

Lake Forest Invitational

Date: 01-21-17 Venue: JDL Fast Track - Winston-Sale

Women's Compiled Results 
[Events: 60](#) | [200](#) | [400](#) | [800](#) | [1Mile](#) | [3000](#) | [5000](#) | [60H](#) | [4x4](#) | [4000DMR](#) | [HJ](#) | [PV](#) | [LJ](#) | [TJ](#) | [SP](#) | [Weight](#)

Women's 60m Dash

Finals:

Place	Overall	Name	Year	Team	Time	Score
1	1	George, Phylicia		Unattached	7.51	-
2	2	Baldwin, Jacquelyn	SO-2	Jacksonville	7.51	10
3	3	Smiling, Shalah	FR-1	Jacksonville	7.68	8
4	4	Fairweather, Trisana	JR-3	Claffin	7.69	-
5	5	Pilgrim, Jasmine	JR-3	Charleston Southern	7.76	6
6	6	Blunt, Desiree	SO-2	Georgia Southern	7.78	5
7	7	Ziketh, Karel	SO-2	Benedict	7.79	-
8	8	Robinson, TeJyrica	FR-1	Charleston Southern	7.86	4

Preliminaries: Heat #1 [↑ UP](#)

Place	Overall	Name	Year	Team	Time	Score
1	1	Baldwin, Jacquelyn	SO-2	Jacksonville	7.50	
2	5	Blunt, Desiree	SO-2	Georgia Southern	7.75	
3	7	Ziketh, Karel	SO-2	Benedict	7.79	
4	30	Tolbert, Katrice	JR-3	Wingate	8.23	
5	48	Cowell, Tyneshia	FR-1	Barton	8.78	
		McQune, Maya	FR-1	Belmont Abbey	DNS	
		Randazzo, Linda	SO-2	Belmont Abbey	DNS	

Preliminaries: Heat #2 [↑ UP](#)

Place	Overall	Name	Year	Team	Time	Score
1	4	Smiling, Shalah	FR-1	Jacksonville	7.72	
2	15	Manigault, Tracey	SO	Unattached	8.00	
3	16	Francis, Kaelyn	FR-1	UNC Pembroke	8.01	
4	19	Miller, Aliyah	SR-4	Claffin	8.08	
5	31	Barmore, Jasmine	FR-1	Anderson (S.C.)	8.23	
6	33	Brown, Brenay	JR-3	Claffin	8.26	
7	53	Flowers, Jocoya	7	Unattached	9.11	
		Jackson, Qizeah	FR	Unattached	DQ	

Preliminaries: Heat #3 [↑ UP](#)

Place	Overall	Name	Year	Team	Time	Score
1	8	Robinson, TeJyrica	FR-1	Charleston Southern	7.80	
2	17	Wallace, Jada	SO-2	UNC Pembroke	8.03	
3	39	Cox, Alexandra	FR-1	Elon	8.45	
4	42	Watts, Michiah	FR-1	King	8.57	
5	43	Fondale, Maria	FR-1	Rio Grande	8.59	
6	46	Torres, Kalista	FR-1	Benedict	8.75	

Tucker, Erin

SR

Unattached

DNS

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⇒Preliminaries: Heat #4 **↑UP**=====

ice	Overall	Name	Year	Team	Time	Score
1	13	Gladdis, Chasin	SR-4	Georgia Southern	7.93	
2	22	Kittrell, Breyuana		Unattached	8.10	
3	24	Murphy, Talicia	JR-3	Coker	8.16	
4	25	Mitchell, Alexis	FR-1	Limestone	8.17	
5	28	McKenzie, Iyonna	FR-1	Coker	8.21	
6	29	Hines, Katherine	FR-1	Davidson	8.22	
7	44	Pritchard, Lindsey	SO-2	Methodist	8.61	
		Anthony, Sydney	SO-2	Benedict	DNS	

⇒Preliminaries: Heat #5 **↑UP**=====

ice	Overall	Name	Year	Team	Time	Score
1	6	Pilgrim, Jasmine	JR-3	Charleston Southern	7.78	
2	18	Jarrett, Makhia	FR	Unattached	8.05	
3	20	Guerra, Victoria	SO-2	Jacksonville	8.08	
4	26	Tan, Eugenia	JR-3	Georgia Southern	8.19	
5	34	Laurent, Jimlyn	FR-1	Methodist	8.29	
6	35	Sullivan, Carolyn	JR-3	Wingate	8.34	
7	37	Capers, Denesia	SO-2	Clafin	8.38	
8	47	Williams, Kendra	FR-1	Limestone	8.77	

⇒Preliminaries: Heat #6 **↑UP**=====

ice	Overall	Name	Year	Team	Time	Score
1	9	Davis, Aluntrea	SR-4	Charleston Southern	7.82	
2	10	Wright, Kyla	SR	Unattached	7.83	
3	11	Fletcher, Sierra	SO	Unattached	7.86	
4	27	Adams, Alexis	SO-2	Charleston Southern	8.19	
5	32	Corbett, Tiara	FR-1	Florida A&M	8.25	
6	38	Chappell, Mariah	FR-1	Limestone	8.44	
7	45	Green, Alise	FR-1	Guilford	8.62	
8	49	Spears, Kiara	SO-2	Allen	8.82	

⇒Preliminaries: Heat #7 **↑UP**=====

ice	Overall	Name	Year	Team	Time	Score
1	2	George, Phylicia		Unattached	7.58	
2	12	Brown, Zawadi		SO-2 Limestone	7.90	
3	21	McFadden, Amari		SO-2 King	8.10	
4	40	Jackson, Kateleen		SO-2 Pfeiffer	8.46	
5	41	Carmichael, Kayla		FR-1 Rio Grande	8.54	
6	49	Belvin, Elizabeth		FR-1 Methodist	8.82	
7	52	Mbappe, Doris		SO-2 Methodist	8.92	

⇒Preliminaries: Heat #8 **↑UP**=====

ice	Overall	Name	Year	Team	Time	Score
1	3	Fairweather, Trisana	JR-3	Clafin	7.66	

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3	23	Shelton, Audrey	JR	Unattached	8.13
4	36	Miller, Jazmine	SR-4	Pfeiffer	8.34
5	54	Newkirk, A'lexus	JR-3	Guilford	9.16
		freeman, Jordan	SO-2	Allen	DNS
		Rodgers, Aaliyah	FR-1	Elon	DNS

men's 200m Dash

Finals: Heat #1

ice	Overall	Name	Year	Team	Time	Score
1	1	Baldwin, Jacquelyn	SO-2	Jacksonville	24.89	10
2	4	Jackson, Qizeah	FR	Unattached	25.38	-
		Pilgrim, Jasmine	JR-3	Charleston Southern	DQ	-
		Fairweather, Trisana	JR-3	Clafin	DNS	-

Finals: Heat #2 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	3	Blunt, Desiree	SO-2	Georgia Southern	25.33	6
2	5	Davis, Aluntrea	SR-4	Charleston Southern	25.49	5
3	7	Burnett, Danielle	SR-4	Charleston Southern	25.57	3
4	41	Kittrell, Breyuana		Unattached	27.77	-

Finals: Heat #3 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	6	Moodie, Christina	SR-4	Florida A&M	25.54	4
2	8	Rhodes, Akira	JR	Unattached	25.88	-
3	11	Young, Tarah	FR-1	Wingate	26.05	-
4	12	Andrews, Kaliyah	JR-3	Limestone	26.34	-

Finals: Heat #4 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	2	Smiling, Shalah	FR-1	Jacksonville	25.30	8
2	16	Adams, Alexis	SO-2	Charleston Southern	26.53	1
		Miller, Aliyah	SR-4	Clafin	DNS	-
		Thierfelder, Liz	SR-4	Belmont Abbey	DNS	-

Finals: Heat #5 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	22	Gladdis, Chasin	SR-4	Georgia Southern	26.92	-
2	24	Wallace, Jada	SO-2	UNC Pembroke	26.95	-
3	25	Mzinde, Ruvarshe	SO-2	Wingate	26.98	-
		Brown, Brenay	JR-3	Clafin	DNS	-

Finals: Heat #6 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	9	Brzozowski, Lauren	SO-2	Elon	25.93	2
2	21	Shelton, Audrey	JR	Unattached	26.88	-
3	35	McFadden, Amari	SO-2	King	27.36	-

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⇒Finals: Heat #7 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	10	Tshikaya, Lea	JR-3	Benedict	26.02	-
2	13	Bolden, Ly'Ric	FR-1	Limestone	26.39	-
3	14	Manigault, Tracey	SO	Unattached	26.45	-
4	45	Jones, Ebony	FR-1	King	28.34	-

⇒Finals: Heat #8 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	15	Fulford, Madison	SR-4	Limestone	26.49	-
2	30	Hines, Katherine	FR-1	Davidson	27.15	-
3	33	McElveen, Keyua	JR-3	Wingate	27.24	-
4	34	Harris, Ty	JR-3	Citadel	27.32	-

⇒Finals: Heat #9 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	23	Dixon, Emily	JR-3	Elon	26.95	-
2	27	McQune, Maya	FR-1	Belmont Abbey	27.12	-
3	38	Johnson, Sarah	SR-4	Citadel	27.54	-
		Miller, Jazmine	SR-4	Pfeiffer	DNS	-

⇒Finals: Heat #10 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	17	Johnson, Phoebe	SO-2	Benedict	26.58	-
2	36	McKenzie, Iyonna	FR-1	Coker	27.37	-
3	37	Thompson, Jennifer	FR-1	Davidson	27.52	-
4	43	Little, Emani	SR-4	Citadel	27.98	-

⇒Finals: Heat #11 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	20	Arbogast, Katherine	SO-2	Elon	26.87	-
2	26	Gale, Angel	FR-1	Coker	27.11	-
3	28	Long, Tori	SO-2	Davidson	27.12	-
4	29	Williamson, Jalecia	SO-2	Coker	27.13	-

⇒Finals: Heat #12 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	31	Jarrett, Makhia	FR	Unattached	27.22	-
2	32	Culver, Jovani	FR-1	Methodist	27.23	-
		Cox, Alexandra	FR-1	Elon	DNS	-
		Johnson, Chelsea	SO-2	Methodist	DNS	-

⇒Finals: Heat #13 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	42	Rahman, Saidah	FR-1	Davidson	27.82	-
2	47	Murray, Hannah	SO-2	Citadel	28.61	-

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Gary, Jordan

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⇒Finals: Heat #14 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	39	Barmore, Jasmine	FR-1	Anderson (S.C.)	27.56	-
2	44	Thomas, Essence	FR-1	Meredith	28.21	-
3	46	Carmichael, Kayla	FR-1	Rio Grande	28.61	-
4	49	Williford, Tameeka	JR-3	Barton	29.04	-

⇒Finals: Heat #15 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	51	Green, Alise	FR-1	Guilford	29.81	-
2	53	Herman, Amani	JR-3	Methodist	30.15	-
3	58	McCreary, Jamie	JR-3	Guilford	30.95	-
		Seay, Madison	SO-2	Anderson (S.C.)	DNS	-

⇒Finals: Heat #16 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	50	Fondale, Maria	FR-1	Rio Grande	29.18	-
2	55	Flowers, Jocoya	7	Unattached	30.65	-
3	56	Dixon, Abigail	FR-1	Belmont Abbey	30.68	-
4	57	Newkirk, A'lexus	JR-3	Guilford	30.78	-

⇒Finals: Heat #17 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	18	Francis, Kaelyn	FR-1	UNC Pembroke	26.62	-
2	19	Lewis, Mia	FR-1	Florida A&M	26.64	-
3	48	Williams, Marlena	FR-1	Benedict	28.92	-
		McKie, Faith	FR-1	Clafin	DNS	-

⇒Finals: Heat #18 ↑UP⇒

ice	Overall	Name	Year	Team	Time	Score
1	52	freeman, Jordan	SO-2	Allen	30.04	-
2	54	Wright, Cheyenne	FR-1	Guilford	30.32	-

men's 400m Dash

⇒Finals: Heat #1⇒

ice	Overall	Name	Year	Team	Time	Score
1	1	Tshikaya, Lea	JR-3	Benedict	57.84	-
2	2	Ross, Desiree	SO-2	Elon	58.48	10
3	3	Young, Tarah	FR-1	Wingate	59.11	-
4	4	Brzozowski, Lauren	SO-2	Elon	59.26	8
5	6	Coleman, Kolisha	SR-4	Charleston Southern	59.59	6
6	34	Nixon, Briana	SO-2	Coker	1:03.46	-

⇒Finals: Heat #2 ↑UP⇒

1	5	Burton, Aaliyah	SR	Unattached	59.50	-
2	7	Thornton, Breanna	SO-2	Georgia Southern	59.86	5
3	16	Andrews, Kaliyah	JR-3	Limestone	1:01.14	-
4	25	Carter, Anika	SO-2	Georgia Southern	1:01.99	-
5	28	Laws, Lydia	JR-3	Elon	1:02.78	-
6	32	Caldwell, Chelsea	JR-3	Georgia Southern	1:03.19	-

⇒Finals: Heat #3 **↑UP**⇒

ice	Overall	Name	Year	Team	Time	Score
1	8	Jackson, Makayla	SR-4	Clafin	59.97	-
2	9	Nieusma, Claire	SO-2	Davidson	59.99	4
3	13	Mzinde, Ruvarshe	SO-2	Wingate	1:00.58	-
4	17	Rieden, Hannah	SR-4	Davidson	1:01.40	-
5	18	Honorable, Neyasha	FR-1	King	1:01.43	-
6	24	Lee, Kirstina	FR-1	Jacksonville	1:01.89	-

⇒Finals: Heat #4 **↑UP**⇒

ice	Overall	Name	Year	Team	Time	Score
1	20	Johnson, Sarah	SR-4	Citadel	1:01.56	-
2	21	Little, Emani	SR-4	Citadel	1:01.60	-
3	29	Lee, Faith	FR-1	Jacksonville	1:02.86	-
4	33	Todd, Destiny	SR-4	Wingate	1:03.39	-
5	37	Choptovy-Collins, Lakonka	JR-3	Limestone	1:04.29	-
6	50	Rahman, Saidah	FR-1	Davidson	1:07.92	-

⇒Finals: Heat #5 **↑UP**⇒

ice	Overall	Name	Year	Team	Time	Score
1	11	Johnson, Sarah	SO-2	Wake Forest	1:00.39	3
2	19	Johnson, Phoebe	SO-2	Benedict	1:01.51	-
3	22	Hinton, Maya	JR-3	Wake Forest	1:01.65	-
4	31	McElroy, Emily		Unattached	1:03.06	-
5	36	Harris, Ty	JR-3	Citadel	1:04.00	-
		Harrison, Amanda	SO-2	Belmont Abbey	DNF	-

⇒Finals: Heat #6 **↑UP**⇒

ice	Overall	Name	Year	Team	Time	Score
1	14	Petty, Tyanna	JR-3	Rio Grande	1:00.90	-
2	15	Gallagher, Emma	SO-2	Wake Forest	1:01.04	1
3	26	Mitchell, Alexis	FR-1	Limestone	1:02.23	-
4	27	Ward, Madeline	FR-1	Wake Forest	1:02.46	-
5	30	McKie, Faith	FR-1	Clafin	1:02.99	-
6	42	Neeley, Jordan	FR-1	Citadel	1:05.50	-

⇒Finals: Heat #7 **↑UP**⇒

ice	Overall	Name	Year	Team	Time	Score
1	38	Seay, Madison	SO-2	Anderson (S.C.)	1:04.34	-
2	39	Culver, Jovani	FR-1	Methodist	1:04.35	-
3	40	Walters, Autumn	JR-3	Coker	1:04.60	-

5	46	Batts, Avian	FR-1	Coker	1:07.04	-
6	51	Krause, Clarece	SO-2	Methodist	1:09.70	-

⇒Finals: Heat #8 **↑UP**⇒

ice	Overall	Name	Year	Team	Time	Score
1	10	Morrison, Tametris	JR-3	Clafflin	1:00.20	-
2	35	Joseph, Neugenia	JR-3	Florida Memorial	1:03.55	-
3	45	Sanchez, Zaidybelle	FR-1	Methodist	1:06.76	-
4	48	Hunt, Andrea	JR-3	Rio Grande	1:07.40	-
5	49	Johnson, Chelsea	SO-2	Methodist	1:07.48	-
6	53	Williams, Marlena	FR-1	Benedict	1:15.15	-

⇒Finals: Heat #9 **↑UP**⇒

ice	Overall	Name	Year	Team	Time	Score
1	12	Lewis, Mia	FR-1	Florida A&M	1:00.42	2
2	23	Little, Wilena	SO-2	Florida A&M	1:01.81	-
3	41	Little, Destinie	FR-1	Charleston Southern	1:04.66	-
4	43	Thomas, Essence	FR-1	Meredith	1:05.89	-
5	47	Massie, Nina	FR-1	Charleston Southern	1:07.07	-
6	52	Wright, Cheyenne	FR-1	Guilford	1:10.20	-

men's 800m Run

⇒Finals: Heat #1⇒

ice	Overall	Name	Year	Team	Time	Score
1	1	Howell, Michelle	JR-3	Jacksonville	2:10.68	10
2	2	Sears, Sarah	JR-3	Davidson	2:14.15	8
3	3	Assinzo, Mary Jeanne	SO-2	Jacksonville	2:15.36	6
4	4	Willett, Bailey	JR-3	Georgia Southern	2:15.88	5
5	5	Smith, Chelsea	SO-2	Elon	2:16.11	4
6	6	Johnson, Destiny	JR-3	Florida A&M	2:16.36	3
7	8	Anastasakis, Melissa	FR-1	Elon	2:21.61	1
8	10	Sloane, Jillian	SO-2	Georgia Southern	2:24.80	-

⇒Finals: Heat #2 **↑UP**⇒

ice	Overall	Name	Year	Team	Time	Score
1	7	Ponthier, Sierra	JR-3	Davidson	2:18.82	2
2	9	Glencross, Lauren	SO-2	Columbia (S.C.)	2:24.39	-
3	11	Mills, Sophia	SO-2	Davidson	2:26.71	-
4	12	Spencer, Kylie	JR-3	Pfeiffer	2:26.86	-
5	13	Reid, Khadijah	FR-1	N. Carolina A&T	2:27.60	-
6	15	Sirvinskas, Julia	FR-1	Davidson	2:27.95	-
7	18	Bridges, Morgan	FR-1	Anderson (S.C.)	2:28.87	-
8	26	Steward, Alisha	FR-1	King	2:32.14	-
9	28	McDaniel, Jayvona	SR-4	Barton	2:33.25	-
10	39	Offstein, Molly	FR-1	Elon	2:49.25	-

⇒Finals: Heat #3 **↑UP**⇒

ice	Overall	Name	Year	Team	Time	Score
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3	17	King, Paige	FR-1	Elon	2:28.85	-		
4	20	Drayton, Traci	FR-1	Charleston Southern	2:31.17	-		
5	21	Rivera, Kaitlin	FR-1	King	2:31.27	-		
6	25	Sannes, Emili	JR-3	Rio Grande	2:31.95	-		
7	29	Jones, Jamicia	SR-4	Barton	2:34.26	-		
8	32	Polite, April	JR-3	Florida A&M	2:36.66	-		
		Noall, Lucie	SO-2	Queens (N.C.)	DNS	-		
		O'Hara, Regan	SO-2	Queens (N.C.)	DNS	-		

==Finals: Heat #4 **↑UP**==

Place	Overall	Name	Year	Team	Time	Score
1	19	Kemp, Jayde	JR-3	Pfeiffer	2:30.08	-
2	22	Ballatt, Briana	FR-1	Florida A&M	2:31.33	-
3	24	Faircloth, Rebecca	FR-1	Anderson (S.C.)	2:31.68	-
4	27	Smith, Sam	JR-3	Pfeiffer	2:33.17	-
5	30	Robinson, Bari	SR-4	Anderson (S.C.)	2:34.38	-
6	31	Hooper, Cassidy	SO-2	Pfeiffer	2:34.84	-
7	33	Cobb, Pauline	FR-1	Benedict	2:36.90	-
8	34	Miller, Jamaica	JR-3	Clafin	2:39.32	-
9	35	Commons, Marissa	FR-1	Rio Grande	2:43.88	-
10	40	Taylor, Brandi	JR-3	Clafin	2:56.08	-

==Finals: Heat #5 **↑UP**==

Place	Overall	Name	Year	Team	Time	Score
1	23	Fanney, Sommer	SO-2	Guilford	2:31.38	-
2	36	Gillison, Qu Essence	SO-2	Columbia (S.C.)	2:44.37	-
3	37	Requena, Irene	JR-3	Columbia (S.C.)	2:44.92	-
4	38	Glover, Kiara	SR-4	Meredith	2:45.81	-
5	41	Hollar, Breanna	SR-4	Meredith	2:58.00	-
6	42	Healey, Alexis	JR-3	Meredith	3:14.86	-
7	43	Steadman, Katelyn	SO-2	Meredith	3:25.59	-
		Mavins, Miyonta	JR-3	Columbia (S.C.)	DNS	-
		Morris, Taylor	JR-3	Anderson (S.C.)	DNS	-

Women's 1 Mile Run

==Finals: Heat #1==

Place	Overall	Name	Year	Team	Time	Score
1	1	Howell, Michelle	JR-3	Jacksonville	4:59.31	10
2	2	Yarbrough, Caroline	SO-2	Davidson	5:01.50	8
3	3	Kibii, Judith	JR-3	Florida A&M	5:02.42	6
4	4	Tasselmyer, Sophia	FR-1	Elon	5:07.98	5
5	5	McUmbur, Nora	SO-2	Jacksonville	5:08.71	4
6	6	Marino, Caitlin	JR-3	Jacksonville	5:09.68	3
7	7	Montgomery, Ellunde	FR-1	Georgia Southern	5:13.49	2
8	9	Bates, Hayden	SR-4	Davidson	5:13.61	1
9	11	Lord, Ashton	SR-4	Georgia Southern	5:16.72	-
10	13	MacTurk, Katie	FR-1	Davidson	5:19.59	-
11	14	Assinzo, Mary Jeanne	SO-2	Jacksonville	5:19.66	-
12	15	McElroy, Emily		Unattached	5:20.68	-

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1	8	Love, Haylee	JR-3	Anderson (S.C.)	5:13.52	-
2	10	Wolkenhauer, Hannah	SO-2	Queens (N.C.)	5:13.78	-
3	12	Kiptoo, Sharon	JR-3	Barton	5:18.88	-
4	16	Lott, Darroneshia	JR-3	Coker	5:22.28	-
5	17	Moxie, Mandi	FR-1	Queens (N.C.)	5:24.89	-
6	18	Malone, Allyson	SO-2	Limestone	5:27.96	-
7	21	Dellapa, Grace	FR-1	Elon	5:40.45	-
8	22	Rivera, Kaitlin	FR-1	King	5:41.82	-
9	23	Pettit, Emma	FR-1	Davidson	5:42.32	-
10	29	Sislava, Stephany	SO-2	Louisburg College	5:49.90	-
		Byrd, Catie	SR-4	Queens (N.C.)	DNS	-
		Johnson, Destiny	JR-3	Florida A&M	DNS	-

Finals: Heat #3 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	19	Parker, Rebecca	JR-3	Georgia Southern	5:29.00	-
2	24	Lowman, Olivia	SR-4	UNC Pembroke	5:43.64	-
3	25	McFadden, Summer	SR-4	Queens (N.C.)	5:46.20	-
4	26	Fanney, Sommer	SO-2	Guilford	5:46.77	-
5	27	Averette, Lydia	JR	Unattached	5:47.14	-
6	28	Faircloth, Rebecca	FR-1	Anderson (S.C.)	5:49.56	-
7	30	Swierzs, Mia	SR-4	Anderson (S.C.)	5:52.04	-
8	33	Glover, Katie	SR-4	Rio Grande	6:05.22	-
9	34	Edwards, Maggie	JR-3	King	6:21.74	-
10	36	Dionisio, Becky	SO-2	Benedict	6:27.39	-
11	40	Ryan, Ashley	FR-1	Methodist	6:32.37	-
		Miller, Megan	FR-1	Pfeiffer	DQ	-

Finals: Heat #4 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	20	Kiplagat, Emmax	FR-1	Florida A&M	5:39.21	-
2	31	Loving, Chandler	FR-1	Georgia Southern	5:57.16	-
3	32	Cobb, Pauline	FR-1	Benedict	6:02.78	-
4	35	Pierce, Abbigail	JR-3	King	6:21.80	-
5	37	Sullivan, Breanna	FR-1	Coker	6:27.59	-
6	38	Jenkins-Sullivan, Kate	SR-4	Guilford	6:27.98	-
7	39	Byers, Trista	SR-4	Pfeiffer	6:31.40	-
8	41	D'Onofrio, Kayla	FR-1	Limestone	6:36.81	-
9	42	Braden, Kelly	SO	Unattached	6:45.78	-
10	43	Olson, Emily	FR-1	Anderson (S.C.)	6:50.74	-
11	44	Nadel, Ava	SR-4	Guilford	7:05.61	-
		Holshouser, Bailey	SR-4	Pfeiffer	DNF	-
		Miller, Jamaica	JR-3	Clafin	DNS	-

men's 3,000m Run

Finals: Heat #1

ice	Overall	Name	Year	Team	Time	Score
1	1	Marino, Caitlin	JR-3	Jacksonville	10:03.01	10

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3	3	Noall, Lucie	SO-2	Queens (N.C.)	10:18.11	-
4	4	Gardner, Olivia	SR-4	Anderson (S.C.)	10:28.02	-
5	5	Deruytter , Natane	FR-1	Queens (N.C.)	10:28.66	-
6	6	Cheeseman, Allison	JR-3	Davidson	10:45.98	6
7	8	Cuddington, Heather	SR-4	Barton	10:57.67	-
8	9	Verchick, Abby	SO	Unattached	10:59.73	-
9	11	Rutto, Sarah	SO-2	Limestone	11:05.27	-
10	12	Fry, Abby	SO-2	Davidson	11:05.95	3
11	14	Siemens, Kyla	JR-3	Jacksonville	11:11.59	2
12	15	Delamer, Megan	SR-4	Queens (N.C.)	11:15.68	-
13	18	Jenkins, Carissa	JR-3	Queens (N.C.)	11:25.49	-

Finals: Heat #2 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	7	Martin, Camille	FR-1	N. Carolina A&T	10:56.39	5
2	10	Kiplagat, Caroline	SO-2	Florida A&M	11:01.77	4
3	13	Cain, Kristin	SO-2	UNC Pembroke	11:09.84	-
4	16	Davis, Carmen	SO	Unattached	11:17.84	-
5	17	Kusmierz, Hannah	SO-2	King	11:18.99	-
6	19	Pierstorff, Krysta	SO-2	Limestone	11:26.16	-
7	20	Sanford, Hannah	JR-3	Anderson (S.C.)	11:34.60	-
8	21	Waibel, Alyssa	FR-1	Columbia (S.C.)	11:36.17	-
9	23	Gerlock, Grace	SR-4	Anderson (S.C.)	11:41.44	-
10	25	Jones, Breck	FR-1	Anderson (S.C.)	11:49.47	-
11	26	Reynolds, Michaela	FR-1	UNC Pembroke	11:51.06	-
12	27	Duggan, Dana	FR-1	Citadel	11:53.82	-
13	29	Chisolm, Janay	SR-4	Columbia (S.C.)	12:04.68	-

Finals: Heat #3 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	22	Rocker, Kaitlin	FR-1	Georgia Southern	11:40.43	1
2	24	Snell, Sholonda	SO-2	Georgia Southern	11:49.03	-
3	28	Pethel, Jinni	SO-2	Georgia Southern	11:56.42	-
4	30	Mattera, Allyson	FR-1	Methodist	12:06.86	-
5	31	Jones, Italia	FR	Unattached	12:12.43	-
6	32	Liddell, Andrea	FR	Unattached	12:15.99	-
7	33	Knopf, Shelbee	SO-2	Methodist	12:17.80	-
8	34	Melly, Judith	JR-3	Barton	12:27.41	-
9	35	Wicht, Annika	SO-2	Columbia (S.C.)	12:40.02	-
10	36	Taylor, Helen	JR-3	Columbia (S.C.)	12:46.98	-
11	37	Worthy, Amber	SR-4	Anderson (S.C.)	13:06.37	-
12	38	Waters, Samantha	JR-3	Limestone	13:48.00	-

men's 5,000m Run

Finals:

ice	Overall	Name	Year	Team	Time	Score
1	1	Lord, Ashton	SR-4	Georgia Southern	18:16.18	10
2	2	Parker, Rebecca	JR-3	Georgia Southern	18:34.67	8
3	3	Coleman, Martha	SO-2	Anderson (S.C.)	18:56.92	-

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5	5	Colquitt, Caillian	SR-4	Citadel	19:06.06	5
6	6	Bozarth, Abby	SO-2	Anderson (S.C.)	19:19.73	-
7	7	Kvitkauskas, Nicole	SO-2	Florida A&M	19:27.30	4
8	8	Jenkins, Grace	SO-2	Citadel	19:43.77	3
9	9	Buddenberg, Maddie	SO-2	Anderson (S.C.)	20:02.68	-
10	10	Nicholls, Chantelle	SO-2	Georgia Southern	20:14.32	2

men's 60m Hurdles

Finals:

ice	Overall	Name	Year	Team	Time	Score
1	1	Ziketh, Karel	SO-2	Benedict	8.48	-
2	2	Tucker, Erin	SR	Unattached	8.56	-
3	3	Phillips, Stormm	SR-4	Jacksonville	8.61	10
4	4	Roberts, Hunter	SR-4	Wake Forest	8.74	8
5	5	Robinson, TeJyrca	FR-1	Charleston Southern	8.85	6
6	6	Myslinski, Emily	SO-2	Jacksonville	8.88	5
7	7	Smith, Tiaona	SR-4	Jacksonville	8.92	4
8	8	Wood, Alahni	FR-1	Florida A&M	9.20	3

Preliminaries: Heat #1 UP

ice	Overall	Name	Year	Team	Time	Score
1	3	Roberts, Hunter	SR-4	Wake Forest	8.76	
2	5	Robinson, TeJyrca	FR-1	Charleston Southern	8.80	
3	6	Myslinski, Emily	SO-2	Jacksonville	8.93	
4	8	Fletcher, Sierra	SO	Unattached	8.96	
5	20	Frazier, Areale	FR-1	Charleston Southern	9.65	
6	25	Hart, Natalie	SO-2	Wingate	10.10	
7	31	Corbett, Tiara	FR-1	Florida A&M	10.68	
8	34	Spears, Kiara	SO-2	Allen	10.99	

Preliminaries: Heat #2 UP

ice	Overall	Name	Year	Team	Time	Score
1	2	Ziketh, Karel	SO-2	Benedict	8.75	
2	7	Wood, Alahni	FR-1	Florida A&M	8.95	
3	12	Dixon, Emily	JR-3	Elon	9.28	
4	19	Hammett, Princess	SO-2	Benedict	9.63	
5	25	Petty, Tyanna	JR-3	Rio Grande	10.10	
6	27	Gary, Jordan	JR	Unattached	10.17	
7	36	Flowers, Jocoya	7	Unattached	12.27	

Preliminaries: Heat #3 UP

ice	Overall	Name	Year	Team	Time	Score
1	4	Tucker, Erin	SR	Unattached	8.78	
2	14	Lee, Faith	FR-1	Jacksonville	9.38	
3	16	Rodgers, Aaliyah	FR-1	Elon	9.54	
4	21	Ruff, Kaylah	SO-2	Coker	9.78	
5	22	Joseph, Neugenia	JR-3	Florida Memorial	9.81	
6	33	Torres, Kalista	FR-1	Benedict	10.98	

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Preliminaries: Heat #4 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	1	Phillips, Stormm	SR-4	Jacksonville	8.72	
2	9	Rhodes, Akira	JR	Unattached	8.97	
3	15	Edmondson, Caroline	FR-1	Charleston Southern	9.51	
4	23	Laws, Lydia	JR-3	Elon	9.83	
5	28	Lamb, Savannah	FR-1	Belmont Abbey	10.54	
6	30	Seay, Madison	SO-2	Anderson (S.C.)	10.64	
		Thompson, Gianna	SO-2	Wingate	DNS	

Preliminaries: Heat #5 **UP**

ice	Overall	Name	Year	Team	Time	Score
1	10	Smith, Tiaona	SR-4	Jacksonville	9.04	
2	11	Miller, Jazmine	SR-4	Pfeiffer	9.16	
3	12	Rayford, Tatiyana	SO-2	Georgia Southern	9.28	
4	17	Moore, Jasmine	FR-1	N. Carolina A&T	9.56	
5	18	Rice, Asante	FR-1	Coker	9.59	
6	24	Little, Destinie	FR-1	Charleston Southern	9.84	
7	29	Gwehi, Simone	JR-3	UNC Pembroke	10.61	
8	32	Williams, Kendra	FR-1	Limestone	10.79	

men's 4 x 400m Relay

Finals:

ice	Overall	Name	Year	Team	Time	Score
1	1	,		Elon	3:56.49	10
2	2	,		Georgia Southern	3:56.54	8
3	3	,		Davidson	4:01.78	6
4	4	,		Wake Forest	4:04.69	5
5	5	,		Benedict	4:06.55	-
6	6	,		Coker	4:09.86	-
7	7	,		Citadel	4:13.60	4
8	8	,		Anderson (S.C.)	4:25.30	-
		,		Methodist	DNS	-
		,		Clafin	DNS	-

men's 4,000m Distance Medley

Finals:

ice	Overall	Name	Year	Team	Time	Score
1	1	,		Elon	12:07.82	10
2	2	,		Elon	12:09.84	8
3	3	,		Anderson (S.C.)	12:55.44	-
4	4	,		Limestone	13:23.01	-
5	5	,		Pfeiffer	13:40.27	-
6	6	,		Columbia (S.C.)	14:03.66	-
7	7	,		Methodist	14:05.97	-
8	8	,		King	14:23.59	-
		,		Citadel	DNF	-

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Overall	Name	Year	Team	Height	Score	1.45	1.50	1.55	1.60	1.65	1.70
1	Florent, Alexandria	SO-2	Wake Forest	1.70m	10	PPP	PPP	PPP	O	O	O
2	Jackson, Qizeah	FR	Unattached	1.65m	-	PPP	O	O	XO	O	XXX
3	Phillips, Stormm	SR-4	Jacksonville	1.55m	6	PPP	O	O	XXX		
3	Reynolds, Taylor	JR-3	Queens (N.C.)	1.55m	-	PPP	XO	O	XXX		
3	Fulford, Madison	SR-4	Limestone	1.55m	-	O	XXO	O	XXX		
6	Myslinski, Emily	SO-2	Jacksonville	1.50m	2	O	O	XXX			
6	Dixon, Emily	JR-3	Elon	1.50m	2	PPP	XO	XXX			
6	Burke, Melody	FR-1	Elon	1.50m	2	PPP	XO	XXX			
6	McHam, Cynthia	FR-1	Limestone	1.50m	-	XXO	XXO	XXX			
6	Ussery, Brantley	FR-1	Limestone	1.50m	-	O	XO	XXX			
11	Memoli, Anna	JR-3	Davidson	1.45m	-	O	XXX				
11	Thompson, Summer	SO-2	Citadel	1.45m	-	XO	XXX				
11	Burks, Deja	JR-3	UNC Pembroke	1.45m	-	O	XXX				
	Cooper, Emily	SO-2	Elon	NH	-						
	Snelling, Charity	SO-2	Coker	NH	-						
	Smith, Tiaona	SR-4	Jacksonville	NH	-						
	Cotton, Twandalette	JR-3	Georgia Southern	NH	-	PPP	XXX				
	Binter, Makayla	FR-1	Davidson	NH	-						
	Wilshire, Vanisha	SO-2	Wingate	NH	-	PPP	PPP	PPP	XXX		
	Cassidy, Bree	SR-4	King	NH	-	XXX					
	Miller, Ashley	FR-1	King	NH	-						
	Torres, Kalista	FR-1	Benedict	NH	-						

men's Pole Vault

Overall	Name	Year	Team	Height	Score	2.85	3.00	3.15	3.30	3.45	3.60	3.75	3.90	4.00	4.1
1	Sheets, Tessa	SR	Unattached	3.75m	-	P	P	P	P	O	O	O	XXX		
2	Browning, Katie	JR-3	Rio Grande	3.60m	-	P	P	P	O	O	XO	XXX			
3	Kempski, Tesia	SO-2	Wake Forest	3.60m	10	P	P	O	O	O	XXO	XXX			
4	Bragg, Madison	SR-4	Wake Forest	3.45m	8	P	O	O	O	XO	P	P	P	P	F
5	Bennett, Ellie	SO-2	Elon	3.45m	6	P	P	O	O	XXO	XXX				
6	Martin, Tori	SR	Unattached	3.15m	-	O	O	O	XXX						
7	Malkofsky-Berger, Hannah	FR-1	Davidson	3.15m	1.5	P	O	XO	XXX						
7	Karabas, Nicole	SO-2	Elon	3.15m	1.5	P	P	XO	XXX						
9	Hautamaa, Stephanie	JR-3	Davidson	3.15m	3	P	XXO	O	XXX						
10	Brooks, Cheyenne	SO-2	Florida A&M	3.00m	2	XO	O	XXX							
	Ross, Evelyn	FR-1	Florida A&M	NH	-										
	Alvarez, DiCaria	SO-2	Florida A&M	NH	-	XXX									
	Patton, Carrington	FR-1	Rio Grande	NH	-										
	Bair, Jordan	SO-2	Mars Hill	NH	-	XXX									
	Wauters, Rileigh	FR-1	Anderson (S.C.)	NH	-	XXX									

men's Long Jump

Overall	Name	Year	Team	Distance	Score						
5	Myslinski, Emily	SO-2	Jacksonville	5.28m	3.5	5.21m	5.11m	5.28m	PASS	PASS	PASS
9	Rayford, Tatiyana	SO-2	Georgia Southern	5.17m	2	4.97m	3.98m	5.17m	5.17m	4.89m	5.11m
14	Anthony, Sydnie	SO-2	Benedict	5.01m	-	4.81m	5.01m	FOUL			
20	Adesina, Pelumi	FR-1	Barton	4.91m	-	4.91m	4.34m	4.22m			

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23	Bolden, Ly'Ric	FR-1	Limestone	4.81m	-	4.81m	4.81m	4.79m			
28	Watts, Michiah	FR-1	King	4.65m	-	FOUL	FOUL	4.65m			
32	Edmondson, Caroline	FR-1	Charleston Southern	4.50m	-	4.50m	4.44m	4.25m			
32	West, Bre	JR-3	Rio Grande	4.50m	-	4.37m	4.49m	4.50m			
34	Gwehi, Simone	JR-3	UNC Pembroke	4.45m	-	4.45m	FOUL	4.34m			
36	Lee, Kirstina	FR-1	Jacksonville	4.42m	-	4.42m	FOUL	3.99m			
38	Logan, Jaime	FR-1	Methodist	4.01m	-	FOUL	3.87m	4.01m			
	Mahone, Breeanna	FR-1	Florida A&M	ND	-						
	Little, Wilena	SO-2	Florida A&M	ND	-	FOUL	FOUL	FOUL			
	Ruffin, Donesha	SO-2	Webber	ND	-						
3	Wood, Alahni	FR-1	Florida A&M	5.29m	6	5.29m	FOUL	5.25m	FOUL	5.17m	FOUL
5	Gibson, Victoria	FR-1	Charleston Southern	5.28m	3.5	5.18m	5.28m	4.97m	5.06m	FOUL	5.07m
8	Keeley, Yasmine	JR-3	Columbia (S.C.)	5.19m	-	FOUL	5.13m	4.50m	5.19m	5.11m	4.83m
11	Floyd, Kylia	FR-1	Limestone	5.06m	-	4.95m	5.06m	4.97m			
13	Jones, Ebony	FR-1	King	5.03m	-	3.53m	4.77m	5.03m			
15	Gatignol, Marion	JR-3	Benedict	4.98m	-	FOUL	4.98m	4.81m			
25	Petty, Tyanna	JR-3	Rio Grande	4.75m	-	4.70m	4.75m	4.52m			
26	Troy, Lyric	SO-2	UNC Pembroke	4.71m	-	FOUL	4.71m	4.45m			
27	Burnett, Lindsey	SR-4	King	4.68m	-	4.53m	4.65m	4.68m			
28	Harrell, Tariah	SO-2	Wingate	4.65m	-	4.65m	FOUL	4.56m			
30	Brown, Dreyona	SO-2	Wingate	4.58m	-	4.54m	4.43m	4.58m			
31	Hunt, Andrea	JR-3	Rio Grande	4.55m	-	4.49m	4.47m	4.55m			
34	Williams, Erica	JR-3	UNC Pembroke	4.45m	-	4.45m	FOUL	4.36m			
36	Capers, Denesia	SO-2	Claffin	4.42m	-	FOUL	FOUL	4.42m			
	Pighet, Maya Michele	JR	Unattached	ND	-						
1	Hill, Nia	SR-4	Georgia Southern	5.34m	10	5.34m	5.28m	FOUL	FOUL	5.06m	5.17m
2	Woods, Jada	FR-1	Davidson	5.30m	8	5.20m	5.01m	4.89m	4.81m	5.30m	5.19m
3	Jobes, Da'Sha	JR-3	Coker	5.29m	-	5.29m	5.27m	5.29m	5.26m	5.12m	FOUL
7	Abraham, Carrie	SR-4	Elon	5.23m	3	5.23m	5.03m	5.20m	4.90m	FOUL	4.81m
10	Daniels, Asyria	JR-3	Citadel	5.08m	1	4.79m	5.06m	5.08m			
12	Warren, Lashawnda	SR-4	Claffin	5.04m	-	5.04m	FOUL	4.86m			
16	Bowald, Brittany	SO-2	Jacksonville	4.97m	-	4.97m	4.51m	FOUL			
17	Hood, Anaia	SO-2	Charleston Southern	4.94m	-	4.94m	4.87m	4.94m			
17	Burke, Melody	FR-1	Elon	4.94m	-	4.94m	4.76m	4.76m			
19	Coyle, Jayna	SR-4	Elon	4.92m	-	4.70m	4.81m	4.92m			
21	Brown, Zawadi	SO-2	Limestone	4.89m	-	4.82m	4.89m	4.82m			
24	Tan, Eugenia	JR-3	Georgia Southern	4.79m	-	4.79m	FOUL	FOUL			
	Binter, Makayla	FR-1	Davidson	ND	-						
	Dawkins, Artisha	SR-4	Webber	ND	-						

men's Triple Jump

Overall	Name	Year	Team	Distance	Score						
6	Gibson, Victoria	FR-1	Charleston Southern	11.27m	4	10.88m	10.79m	11.27m	11.24m	11.04m	11.19m
9	Troy, Lyric	SO-2	UNC Pembroke	10.71m	-	10.71m	10.60m	FOUL	FOUL	10.49m	10.48m
12	Nelson, Natalie	JR-3	Belmont Abbey	10.45m	-	FOUL	FOUL	10.45m			
13	Floyd, Kylia	FR-1	Limestone	10.42m	-	FOUL	10.42m	FOUL			
14	Adesina, Pelumi	FR-1	Barton	10.40m	-	10.18m	9.56m	10.40m			
15	Chappell, Mariah	FR-1	Limestone	10.33m	-	10.19m	10.26m	10.33m			
17	Handley, Alyssa	JR-3	Wingate	10.23m	-	FOUL	10.23m	FOUL			
18	Keeley, Yasmine	JR-3	Columbia (S.C.)	10.03m	-	9.71m	10.03m	FOUL			

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21	Reynolds, Taylor	JR-3	Queens (N.C.)	9.82m	-	8.76m	9.81m	9.82m				
22	Jarrett, Makhia	FR	Unattached	9.72m	-	9.72m	9.72m	9.72m				
	Rojas, Katherine	FR-1	Belmont Abbey	ND	-							
	Ruffin, Donesha	SO-2	Webber	ND	-							
	Schonecker, Johanna	SR-4	Queens (N.C.)	ND	-							
	Logan, Jaime	FR-1	Methodist	ND	-							
1	Phillips, Stormm	SR-4	Jacksonville	12.63m	10	12.37m	11.86m	11.54m	12.48m	12.23m	12.63m	
2	Bowald, Brittany	SO-2	Jacksonville	11.75m	8	FOUL	11.66m	11.39m	11.52m	11.75m	FOUL	
3	Woods, Jada	FR-1	Davidson	11.45m	6	11.19m	11.19m	FOUL	11.27m	11.45m	11.44m	
4	Abraham, Carrie	SR-4	Elon	11.40m	5	11.03m	10.87m	11.40m	11.17m	11.23m	11.06m	
5	Wilshire, Vanisha	SO-2	Wingate	11.37m	-	11.03m	11.37m	FOUL	10.99m	FOUL	PASS	
7	Burke, Melody	FR-1	Elon	11.24m	3	11.24m	11.00m	10.93m	11.16m	10.85m	FOUL	
8	Coyle, Jayna	SR-4	Elon	11.01m	2	FOUL	FOUL	10.96m	10.96m	11.01m	FOUL	
9	Cotton, Twandalette	JR-3	Georgia Southern	10.71m	-	10.71m	10.54m	10.36m				
11	Williams, Erica	JR-3	UNC Pembroke	10.56m	-	FOUL	10.56m	FOUL				
16	Brown, Dreyona	SO-2	Wingate	10.29m	-	10.29m	FOUL	FOUL				
18	Daniels, Asyria	JR-3	Citadel	10.03m	-	10.03m	9.75m	9.95m				
	Hood, Anaia	SO-2	Charleston Southern	ND	-	FOUL	FOUL	FOUL				
	Smith, Tiaona	SR-4	Jacksonville	ND	-							
	Hill, Nia	SR-4	Georgia Southern	ND	-	FOUL	FOUL	FOUL				
	McFadden, Amani	SO-2	King	ND	-	FOUL	FOUL	FOUL				

men's Shot Put

Overall	Name	Year	Team	Distance	Score			
12	Barthelmes, Skylar	FR-1	Elon	12.30m	-	11.46m	11.48m	12.30m
19	Poole, Kelsey	FR-1	Barton	10.62m	-	10.62m	10.31m	10.05m
24	Jacobs, Leanna	FR-1	UNC Pembroke	10.24m	-	10.18m	9.97m	10.24m
28	Sheldon, Kelsi	FR-1	UNC Pembroke	9.87m	-	9.75m	ND	9.87m
33	Major, LyShanette	FR-1	Limestone	8.80m	-	8.80m	FOUL	ND
34	Woodbury, Brooklyn	FR-1	Methodist	8.71m	-	8.71m	ND	ND
35	Sims, Bryanna	FR-1	Columbia (S.C.)	8.50m	-	8.50m	ND	ND
36	McMichael, Tamara	JR-3	Coker	8.46m	-	FOUL	FOUL	8.46m
37	Crump, Kimberleigh	JR-3	Guilford	8.23m	-	8.23m	ND	ND
39	Stokes, Lelia	FR-1	Limestone	6.99m	-	6.99m	ND	ND
40	Norris, Ivie	FR-1	Guilford	5.02m	-	FOUL	5.02m	ND
	Taylor, Tiffany	FR-1	Coker	ND	-			
	Jackson, Kaliya	FR-1	Benedict	ND	-			
	Hunt, Samya	FR-1	Webber	ND	-			
	Brown, Arnesha	SR-4	Clafin	ND	-			
14	Marshall-Paul, Alexandria	SR-4	Florida A&M	11.36m	-	11.36m	10.77m	FOUL
16	Whitley, Desiree	FR-1	Barton	10.78m	-	FOUL	FOUL	10.78m
18	Cunningham, Janae	FR-1	Barton	10.65m	-	10.65m	10.28m	ND
21	Cass, Kameron	SO-2	Citadel	10.58m	-	FOUL	9.27m	10.58m
22	Stonehocker, Kelsey	JR-3	Methodist	10.47m	-	10.30m	10.24m	10.47m
23	Fox, Ella	SR-4	Queens (N.C.)	10.31m	-	10.12m	10.02m	10.31m
25	Washington, Sydney	FR-1	Queens (N.C.)	10.18m	-	9.59m	ND	10.18m
26	Copeland, JoLyn	SO-2	Anderson (S.C.)	9.92m	-	9.92m	FOUL	9.91m
27	Douglas, Aundria	SO-2	Georgia Southern	9.91m	-	9.54m	9.91m	ND
29	Dowdell, Shanelle	SO-2	Limestone	9.70m	-	9.70m	ND	ND
30	Benfield, Becca	SR-4	Guilford	9.59m	-	FOUL	9.59m	ND

		Meet Results	Upcoming Meets	Rankings	Search	About	Sign Up	Logged in as turnerchaundy...				Home	Sign Out
32	Waynick, Amber	JR-3	Columbia (S.C.)	9.19m	-	FOUL	9.19m	ND					
38	Makins-Null, Autumn	FR-1	Jacksonville	7.53m	-	7.53m	ND	ND					
	Sanchez, Desenaïs	SO-2	Belmont Abbey	ND	-								
1	Owens, Jamelia	SO-2	Georgia Southern	14.28m	10	14.28m	13.92m	13.35m	FOUL	FOUL	13.53m		
2	Warren, Breanna	SR-4	Elon	14.00m	8	13.66m	FOUL	14.00m	12.90m	FOUL	FOUL		
3	Holland, Carisma		Unattached	13.87m	-	13.87m	13.18m	13.41m	13.32m	13.68m	13.59m		
4	Hames, Bryanna	JR-3	Elon	13.82m	6	FOUL	FOUL	13.82m	12.91m	FOUL	13.76m		
5	Aaron, Andrea	SR-4	Florida A&M	13.32m	5	13.32m	FOUL	FOUL	13.02m	FOUL	13.28m		
6	Campbell, Emily	JR-3	Wake Forest	13.28m	4	12.28m	13.28m	12.65m	13.16m	12.66m	12.91m		
7	Turner, Samantha	SR-4	Jacksonville	13.09m	3	13.09m	12.73m	12.70m	12.88m	12.66m	12.43m		
8	Foreman, Alexis	FR-1	Charleston Southern	12.96m	2	12.67m	FOUL	12.96m	FOUL	FOUL	12.43m		
9	Byrd, Eunique	JR-3	Florida Memorial	12.73m	-	12.73m	12.24m	11.47m	11.61m	12.15m	12.11m		
10	Howard, Casidy	SR-4	Wake Forest	12.59m	1	12.59m	12.49m	FOUL					
11	Parker, Noelle	SO-2	Jacksonville	12.36m	-	12.11m	12.17m	12.36m					
13	Johnson, Shontielle	JR-3	Florida A&M	12.07m	-	FOUL	11.37m	12.07m					
15	Cook, Samantha	JR-3	Georgia Southern	10.88m	-	10.88m	10.71m	10.10m					
17	Moore, Kaitlyn	SR-4	Citadel	10.69m	-	10.69m	FOUL	10.55m					
19	McCoy, Madison	FR-1	Charleston Southern	10.62m	-	10.62m	FOUL	10.43m					

men's Weight Throw

Overall	Name	Year	Team	Distance	Score								
13	Gant, Alexis	SO-2	Georgia Southern	14.12m	-	12.81m	14.12m	13.96m					
22	Byrd, Eunique	JR-3	Florida Memorial	11.68m	-	11.68m	ND	ND					
23	Jacobs, Leanna	FR-1	UNC Pembroke	11.33m	-	11.33m	ND	ND					
24	Sheldon, Kelsi	FR-1	UNC Pembroke	10.85m	-	10.85m	ND	ND					
28	Waynick, Amber	JR-3	Columbia (S.C.)	9.86m	-	ND	9.86m	ND					
29	Hill, Kaela	SO-2	Columbia (S.C.)	9.66m	-	9.66m	ND	ND					
30	Sims, Bryanna	FR-1	Columbia (S.C.)	9.60m	-	ND	ND	9.60m					
33	Dingess, Tiffany	FR-1	Pfeiffer	8.16m	-	ND	8.16m	ND					
34	Stokes, Lelia	FR-1	Limestone	7.99m	-	7.99m	ND	ND					
35	Crump, Kimberleigh	JR-3	Guilford	7.73m	-	7.73m	ND	ND					
36	Major, Ly'Shanette	FR-1	Limestone	7.43m	-	7.43m	ND	ND					
	Hunt, Samya	FR-1	Webber	ND	-								
	Brown, Arnesha	SR-4	Clafin	ND	-								
14	Foreman, Alexis	FR-1	Charleston Southern	13.91m	-	ND	13.91m	ND					
15	Figueroa, Alelee	FR-1	Florida A&M	13.65m	-	13.65m	13.58m	ND					
16	Riegel, Mady	JR-3	Citadel	13.18m	-	13.18m	ND	13.18m					
17	Dowdell, Shanelle	SO-2	Limestone	13.09m	-	10.53m	13.09m	ND					
18	Copeland, JoLyn	SO-2	Anderson (S.C.)	12.79m	-	12.16m	12.79m	ND					
19	Simmons, Olivia	FR-1	Florida A&M	12.44m	-	11.81m	12.44m	ND					
20	Cass, Kameron	SO-2	Citadel	12.36m	-	12.36m	ND	12.25m					
21	Washington, Sydney	FR-1	Queens (N.C.)	11.79m	-	ND	11.79m	ND					
25	Barthelmes, Skylar	FR-1	Elon	10.77m	-	10.77m	ND	ND					
26	Benfield, Becca	SR-4	Guilford	10.44m	-	10.44m	ND	ND					
27	Coleman, Ameshia	JR-3	Benedict	9.88m	-	ND	ND	9.88m					
31	Makins-Null, Autumn	FR-1	Jacksonville	9.15m	-	9.15m	ND	ND					
32	Webb, Alison	JR-3	Pfeiffer	8.98m	-	ND	8.98m	ND					
1	Arnold, Kelsey	SR-4	Georgia Southern	20.21m	10	15.52m	18.39m	17.74m	20.21m	19.23m	18.28m		
2	Hicks, Alva	SO-2	Wake Forest	17.97m	8	17.52m	17.06m	17.97m	ND	17.58m	ND		
3	Marshall-Paul, Alexandria	SR-4	Florida A&M	17.35m	6	ND	17.35m	16.54m	ND	ND	17.05m		

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5	Williams, Milan	FR-1	Charleston Southern	16.72m	4	15.99m	16.28m	16.72m	ND	ND	ND
6	Reese, Diamond	JR-3	Georgia Southern	16.57m	3	15.13m	16.15m	15.52m	16.57m	16.04m	15.82m
7	Aaron, Andrea	SR-4	Florida A&M	16.53m	2	16.32m	ND	ND	ND	ND	16.53m
8	Johnson, Benisha	SR-4	Florida A&M	15.99m	1	ND	15.99m	14.55m	ND	ND	ND
9	O'Grady, Briana	SR-4	Elon	15.51m	-	14.62m	14.80m	15.51m	ND	14.29m	15.38m
9	Parker, Noelle	SO-2	Jacksonville	15.51m	-	ND	14.43m	15.51m	15.10m	14.76m	15.51m
11	Johnson, Shontielle	JR-3	Florida A&M	15.44m	-	ND	15.44m	ND			
12	Page, Jess	FR-1	Citadel	14.38m	-	14.38m	ND	ND			
	Hames, Bryanna	JR-3	Elon	ND	-	ND	ND	ND			

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