

Run with the Pack 5k - 9/24/2016 3:03:16 AM  
 Wake Med Cross Country Course, Cary, NC

Open Women 5000 Meter Run

| Name                 | Age Team             | Time     | Pts |
|----------------------|----------------------|----------|-----|
| 1 Katelyn McCracken  | Duke University      | 19:21.94 | 1   |
| 2 Carmen Davis       | North Carolina State | 19:52.23 | 2   |
| 3 Grace Chang        | Duke University      | 20:00.94 | 3   |
| 4 Abby Verchick      | North Carolina State | 20:16.71 | 4   |
| 5 Margaret Chapman   | North Carolina State | 20:32.06 | 5   |
| 6 Emily Waples       | Duke University      | 20:45.64 | 6   |
| 7 Samantha Miller    | Duke University      | 20:56.51 | 7   |
| 8 Rachel VonCannon   | University of North  | 20:58.79 | 8   |
| 9 Luanne Zimmermann  | University of Maryla | 21:01.86 | 9   |
| 10 Erin Langille     | University of Maryla | 21:07.11 | 10  |
| 11 Katrina Hrabinski | University of Maryla | 21:07.75 | 11  |
| 12 Tricity Andrew    | North Carolina State | 21:22.14 | 12  |
| 13 Jenna Bzwserz     | University of South  | 21:23.24 | 13  |
| 14 Barbara Zhao      | Duke University      | 21:25.59 | 14  |
| 15 Sarah Klug        | North Carolina State | 21:37.82 | 15  |
| 16 Lydia Averette    | North Carolina State | 21:41.48 | 16  |
| 17 Miriam Silton     | University of Maryla | 21:41.89 | 17  |
| 18 Sami Tocman       | University of Maryla | 21:53.36 | 18  |
| 19 Lauren Hart       | University of North  | 21:54.45 | 19  |
| 20 Taylor Warrick    | North Carolina State | 21:55.50 | 20  |
| 21 Fiona Whitefield  | University of Maryla | 21:57.65 | 21  |
| 22 Madeline Tripp    | East Carolina Univer | 22:03.36 | 22  |
| 23 Eileen Zohorsky   | University of Maryla | 22:03.96 | 23  |
| 24 Isabelle Snider   | University of Georgi | 22:04.39 | 24  |
| 25 Martina Novotny   | University of South  | 22:05.49 | 25  |
| 26 Erin Grosskurth   | University of Maryla | 22:06.82 |     |
| 27 Ashlyn McConnell  | University of South  | 22:11.64 | 26  |
| 28 Aninda Manocha    | Duke University      | 22:17.64 | 27  |
| 29 Reagan Portelance | Duke University      | 22:19.50 | 28  |
| 30 Katelyn Vlastaris | Duke University      | 22:20.79 |     |
| 31 Kathleen Marsh    | Duke University      | 22:27.92 |     |
| 32 Kaylee Cortese    | University of North  | 22:33.20 | 29  |
| 33 Abbigayle Mathis  | University of Georgi | 22:40.20 | 30  |
| 34 Mary McPartlan    | University of Georgi | 22:47.09 | 31  |
| 35 Molly Turlington  | University of Maryla | 22:52.28 |     |
| 36 Alyssa Rucker     | Duke University      | 23:04.45 |     |
| 37 Abby Sparrow      | Duke University      | 23:09.00 |     |
| 38 Kataryna O'Neil   | University of North  | 23:11.39 | 32  |

|    |                   |                      |          |    |
|----|-------------------|----------------------|----------|----|
| 39 | Julie Ciociola    | University of Maryla | 23:14.10 |    |
| 40 | Kay Hasegawa      | Duke University      | 23:17.94 |    |
| 41 | Brittany Mancuso  | East Carolina Univer | 23:30.19 | 33 |
| 42 | Christine Brugh   | North Carolina State | 23:31.05 |    |
| 43 | Katie Hart        | University of Georgi | 23:38.94 | 34 |
| 44 | Danielle King     | University of Georgi | 23:44.17 | 35 |
| 45 | Julia Koehler     | North Carolina State | 23:59.39 |    |
| 46 | Kelly Braden      | North Carolina State | 24:13.80 |    |
| 47 | Lauren Strothers  | University of South  | 24:13.90 | 36 |
| 48 | Christina Higgins | University of Maryla | 24:24.07 |    |
| 49 | Elayna Harris     | University of Georgi | 24:28.31 | 37 |
| 50 | Rio Watson        | University of Georgi | 24:29.05 | 38 |
| 51 | Rachel Norton     | University of Maryla | 24:32.41 |    |
| 52 | Mollie Grose      | North Carolina State | 24:39.38 |    |
| 53 | Auburn Forrest    | University of North  | 24:54.08 | 39 |
| 54 | Jocelyn Corey     | Duke University      | 24:58.06 |    |
| 55 | Sara Bartczak     | North Carolina State | 25:06.90 |    |
| 56 | Brianna Kapheim   | East Carolina Univer | 25:09.07 | 40 |
| 57 | Caitlin Bellora   | University of Georgi | 25:15.03 |    |
| 58 | Ana Lay           | University of North  | 25:20.89 | 41 |
| 59 | Jenny Du          | Duke University      | 25:23.94 |    |
| 60 | Kailey Flannelly  | University of South  | 25:27.83 | 42 |
| 61 | Heather Elliot    | University of South  | 25:39.86 | 43 |
| 62 | Emma Beaven       | East Carolina Univer | 25:49.63 | 44 |
| 63 | Itsuki Shindo     | University of South  | 25:55.69 | 45 |
| 64 | Alanna Aungvibool | East Carolina Univer | 26:23.45 | 46 |
| 65 | Cassie Yuan       | Duke University      | 26:28.25 |    |
| 66 | Caitlin Muddiman  | North Carolina State | 26:31.12 |    |
| 67 | Sara Kochan       | East Carolina Univer | 26:42.01 | 47 |
| 68 | Erica Kastner     | University of Georgi | 27:45.23 |    |
| 69 | Melina Keighron   | Duke University      | 28:24.08 |    |
| 70 | Grace Bodmer      | East Carolina Univer | 28:44.65 | 48 |
| 71 | Emily Elkonoh     | University of Maryla | 28:59.44 |    |
| 72 | Brittany Case     | East Carolina Univer | 29:01.19 |    |
| 73 | Courtney White    | University of South  | 29:19.60 |    |
| 74 | Lauren Pertain    | University of South  | 29:26.50 |    |
| 75 | Michelle Chen     | Duke University      | 30:41.64 |    |
| 76 | Emily Grimes      | East Carolina Univer | 30:47.79 |    |

#### Open Women 5000 Meter Run Team Scores

| Team              | Pts     | 1                 | 2 | 3 | 4 | 5               | (6) | (7) |  |
|-------------------|---------|-------------------|---|---|---|-----------------|-----|-----|--|
| 1 Duke University | 31      | 1                 | 3 | 6 | 7 | 14              | 27  | 28  |  |
| Total Time:       | 1:42:31 | Average: 20:30.13 |   |   |   | 1-5 Split: 2:04 |     |     |  |

|                        |     |                   |    |    |    |                 |    |    |
|------------------------|-----|-------------------|----|----|----|-----------------|----|----|
| 2 North Carolina State | 38  | 2                 | 4  | 5  | 12 | 15              | 16 | 20 |
| Total Time: 1:43:41    |     | Average: 20:44.20 |    |    |    | 1-5 Split: 1:46 |    |    |
| 3 University of Maryla | 65  | 9                 | 10 | 11 | 17 | 18              | 21 | 23 |
| Total Time: 1:46:52    |     | Average: 21:22.40 |    |    |    | 1-5 Split: 52   |    |    |
| 4 University of North  | 127 | 8                 | 19 | 29 | 32 | 39              | 41 | -  |
| Total Time: 1:53:32    |     | Average: 22:42.39 |    |    |    | 1-5 Split: 3:56 |    |    |
| 5 University of South  | 142 | 13                | 25 | 26 | 36 | 42              | 43 | 45 |
| Total Time: 1:55:23    |     | Average: 23:04.42 |    |    |    | 1-5 Split: 4:05 |    |    |
| 6 University of Georgi | 154 | 24                | 30 | 31 | 34 | 35              | 37 | 38 |
| Total Time: 1:54:55    |     | Average: 22:58.96 |    |    |    | 1-5 Split: 1:40 |    |    |
| 7 East Carolina Univer | 185 | 22                | 33 | 40 | 44 | 46              | 47 | 48 |
| Total Time: 2:02:56    |     | Average: 24:35.14 |    |    |    | 1-5 Split: 4:21 |    |    |