett, Bailey	FR-1	Tusculum	NH	-	XXX	
	Memoli, Anna	SR-4	Davidson	NH	-	XXX	

men Pole Vault

Overall	Name	Year	Team	Height	Score	2.85	3.00	3.15	3.30	3.45	3.60	3.75	3.90
1	Kempski, Tesia	JR-3	Wake Forest	3.90m	-	PPP	PPP	PPP	PPP	XO	O	O	XO
2	Marois, Jill		Unattached	3.75m	-	PPP	PPP	PPP	PPP	PPP	PPP	O	XXX
3	Elliott, Nathalie	FR-1	High Point	3.75m	-	PPP	PPP	PPP	O	O	O	O	XXX
4	Hautamaa, Stephanie	SR-4	Davidson	3.45m	-	PPP	PPP	O	O	O	XXX		
5	Berndsen, Rachel	SO-2	High Point	3.45m	-	PPP	O	O	O	O	XXX		
6	Keck, Heather	JR-3	High Point	3.30m	-	PPP	O	XO	O	XXX			
7	Klefsaas, Millie	FR-1	North Greenville	3.30m	-	PPP	PPP	O	XO	XXX			
8	Keys, Jessica	FR-1	High Point	3.30m	-	PPP	O	O	XO	XXX			
9	Turner, Haidyn	FR-1	Wake Forest	3.30m	-	O	O	O	XO	XXX			
10	Deutsch, Darby	FR-1	Wake Forest	3.30m	-	O	O	XO	XO	XXX			
11	Thiede, Kim	SR-4	Queens (N.C.)	3.15m	-	PPP	PPP	O	XXX				
11	Engel, Sam	FR-1	Citadel	3.15m	-	O	O	O	XXX				
13	Cass, Danielle	FR-1	High Point	3.00m	-	PPP	O	XXX					
13	Doyle, Haley	SO-2	High Point	3.00m	-	O	O	XXX					
15	McLaughlin, Haley	FR-1	Southern Wesleyan	2.85m	-	XXO	XXX						
	Skeen, Kamber	SO-2	Mount Olive	NH	-	XXX							
	Mason, Melissa	FR-1	North Greenville	NH	-	XXX							
	Vega, Karla	FR-1	Virginia-Lynchburg	NH	-	XXX							
	Noble, Bailey	FR	Unattached	NH	-	XXX							

men Long Jump

Overall	Name	Year	Team	Distance	Score								
16	Day, I'Keriah	FR-1	Tusculum	5.10m	-	4.63m	5.10m	4.98m					
17	Johnston, D'Arion	FR-1	Newberry	5.10m	-	4.77m	5.10m	4.75m					
23	Norman, Jaela	FR-1	Livingstone	4.84m	-	FOUL	FOUL	4.84m					
25	Reynolds, Madison	SO-2	High Point	4.73m	-	FOUL	FOUL	4.73m					
27	Soper, CeAnna	SR-4	High Point	4.64m	-	4.54m	FOUL	4.64m					
30	Scism, Sarah	JR-3	North Greenville	4.41m	-	4.35m	4.41m	4.17m					
31	Newkirk, A'lexus	SR-4	Guilford	4.20m	-	3.84m	4.20m	FOUL					
32	Paulk, MonaLisa	SO-2	Livingstone	4.09m	-	4.09m	3.99m	3.78m					
33	Oliver-Ratcliff, Ciera	FR-1	Livingstone	3.50m	-	FOUL	3.50m	3.43m					
34	Chrisley, Elizabeth	FR-1	Columbia (S.C.)	2.93m	-	2.65m	2.93m	FOUL					
	Lodge, Detrich	JR-3	Georgia Southern	ND	-	ND	ND	ND					
6	Guth, Kaeleigh	SO-2	Citadel	5.39m	-	FOUL	5.10m	5.29m	5.39m	5.19m	5.34m		
9	Binter, Makayla	SO-2	Davidson	5.26m	-	4.94m	5.24m	5.24m	4.98m	5.26m	FOUL		
12	Steele, Breondra	SR-4	USC Upstate	5.21m	-	5.15m	5.21m	FOUL					
13	Tate, Lashonda	FR-1	UNC Pembroke	5.19m	-	FOUL	5.19m	FOUL					
18	Carter, Cyerra	FR-1	Mount Olive	4.99m	-	4.53m	4.99m	4.75m					

21	Anthony, Sydney	JR-3	Benedict	4.86m	-	4.10m	4.86m	4.48m			
22	Murphy, Talicia	SR-4	Coker	4.85m	-	4.85m	4.74m	4.59m			
24	Brown, Dreyona	JR-3	Wingate	4.77m	-	4.70m	4.77m	4.59m			
28	Murray, Hannah	JR-3	Citadel	4.59m	-	3.61m	4.25m	4.59m			
29	Gwehi, Simone	SR-4	UNC Pembroke	4.41m	-	4.38m	4.41m	4.24m			
	Scott, A'Miracle	FR-1	Southern Wesleyan	ND	-	ND	ND	ND			
	Jackson, Keayra	FR-1	USC Upstate	ND	-	ND	ND	ND			
	Pyles, Brionne	FR-1	Wake Forest	FOUL	-	FOUL	ND	ND			
1	Sackor, Adja	FR-1	Jacksonville	5.64m	-	5.63m	5.64m	4.49m	FOUL	5.17m	5.50m
2	Squire, Nikia	SR-4	Queens (N.C.)	5.60m	-	4.79m	4.61m	5.60m	FOUL	5.22m	FOUL
3	Tan, Eugenia	SR-4	Georgia Southern	5.58m	-	5.45m	FOUL	5.35m	5.58m	5.30m	5.53m
4	Jobes, Da'Sha	SR-4	Coker	5.48m	-	5.48m	5.34m	5.44m	5.32m	5.22m	5.35m
5	Wilshire, Vanisha	JR-3	Wingate	5.44m	-	5.44m	5.30m	2.86m	4.65m	PASS	PASS
7	Bowald, Brittany	JR-3	Jacksonville	5.29m	-	5.18m	5.29m	5.26m	PASS	PASS	PASS
8	Hood, Anaia	SO-2	Wingate	5.28m	-	FOUL	5.16m	5.25m	5.26m	5.28m	FOUL
10	Daniels, Asyria	SR-4	Citadel	5.23m	-	5.10m	5.23m	FOUL			
11	Moncrief, Taylor	SO-2	Mount Olive	5.22m	-	4.97m	5.22m	FOUL			
14	Uzor , Adanma	FR-1	USC Upstate	5.16m	-	5.16m	4.97m	3.72m			
15	Wilder, Shekinah	JR-3	North Greenville	5.12m	-	FOUL	4.92m	5.12m			
19	Wilbekin, Ariel	SO-2	High Point	4.98m	-	4.98m	4.95m	4.95m			
26	Prince, Tunisia	SR-4	Mount Olive	4.69m	-	FOUL	FOUL	4.69m			

men Triple Jump

Overall	Name	Year	Team	Distance	Score						
5	Johnston, D'Arion	FR-1	Newberry	11.01m	-	10.61m	11.01m	FOUL	10.79m	FOUL	10.78m
6	Glover, Savionna	FR-1	Benedict	10.90m	-	10.90m	10.68m	10.46m	FOUL	10.55m	10.66m
8	Jackson, Keayra	FR-1	USC Upstate	10.84m	-	10.84m	10.67m	FOUL	FOUL	10.67m	FOUL
10	Williams, Erica	SR-4	UNC Pembroke	10.65m	-	FOUL	10.65m	10.48m			
11	Guth, Kaeleigh	SO-2	Citadel	10.63m	-	10.58m	10.36m	10.63m			
13	Carter, Cyerra	FR-1	Mount Olive	10.56m	-	10.56m	10.00m	10.54m			
14	Mack, Llyric	SO-2	Mount Olive	10.43m	-	FOUL	10.43m	FOUL			
16	Harris, Alexis	FR-1	Methodist	10.37m	-	10.37m	9.89m	10.01m			
17	Daniels, Asyria	SR-4	Citadel	10.32m	-	10.30m	10.32m	10.24m			
18	Murray, Hannah	JR-3	Citadel	10.12m	-	10.05m	10.01m	10.12m			
19	Day, I'Keriah	FR-1	Tusculum	10.09m	-	FOUL	10.05m	10.09m			
	Cooper, Chantell	JR-3	Guilford	FOUL	-	FOUL	FOUL	FOUL			
1	Phillips, Stormm	SR-4	Jacksonville	12.35m	-	12.15m	FOUL	12.29m	12.02m	FOUL	12.35m
2	Sackor, Adja	FR-1	Jacksonville	11.85m	-	11.85m	11.39m	11.61m	PASS	PASS	PASS
3	Bowald, Brittany	JR-3	Jacksonville	11.73m	-	11.69m	11.57m	FOUL	11.27m	11.73m	FOUL
4	Uzor , Adanma	FR-1	USC Upstate	11.64m	-	11.64m	FOUL	11.62m	11.23m	11.51m	11.43m
7	Tate, Lashonda	FR-1	UNC Pembroke	10.90m	-	FOUL	10.90m	FOUL	FOUL	10.40m	PASS
9	Handley, Alyssa	SR-4	Wingate	10.77m	-	10.77m	10.76m	10.57m	FOUL	10.52m	10.29m
12	Wilbekin, Ariel	SO-2	High Point	10.60m	-	10.60m	FOUL	10.35m			
15	Snelling, Charity	JR-3	Coker	10.41m	-	FOUL	FOUL	10.41m			
	Brown, Dreyona	JR-3	Wingate	FOUL	-	FOUL	FOUL	PASS			
	Hood, Anaia	SO-2	Wingate	FOUL	-	FOUL	FOUL	FOUL			
	Moncrief, Taylor	SO-2	Mount Olive	FOUL	-	FOUL	FOUL	FOUL			
	Troy, Lyric	SR-4	UNC Pembroke	FOUL	-	FOUL	FOUL	FOUL			

men Shot Put

12	Smith, Kelsie	FR-1	Southern Wesleyan	10.96m	-	10.96m	10.35m	ND			
25	Haden, Rhyanna	SO-2	Brevard	9.71m	-	9.71m	ND	ND			
29	Wildes, Taylor	FR-1	Newberry	9.54m	-	9.54m	ND	ND			
31	Page, Jess	SO-2	Citadel	9.02m	-	9.02m	ND	ND			
32	Chrisley, Elizabeth	FR-1	Columbia (S.C.)	9.01m	-	FOUL	9.01m	ND			
33	Barkins, Caterra	FR-1	Coker	8.90m	-	8.90m	ND	ND			
34	Boykins, Dalany	FR-1	Wingate	8.62m	-	8.62m	ND	ND			
35	Forehand, Gari	FR-1	Newberry	8.32m	-	8.32m	ND	ND			
38	Bell, Jhalisa	FR-1	Catawba	7.86m	-	FOUL	FOUL	7.86m			
39	Weisbrod, Anika	SO-2	High Point	7.82m	-	7.82m	ND	ND			
40	Chan, Erin	JR-3	Coker	7.57m	-	FOUL	7.57m	ND			
41	O'Neal, Kyia	FR-1	Guilford	7.19m	-	7.19m	ND	ND			
42	Harrold, Laken	FR-1	Pfeiffer	7.09m	-	FOUL	7.09m	ND			
43	Wauters, Raleigh	SO-2	Anderson (S.C.)	7.05m	-	7.05m	ND	ND			
8	Tobin, Samantha	FR-1	Mount Olive	11.56m	-	11.17m	11.07m	11.56m			
11	Sheldon, Kelsi	SO-2	UNC Pembroke	11.19m	-	10.83m	11.19m	11.03m			
14	Soper, CeAnna	SR-4	High Point	10.93m	-	10.93m	10.43m	10.45m			
15	Dunn, Dynah	FR-1	Tusculum	10.75m	-	10.56m	10.75m	10.66m			
16	Jacobs, Leanna	SO-2	UNC Pembroke	10.54m	-	9.69m	ND	10.54m			
18	Jennings, Jada	FR-1	Newberry	10.44m	-	9.42m	ND	10.44m			
21	Duke, Iris	SO-2	Columbia (S.C.)	10.36m	-	FOUL	10.36m	FOUL			
22	Copeland, JoLyn	JR-3	Anderson (S.C.)	10.08m	-	10.08m	ND	ND			
24	Ketchum, ChyAnn	JR-3	Pfeiffer	9.92m	-	FOUL	FOUL	9.92m			
26	McMichael, Tamara	SR-4	Coker	9.68m	-	FOUL	FOUL	9.68m			
27	Racine, Kayla	SR	Unattached	9.67m	-	9.67m	FOUL	FOUL			
28	Hawkins, Daphne	SO-2	Mount Olive	9.63m	-	9.63m	FOUL	ND			
30	Swepson, Candace	SR	Unattached	9.48m	-	9.48m	ND	FOUL			
36	Waynick, Alivia	FR-1	Columbia (S.C.)	8.20m	-	FOUL	FOUL	8.20m			
37	Bryant, Emily	SR-4	North Greenville	8.15m	-	8.15m	ND	FOUL			
44	Holdren, Icy	FR-1	North Greenville	6.93m	-	6.93m	ND	ND			
1	Meeks, Sade	FR-1	Jacksonville	13.85m	-	12.60m	12.62m	11.84m	13.73m	13.64m	13.85m
2	Lynch, Janese	FR-1	Wake Forest	13.72m	-	13.06m	FOUL	13.33m	13.58m	12.99m	13.72m
3	Hicks, Alva	JR-3	Wake Forest	13.67m	-	FOUL	12.15m	13.58m	12.56m	13.67m	
4	Parker, Noelle	JR-3	Jacksonville	13.59m	-	12.72m	13.40m	13.26m	13.59m	13.33m	13.23m
5	Artis, Grace	FR-1	Jacksonville	12.81m	-	11.19m	11.56m	FOUL	12.81m	11.92m	12.25m
6	Earwood, Erika	FR-1	Jacksonville	12.08m	-	11.80m	11.95m	11.43m	12.08m	12.05m	11.32m
7	Holmes-Digiovine, Makenzi	JR-3	High Point	11.97m	-	11.89m	11.97m	11.64m	11.54m	11.61m	11.75m
9	Kale, Khadijah	SR-4	Mount Olive	11.39m	-	11.05m	FOUL	11.34m	11.39m		10.92m
10	Gardin, Taylor	SO-2	Wingate	11.24m	-	10.54m	10.56m	11.24m			
13	Johnson, Jayann	FR-1	Jacksonville	10.94m	-	10.75m	10.94m	10.47m			
17	Hinson, Hannah	JR-3	Wingate	10.52m	-	FOUL	FOUL	10.52m			
19	Cass, Kameron	JR-3	Citadel	10.43m	-	10.43m	FOUL	10.26m			
20	Oyugi, Tracy	SR-4	North Greenville	10.39m	-	9.46m	FOUL	10.39m			
23	Stonehocker, Kelsey	SR-4	Methodist	10.04m	-	9.95m	10.04m	FOUL			

men Weight Throw

Overall	Name	Year	Team	Distance	Score						
10	Smith, Kelsie	FR-1	Southern Wesleyan	13.80m	-	13.80m	13.04m	FOUL			
16	Blaire, Chevalier	FR-1	Pfeiffer	12.55m	-	12.55m	11.95m	12.06m			
17	Lynch, Janese	FR-1	Wake Forest	12.15m	-	11.65m	12.13m	12.15m			

20	Bryant, Emily	SR-4	North Greenville	11.16m	-	11.16m	ND	FOUL			
22	McMichael, Tamara	SR-4	Coker	10.52m	-	10.52m	FOUL	ND			
23	Cameron-Decker, Morgan	FR-1	Columbia (S.C.)	10.30m	-	10.30m	ND	FOUL			
24	Gardin, Taylor	SO-2	Wingate	10.25m	-	10.25m	FOUL	ND			
25	Ford, Tonishea	FR-1	Pfeiffer	9.00m	-	9.00m	ND	ND			
26	Dingess, Tiffany	SO-2	Pfeiffer	8.81m	-	8.81m	ND	ND			
27	Barkins, Caterra	FR-1	Coker	8.46m	-	8.46m	ND	ND			
28	Chan, Erin	JR-3	Coker	8.32m	-	FOUL	FOUL	8.32m			
29	Holdren, Icy	FR-1	North Greenville	7.11m	-	7.11m	FOUL	ND			
30	Rasheed, Samiyah	FR-1	Catawba	6.08m	-	FOUL	6.08m	ND			
	Oyugi, Tracy	SR-4	North Greenville	FOUL	-	FOUL	FOUL	FOUL			
	Wildes, Taylor	FR-1	Newberry	FOUL	-	FOUL	FOUL	FOUL			
1	Hicks, Alva	JR-3	Wake Forest	18.54m	-	17.20m	18.11m	FOUL	18.54m	17.93m	18.31m
2	Hinson, Hannah	JR-3	Wingate	15.47m	-	FOUL	14.80m	15.42m	15.47m	FOUL	FOUL
3	Holmes-Digiovine, Makenzi	JR-3	High Point	15.36m	-	FOUL	15.36m	FOUL	FOUL	FOUL	15.29m
4	Parker, Noelle	JR-3	Jacksonville	15.25m	-	13.82m	14.83m	14.53m	15.05m	15.25m	15.14m
5	Page, Jess	SO-2	Citadel	15.15m	-	14.70m	FOUL	14.87m	FOUL	14.87m	15.15m
6	Artis, Grace	FR-1	Jacksonville	15.07m	-	FOUL	15.07m	FOUL	FOUL	FOUL	FOUL
7	Johnson, Jayann	FR-1	Jacksonville	14.73m	-	14.73m	FOUL	FOUL	14.18m	FOUL	FOUL
8	Earwood, Erika	FR-1	Jacksonville	14.57m	-	12.97m	14.57m	13.90m	13.79m	FOUL	ND
9	Copeland, JoLyn	JR-3	Anderson (S.C.)	14.07m	-	14.07m	13.50m	FOUL	12.18m	12.79m	13.83m
11	Riegel, Mady	SR-4	Citadel	13.70m	-	13.70m	13.54m	FOUL			
12	Jacobs, Leanna	SO-2	UNC Pembroke	13.41m	-	FOUL	13.17m	13.41m			
13	Cass, Kameron	JR-3	Citadel	13.04m	-	13.04m	FOUL	FOUL			
14	Lockett, Candy	FR-1	Mount Olive	12.79m	-	12.50m	12.12m	12.79m			
15	Sheldon, Kelsi	SO-2	UNC Pembroke	12.74m	-	12.28m	12.64m	12.74m			
18	Glover, Hannah	JR-3	Mount Olive	12.06m	-	12.06m	ND	ND			
21	Wray, Makenna	JR-3	Wingate	10.72m	-	10.72m	ND	FOUL			

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