

JDL City Invitational

Date: 01/29-01/30/16 Venue: JDL Fast Track - Winston-Salem

men's Compiled Results 

Events: 60 | 60 | 200 | 400 | 800 | 800 | Mile | Mile | 3000 | 3000 | 5000 | 60H | 60H | 4x4 | 4000DMR | HJ | PV | PV | LJ | TJ | SP | Weight

men 60m Dash

Finals:

#	Overall	Name	Year	Team	Time	Score
1	1	Bryant, Dezerea		Unattached	7.25	-
2	2	Warner, Courtney	FR-1	East Carolina	7.46	-
3	3	Brown, India	SO-2	N. Carolina A&T	7.51	-
4	4	Livingston, Ornella	JR-3	St. Augustine's	7.58	-
5	5	White, Kayla	FR-1	N. Carolina A&T	7.60	-
6	6	Collins, Reneazia	SO-2	N. Carolina A&T	7.61	-
7	7	Love, Yakira	FR-1	N. Carolina A&T	7.61	-
8	8	Rayfield, Madison	SR-4	East Carolina	7.68	-

Preliminaries: Heat #1 ↑ UP

#	Overall	Name	Year	Team	Time	Score
1	2	Brown, India	SO-2	N. Carolina A&T	7.56	
2	8	Livingston, Ornella	JR-3	St. Augustine's	7.67	
3	12	Morrison, Quamecha	FR-1	Bethune-Cookman	7.74	
4	15	Hampton, Ty-Leah	SO-2	Winston-Salem St.	7.80	
5	18	Woodall, Atlanta	FR-1	East Carolina	7.86	
6	26	Naules, Kelila	SR-4	Coastal Carolina	8.00	

Preliminaries: Heat #2 ↑ UP

#	Overall	Name	Year	Team	Time	Score
1	1	Bryant, Dezerea		Unattached	7.23	
2	5	Collins, Reneazia	SO-2	N. Carolina A&T	7.59	
3	6	Love, Yakira	FR-1	N. Carolina A&T	7.61	
4	7	White, Kayla	FR-1	N. Carolina A&T	7.62	
5	13	Beckles, Kierre		Adidas	7.76	
6	16	Joe, Asia	FR-1	Bethune-Cookman	7.82	
7	20	Perez, Jannivette	SR-4	UNC Pembroke	7.88	
8	22	Agyepong-Wiafe, Yaa	SO-2	Va. Military Institute	7.90	

Preliminaries: Heat #3 ↑ UP

#	Overall	Name	Year	Team	Time	Score
1	4	Rayfield, Madison	SR-4	East Carolina	7.68	
2	9	Sherman, Kaitlin	FR-1	North Carolina	7.72	
3	10	Staten, Markiara	SO-2	N.C. Central	7.72	
4	14	Williams, Keturah	SR-4	East Tenn. St.	7.79	

5	17	Jones, Briana		Unattached	7.83
6	19	White, Bethany	FR-1	N.C. Central	7.87

Preliminaries: Heat #4 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	3	Warner, Courtney	FR-1	East Carolina	7.60	
2	11	Dawson, Jasmine	JR-3	East Carolina	7.73	
3	21	Brooks, Shakinah	JR-3	St. Augustine's	7.89	
4	23	Salami, Amanda	SO-2	East Carolina	7.91	
5	24	Simpson, Latesha	SR-4	Coastal Carolina	7.91	
6	25	Reid, Deonica	FR-1	Campbell	7.97	

Women 60m Dash Qualifying Results

Finals: Heat #1

	Overall	Name	Year	Team	Time	Score
1	5	Covington, Raven	SR-4	Winston-Salem St.	7.62	-
2	13	Murphy, Sydnei	FR-1	Duke	7.71	-
3	31	Agyepong-Wiafe, Yaa	SO-2	Va. Military Institute	7.90	-
4	52	Carr, Alyn	JR-3	High Point	8.06	-
5	53	Reeves, Justice	FR-1	Wingate	8.07	-
6	66	King, Ayanna	SO-2	Mount Olive	8.24	-
7	73	franks, cydney	SO	Unattached	8.52	-

Finals: Heat #2 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	1	Brown, India	SO-2	N. Carolina A&T	7.53	-
2	8	White, Kayla	FR-1	N. Carolina A&T	7.65	-
3	14	Collins, Reneazia	SO-2	N. Carolina A&T	7.72	-
4	19	Staten, Markiara	SO-2	N.C. Central	7.75	-
5	51	Alston, Jena	SO-2	St. Augustine's	8.06	-
6	63	Gregory, Amanda	JR-3	High Point	8.21	-
7	74	Nyagwegwe, Makora	JR-3	Eastern Mennonite	8.53	-

Finals: Heat #3 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	9	Price, Madeline	SO-2	Duke	7.68	-
2	11	Williams, Keturah	SR-4	East Tenn. St.	7.70	-
3	18	Salami, Amanda	SO-2	East Carolina	7.74	-
4	48	Campbell, Mikaela	SO-2	High Point	8.03	-
5	60	Andrews, Kaliyah	SO-2	Limestone	8.17	-
6	62	Easley, Timia	SO-2	East Tenn. St.	8.19	-
7	76	Dixon, Sydney	SO-2	UNC-Wilmington	8.59	-

Finals: Heat #4 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	10	Dawson, Jasmine	JR-3	East Carolina	7.69	-
2	33	Allen, Sabina	SO-2	Campbell	7.91	-

3	35	Roberts, Hunter	JR-3	Wake Forest	7.92	-
4	47	Sullivan, Carolyn	SO-2	Wingate	8.03	-
5	70	Barthell, Deja	FR-1	Emmanuel (Ga.)	8.36	-
6	79	Yables, Makayla	SO-2	UNC-Greensboro	9.36	-

Finals: Heat #5 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	16	Beckles, Kierre		Adidas	7.73	-
2	28	Sherman, Kaitlin	FR-1	North Carolina	7.86	-
3	38	Terry, Jenele	FR-1	Winston-Salem St.	7.96	-
4	46	Golding, Milan	JR-3	Queens (N.C.)	8.01	-
5	54	Vance, TeeAsiah	FR-1	Coastal Carolina	8.08	-
6	59	McClain, Mia	SO-2	Va. Military Institute	8.17	-
7	69	Jackson, Kateleen	FR-1	Pfeiffer	8.34	-
8	72	Bingham, Erin	JR-3	Lees-McRae	8.45	-

Finals: Heat #6 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	21	Brooks, Shakinah	JR-3	St. Augustine's	7.78	-
2	22	Kopp, Madeline	JR-3	Duke	7.80	-
3	23	Joe, Asia	FR-1	Bethune-Cookman	7.80	-
4	36	Whiteside, Arianna	SO-2	UNC-Wilmington	7.94	-
5	43	Dixon, Mykael	SR-4	Virginia State	8.00	-
6	50	Riley, Niema	FR-1	Virginia State	8.04	-
7	55	Leake, Noelia	SO-2	Coker	8.08	-
8	77	Ervin, Daijia	JR-3	Winston-Salem St.	8.60	-

Finals: Heat #7 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	2	Warner, Courtney	FR-1	East Carolina	7.54	-
2	7	Livingston, Ornella	JR-3	St. Augustine's	7.63	-
3	32	Panton, Domonique	FR-1	Duke	7.91	-
4	34	Prince, Tunisia	SO-2	Mount Olive	7.92	-
5	41	Juhasz, Lilla	JR-3	Campbell	7.97	-
6	57	Kerr, MacKenzie	FR-1	Duke	8.11	-
7	80	Curtright, Alexandria	FR-1	Emmanuel (Ga.)	10.62	-

Finals: Heat #8 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	3	Cockrell, Anna	SR	Unattached	7.55	-
2	15	Morrison, Quamecha	FR-1	Bethune-Cookman	7.72	-
3	17	Hampton, Ty-Leah	SO-2	Winston-Salem St.	7.74	-
4	30	Naules, Kelila	SR-4	Coastal Carolina	7.88	-
5	45	Michaux, Nya		Unattached	8.01	-
6	61	Collins, Katrina	SR-4	Wingate	8.17	-
7	64	Tolbert, Katrice	SO-2	Wingate	8.23	-

Finals: Heat #9 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	4	Rayfield, Madison	SR-4	East Carolina	7.61	-
2	6	Love, Yakira	FR-1	N. Carolina A&T	7.63	-
3	12	McCreath-Tardiel, Sade	FR-1	Bethune-Cookman	7.71	-
4	24	Perez, Jannivette	SR-4	UNC Pembroke	7.82	-
5	44	Wallace, Jada	FR-1	UNC Pembroke	8.01	-
6	49	McNeil, Alexis	JR-3	Mount Olive	8.04	-
7	58	Grier, Maya	FR-1	Winston-Salem St.	8.17	-
8	65	Ro, Mystique	SR-4	Queens (N.C.)	8.23	-

Finals: Heat #10 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	25	Woodall, Atlanta	FR-1	East Carolina	7.83	-
2	26	Simpson, Latesha	SR-4	Coastal Carolina	7.84	-
3	37	Lunn, Karissa	FR-1	Coastal Carolina	7.96	-
4	40	Funderburk, Fatima	SR-4	UNC Pembroke	7.97	-
5	67	Kinloch, Mikayla	SR-4	UNC-Wilmington	8.25	-
6	68	Hayes, Sarai	SO-2	Queens (N.C.)	8.30	-
7	71	Hall, Shakera	JR-3	St. Augustine's	8.36	-
8	75	Armstrong, Emily	FR-1	East Tenn. St.	8.53	-

Finals: Heat #11 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	20	Jones, Briauna		Unattached	7.75	-
2	27	White, Bethany	FR-1	N.C. Central	7.86	-
3	29	Reid, Deonica	FR-1	Campbell	7.87	-
4	39	Lassiter, Shamia	SR-4	St. Augustine's	7.97	-
5	42	Jackson, Simone	SR-4	Elon	7.99	-
6	56	Lee, Dana	JR-3	Washington and Lee	8.10	-
7	78	Carty, Aundi		Unattached	8.70	-

Women 200m Dash

Finals: Heat #1=====

	Overall	Name	Year	Team	Time	Score
1	2	Livingston, Ornella	JR-3	St. Augustine's	24.84	-
2	3	Johnson, Tristie	SR-4	Bethune-Cookman	24.91	-
3	5	Collins, Reneazia	SO-2	N. Carolina A&T	24.96	-
4	7	Balkwill, Kelsey		Unattached	25.10	-

Finals: Heat #2 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	1	Sherman, Kaitlin	FR-1	North Carolina	24.60	-
2	6	Griffin, Sydney	SR-4	Elon	25.06	-
3	8	Hunt, Ruth-Cassandra		Unattached	25.21	-
4	13	Hampton, Ty-Leah	SO-2	Winston-Salem St.	25.95	-

Finals: Heat #3 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	10	Cotman, Paris	SR-4	Virginia State	25.64	-
2	12	Culbreath, Jocelyn	SO-2	Campbell	25.80	-
3	46	Covington, Raven	SR-4	Winston-Salem St.	27.18	-

Finals: Heat #4 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	9	Morrison, Quamecha	FR-1	Bethune-Cookman	25.58	-
2	11	Dunston, Cierra	SO-2	North Carolina	25.74	-
3	14	McCreath-Tardiel, Sade	FR-1	Bethune-Cookman	25.95	-
4	16	Jackson, Simone	SR-4	Elon	25.97	-

Finals: Heat #5 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	4	Brown, Summer	SR-4	Bethune-Cookman	24.94	-
2	30	Barker, Leah	SO-2	St. Augustine's	26.66	-
3	35	Robinson, Gabriella	JR-3	UNC-Wilmington	26.80	-
4	41	McNeil, Alexis	JR-3	Mount Olive	27.04	-

Finals: Heat #6 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	19	Andrews, Kaliyah	SO-2	Limestone	26.21	-
2	22	Moseley, Alexandria	SO-2	Virginia State	26.27	-
3	25	Pryor, Santese	SR-4	N.C. Central	26.33	-
4	26	Prince, Tunisia	SO-2	Mount Olive	26.41	-

Finals: Heat #7 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	15	Slade, Mariah	SR	Unattached	25.96	-
2	20	Whiteside, Arianna	SO-2	UNC-Wilmington	26.23	-
3	23	Wolfe, Tatiana	SO-2	Campbell	26.30	-
4	40	Williams, Alisha	JR-3	Virginia State	26.97	-

Finals: Heat #8 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	18	Landy, Christa	SR-4	N.C. Central	26.04	-
2	38	Dixon, Mykael	SR-4	Virginia State	26.92	-
3	62	Sullivan, Carolyn	SO-2	Wingate	27.61	-
4	69	Tolbert, Katrice	SO-2	Wingate	28.14	-

Finals: Heat #9 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	37	Hunter, Ade	SO-2	St. Augustine's	26.81	-
2	42	Bryant, Miaysha	FR-1	N.C. Central	27.09	-
3	48	Clark, Marabeth	SO-2	East Tenn. St.	27.22	-
4	56	Reid, Deonica	FR-1	Campbell	27.40	-

Finals: Heat #10 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	17	Thorne, Kennedy	FR-1	N. Carolina A&T	26.01	-
2	34	Hall, Kristin	FR-1	North Carolina	26.78	-
3	54	Reeves, Justice	FR-1	Wingate	27.37	-
4	66	Reel, En'Joneah	FR	Unattached	27.92	-

Finals: Heat #11 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	27	Riley, Niema	FR-1	Virginia State	26.51	-
2	36	Love, Karissa	JR-3	Christopher Newport	26.80	-
3	61	Thierfelder, Liz	JR-3	Belmont Abbey	27.59	-

Finals: Heat #12 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	24	Staten, Markiara	SO-2	N.C. Central	26.31	-
2	28	Wilson, Mia	SO-2	Wake Forest	26.63	-
3	33	McClain, Mia	SO-2	Va. Military Institute	26.77	-
4	59	Alston, Jena	SO-2	St. Augustine's	27.48	-

Finals: Heat #13 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	31	White, Bethany	FR-1	N.C. Central	26.71	-
2	44	Allen, Sabina	SO-2	Campbell	27.10	-
3	52	Hinton, Maya	SO-2	Wake Forest	27.30	-
4	55	Golding, Milan	JR-3	Queens (N.C.)	27.39	-

Finals: Heat #14 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	21	Fisher, Kathy	JR-3	Queens (N.C.)	26.26	-
2	29	Hayes, Sarai	SO-2	Queens (N.C.)	26.64	-
3	32	Banks, Jordan	SO-2	Wake Forest	26.74	-
4	58	Henderson, Meagan	FR-1	Elon	27.47	-

Finals: Heat #15 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	51	Grier, Maya	FR-1	Winston-Salem St.	27.28	-
2	70	Walters, Autumn	SO-2	Coker	28.38	-
3	71	Green, Tiana	SR-4	UNC-Greensboro	28.40	-
4	74	Drakeford, Lydia	JR-3	Queens (N.C.)	28.77	-

Finals: Heat #16 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	39	Cefalo, Courtney	FR-1	UNC-Wilmington	26.94	-
2	53	Long, Tori	FR-1	Davidson	27.35	-
3	63	Miller, Jazmine		Unattached	27.68	-

4	64	Mayse, Ramira	SO-2	UNC-Wilmington	27.71	-
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Finals: Heat #17 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	45	Rosier, Shellby	FR-1	St. Augustine's	27.15	-
2	47	Coleman, Arianna	FR-1	High Point	27.18	-
3	49	Thomas, Brenea	FR-1	Va. Military Institute	27.26	-
4	50	Chapman, Sha	FR-1	Winston-Salem St.	27.28	-

Finals: Heat #18 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	60	Arbogast, Katherine	FR-1	Elon	27.51	-
2	65	Schiro, Ashlynn	SO-2	High Point	27.89	-
3	67	King, Ayanna	SO-2	Mount Olive	28.01	-
4	75	Carr, Alyn	JR-3	High Point	28.95	-

Finals: Heat #19 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	42	Greene, Nicole	FR-1	North Carolina	27.09	-
2	68	Geis, Emmy	FR-1	High Point	28.10	-
		Scott, Mackenzie	JR-3	Christopher Newport	DQ	-

Finals: Heat #20 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	57	Mzinde, Ruvarshe	FR-1	Wingate	27.44	-
2	72	Hailey, Mikkayla	FR-1	UNC-Greensboro	28.49	-
3	73	Barthell, Deja	FR-1	Emmanuel (Ga.)	28.64	-
4	76	George, Ashley	FR-1	Emmanuel (Ga.)	31.23	-

Men 400m Run

Finals: Heat #1=====

Rank	Overall	Name	Year	Team	Time	Score
1	1	Balkwill, Kelsey		Unattached	54.95	-
2	2	Price, Madeline	SO-2	Duke	55.76	-
3	4	Kopp, Madeline	JR-3	Duke	56.24	-
4	5	Belle, Tia-Adana	JR-3	St. Augustine's	56.32	-

Finals: Heat #2 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	3	Esposito, Jennifer	SR-4	Elon	56.09	-
2	6	Dunston, Cierra	SO-2	North Carolina	56.88	-
3	10	Culbreath, Jocelyn	SO-2	Campbell	58.06	-
		Hayes, Jernail	SR	Brooks	DNF	-

Finals: Heat #3 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
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1	7	Maslowski, Teddi	SR-4	Duke	57.11	-
2	8	Johnson , Sarah	FR-1	Wake Forest	57.96	-
3	9	Johnson, Tristie	SR-4	Bethune-Cookman	57.99	-
4	11	Cotman, Paris	SR-4	Virginia State	58.11	-
5	15	Collins, Janieyah	SR-4	East Carolina	58.43	-

Finals: Heat #4 **↑UP**

Rank	Overall	Name	Year	Team	Time	Score
1	17	Lowe, India	FR-1	Duke	58.46	-
2	20	Landy, Christa	SR-4	N.C. Central	59.13	-
3	26	Moseley, Alexandria	SO-2	Virginia State	59.41	-
4	27	Hunter, Ade	SO-2	St. Augustine's	59.60	-
5	70	Omile, Alyssa	SR-4	UNC-Wilmington	1:03.56	-

Finals: Heat #5 **↑UP**

Rank	Overall	Name	Year	Team	Time	Score
1	14	Morrison, Tametris	SO-2	Winston-Salem St.	58.42	-
2	18	Evans, Maya	JR-3	South Carolina	58.82	-
3	19	Grimes, Hallie	SO-2	North Florida	59.06	-
4	39	Hart, Asia	SO-2	Queens (N.C.)	1:00.63	-
5	45	Mills, Julia	SO-2	Bethune-Cookman	1:01.12	-

Finals: Heat #6 **↑UP**

Rank	Overall	Name	Year	Team	Time	Score
1	16	Kerr, MacKenzie	FR-1	Duke	58.45	-
2	21	Ross, Desiree	FR-1	Elon	59.17	-
3	22	Seabrook, Kiana	FR-1	N.C. Central	59.25	-
4	29	Thomas, Lovasia	SO-2	N.C. Central	59.92	-
5	43	McCreath-Tardiel, Sade	FR-1	Bethune-Cookman	1:01.05	-
6	62	Fox, Racheal	FR-1	Winston-Salem St.	1:02.43	-

Finals: Heat #7 **↑UP**

Rank	Overall	Name	Year	Team	Time	Score
1	12	Fisher, Kathy	JR-3	Queens (N.C.)	58.25	-
2	13	Smoot, Jaleesa	FR-1	N.C. Central	58.33	-
3	48	McNeil, Alexis	JR-3	Mount Olive	1:01.50	-
4	49	Williams, Alisha	JR-3	Virginia State	1:01.56	-
5	53	Bozzi, Meredith	SR-4	UNC-Wilmington	1:01.97	-

Finals: Heat #8 **↑UP**

Rank	Overall	Name	Year	Team	Time	Score
1	30	Christian, Jewel	SO-2	North Carolina	59.92	-
2	40	Rieden, Hannah	JR-3	Davidson	1:00.84	-
3	69	Golding, Milan	JR-3	Queens (N.C.)	1:03.29	-
4	72	Jenkins-Dodd, Takeyra	SO-2	Coastal Carolina	1:04.49	-
5	74	Robinson, Gabriella	JR-3	UNC-Wilmington	1:04.55	-

Finals: Heat #9 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	33	Yunker , Alyssa	SR-4	North Florida	1:00.11	-
2	35	Lorand, Lilla	SR-4	High Point	1:00.39	-
3	36	Thierfelder, Liz	JR-3	Belmont Abbey	1:00.46	-
4	44	Barker, Leah	SO-2	St. Augustine's	1:01.06	-
5	61	Nixon, Briana	FR-1	Coker	1:02.42	-

Finals: Heat #10 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	23	Whelan, Gracie	JR	Unattached	59.33	-
2	24	Cannon, Mylene	JR-3	St. Augustine's	59.39	-
3	47	Jackson, Tia	FR-1	East Carolina	1:01.26	-
4	76	Foster, June Lisa	SO-2	Coker	1:04.86	-
5	80	Calhoun, Lauren	SR-4	Wingate	1:05.64	-

Finals: Heat #11 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	34	Brzozowski, Lauren	FR-1	Elon	1:00.23	-
2	58	Love, Karissa	JR-3	Christopher Newport	1:02.37	-
3	64	Hendren, Brigitta	FR-1	Va. Military Institute	1:02.53	-
4	65	Schwede, Lara-Ann	SO-2	Wake Forest	1:02.84	-
5	75	Clark, Marabeth	SO-2	East Tenn. St.	1:04.74	-

Finals: Heat #12 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	25	Brown, Samantha	SR-4	Elon	59.39	-
2	32	Henderson, Meagan	FR-1	Elon	1:00.02	-
3	55	Hearn, Tianna	JR-3	North Florida	1:02.08	-
4	71	Gruber, Ashlyn	SR-4	Davidson	1:03.64	-
5	83	franks, cydney	SO	Unattached	1:06.36	-

Finals: Heat #13 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	28	Long, Tori	FR-1	Davidson	59.77	-
2	41	Behrens, Brigid	SR-4	Davidson	1:00.87	-
3	52	Craft, Aaliyah	FR-1	Winston-Salem St.	1:01.85	-
4	56	Anthony, Jonnay	FR-1	Coastal Carolina	1:02.33	-

Finals: Heat #14 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	31	Knous, Kendal	SR-4	Wake Forest	59.94	-
2	37	Gallagher, Emma	FR-1	Wake Forest	1:00.46	-
3	38	Thorne, Kennedy	FR-1	N. Carolina A&T	1:00.56	-
4	57	Meier, Rozelle	FR-1	Coastal Carolina	1:02.35	-
5	63	Rountree, Kierra	SO-2	East Carolina	1:02.48	-

Finals: Heat #15 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	51	Providence, Vanessa	FR-1	Bethune-Cookman	1:01.71	-
2	54	Wood, Miranda	JR-3	Queens (N.C.)	1:02.05	-
3	68	Mzinde, Ruvarshe	FR-1	Wingate	1:03.20	-
4	79	Drakeford, Lydia	JR-3	Queens (N.C.)	1:05.61	-

Finals: Heat #16 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	42	Kheir, Fazwia	SR-4	Winston-Salem St.	1:01.03	-
2	46	Palmer, Janienne	FR-1	East Carolina	1:01.21	-
3	50	Ruth, Nia	JR-3	Bethune-Cookman	1:01.59	-
4	82	Gillespie, Jasmyn	FR-1	High Point	1:05.99	-
5	84	Hart, Natalie	FR-1	Wingate	1:09.16	-

Finals: Heat #17 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	73	Dunker, Jessica	FR-1	East Tenn. St.	1:04.55	-
2	77	Sykes, La'Kezia	JR-3	UNC Pembroke	1:05.30	-
3	78	Thompson, Gianna	FR-1	Wingate	1:05.47	-
4	81	Rivenbark, Jordyn	JR-3	UNC-Wilmington	1:05.70	-

Finals: Heat #18 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	59	McNair, Angelica	FR-1	UNC Pembroke	1:02.40	-
2	60	Erwin-Sherrod, Nia	FR-1	St. Augustine's	1:02.41	-
3	66	Geis, Emmy	FR-1	High Point	1:02.91	-
4	67	Cotton, Olivia	FR-1	Va. Military Institute	1:02.93	-

en 800m Run Camel City E

Finals:=====

	Overall	Name	Year	Team	Time	Score
1	1	Bishop, Melissa		Camel City Elite	2:02.10	-
2	2	Roesler, Laura		Nike	2:03.27	-
3	3	Wright, Phoebe		Camel City Elite	2:04.72	-
4	4	Banks, Anima	SR-4	Duke	2:06.54	-
5	5	Thomas, Latavia		Unattached	2:07.22	-
6	6	Segrave, Hannah	JR-3	Milligan	2:07.37	-
7	7	Whelan, Elizabeth	SR-4	North Carolina	2:11.60	-
		Farley, Abby		Camel City Elite	DNF	-

en 800m Run

Finals: Heat #1=====

	Overall	Name	Year	Team	Time	Score
1	1	Farley, Abby		Camel City Elite	2:08.90	-
2	2	Iyevbele, Kenyetta		Unattached	2:08.93	-
3	3	Hallowes, Kim	FR-1	Duke	2:11.87	-

4	4	Lazarchick, Kathryn	JR-3	Wake Forest	2:14.41	-
5	5	Philbert, Vanessa	SO-2	North Florida	2:14.42	-
6	6	Harrington, Logan	SO-2	Christopher Newport	2:15.66	-
7	7	Chappell-Dick, Hannah	SR-4	Eastern Mennonite	2:16.02	-
8	8	Rieden, Hannah	JR-3	Davidson	2:16.23	-
9	16	Boatwright, Imani	JR-3	Coastal Carolina	2:18.48	-
10	20	Butler , Gjasmyne	SR	Unattached	2:20.00	-
11	24	Mills, Julia	SO-2	Bethune-Cookman	2:20.50	-
		Neeley, Bethany		UNAT-North Carolina St.	DNF	-

Finals: Heat #2 **↑UP**

Rank	Overall	Name	Year	Team	Time	Score
1	9	Jackson, Roshae	FR-1	Campbell	2:16.89	-
2	10	Behrens, Brigid	SR-4	Davidson	2:17.03	-
3	14	Rodriguez , Morgan	JR-3	North Florida	2:18.11	-
4	15	Krol, Caitlin	SR-4	Wake Forest	2:18.39	-
5	17	Smith, Chelsea	FR-1	Elon	2:18.60	-
6	18	Collin, Cozette	JR-3	High Point	2:18.62	-
7	21	Sullivan, Grace	FR-1	East Carolina	2:20.05	-
8	22	Gruber, Ashlyn	SR-4	Davidson	2:20.09	-
9	26	Miller, Ashley	SR-4	South Carolina	2:21.23	-
10	27	Metwalli, Jena	SR	Unattached	2:21.25	-
11	28	Hinch, Carolyn	JR-3	East Tenn. St.	2:21.70	-
12	33	Brown, Julia	FR-1	East Carolina	2:23.59	-

Finals: Heat #3 **↑UP**

Rank	Overall	Name	Year	Team	Time	Score
1	11	Duffie De Tassigny, Heloise	FR-1	Flagler	2:17.46	-
2	12	Johnson, Taska	JR-3	Winston-Salem St.	2:17.47	-
3	13	Mueller , Allison	FR-1	South Carolina	2:17.58	-
4	25	McFadden, Summer	JR-3	Queens (N.C.)	2:21.13	-
5	30	Smith, Nicki	SO-2	East Tenn. St.	2:22.57	-
6	31	Coleman, Imani	SO-2	N. Carolina A&T	2:22.75	-
7	32	Horsley, Harley	FR-1	North Florida	2:23.26	-
8	34	Licea, Rachel	SO-2	North Florida	2:23.63	-
9	43	Kepley, Mason	FR-1	East Carolina	2:27.66	-
10	47	Case, Keaton	FR-1	High Point	2:29.74	-
11	61	Dye, Daniqua	JR-3	N. Carolina A&T	2:34.73	-

Finals: Heat #4 **↑UP**

Rank	Overall	Name	Year	Team	Time	Score
1	19	Johnson, Tayler	JR-3	North Florida	2:19.94	-
2	23	Parrish, Elizabeth	FR-1	Wake Forest	2:20.42	-
3	29	Kheir, Fazwia	SR-4	Winston-Salem St.	2:22.56	-
4	40	Green, Miranda	SO-2	N. Carolina A&T	2:27.01	-
5	42	Konnick, Jazmin	SR-4	Emmanuel (Ga.)	2:27.66	-
6	44	Jackson, Amy	SO-2	Wingate	2:28.83	-
7	45	Henry, Bailee	JR-3	Mount Olive	2:29.29	-

8	51	Hill, Gabby	SR-4	Emmanuel (Ga.)	2:31.08	-
9	59	Lowman, Olivia	JR-3	UNC Pembroke	2:34.38	-
10	66	Boykin, Kyndal	SR-4	UNC Pembroke	2:40.42	-
		Flynn, Kennedy	SO-2	Va. Military Institute	DNF	-

Finals: Heat #5 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	35	Hill, Christina	SO-2	Va. Military Institute	2:25.40	-
2	36	Fonvielle, Catherine	JR-3	Washington and Lee	2:25.66	-
3	39	Haering, Sam	SR-4	Wingate	2:26.88	-
4	41	Rothacker, Janelle	FR-1	High Point	2:27.10	-
5	48	Penkala, Lauren	FR-1	Flagler	2:29.86	-
6	49	Blades, Shona	FR-1	Mount Olive	2:29.96	-
7	52	Yoder, Maria	FR-1	Eastern Mennonite	2:31.21	-
8	53	Crist, Maria	SR-4	Bridgewater (Va.)	2:31.46	-
9	55	Schirch, Juni	SR-4	Eastern Mennonite	2:33.60	-
10	58	Warren, Hannah	SO-2	East Tenn. St.	2:34.13	-

Finals: Heat #6 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	37	Pollock, Briana	FR-1	Bethune-Cookman	2:25.89	-
2	38	Ruth, Nia	JR-3	Bethune-Cookman	2:26.32	-
3	46	May, Abigail	FR-1	Christopher Newport	2:29.63	-
4	50	Williams, Brittany	SO-2	Eastern Mennonite	2:30.74	-
5	54	O'Shea, Laney	FR-1	Davidson	2:32.65	-
6	56	Otranto, Julia	FR-1	Belmont Abbey	2:33.76	-
7	57	Jenkins, Carissa	SO-2	Queens (N.C.)	2:33.96	-
8	60	Smith, Estela	FR-1	N. Carolina A&T	2:34.68	-
9	62	Russell, Kelly	JR-3	Va. Military Institute	2:38.20	-
10	63	Neary, Riley	FR-1	Va. Military Institute	2:38.21	-
11	64	Bridges, Julia	SO-2	Mount Olive	2:38.81	-
12	65	Arias, Amber	FR-1	Belmont Abbey	2:39.63	-

Men 1 Mile Run Mellow Mile

Finals:

	Overall	Name	Year	Team	Time	Score
1	1	Rowbury, Shannon		Camel City Elite	4:26.01	-
2	2	Garcia, Stephanie		Camel City Elite	4:28.47	-
3	3	See, Heidi	SR	Camel City Elite	4:33.30	-
4	4	Kampf, Heather		Camel City Elite	4:36.08	-
5	5	Benson, Fiona		Camel City Elite	4:38.18	-
6	6	Johnson, Lauren		Camel City Elite	4:38.38	-
7	7	Moye, Megan	JR-3	North Carolina St.	4:43.08	-
8	8	Murphy, Kate		Unattached	4:43.87	-
		Salerno, Melissa		Camel City Elite	DNF	-

Men 1 Mile Run

Finals: Heat #1

Rank	Overall	Name	Year	Team	Time	Score
1	1	Van Graan, Aynslee	JR-3	Coastal Carolina	4:59.56	-
2	2	Van Graan, Kyla	SR-4	Coastal Carolina	5:00.18	-
3	3	Charles, Ericka	SR	Unattached	5:01.45	-
4	4	Fisher, Esther	JR-3	North Carolina St.	5:01.75	-
5	5	Chappell-Dick, Hannah	SR-4	Eastern Mennonite	5:02.05	-
6	6	Neeley, Bethany		UNAT-North Carolina St.	5:02.85	-
7	7	Ramsey, Blair	SR	Unattached	5:03.19	-
8	10	Vaughn, Megan		UNAT-North Carolina St.	5:04.55	-
9	11	Sturges, Allison	SR-4	Duke	5:04.63	-
10	14	Geraniotis, Coralea	FR-1	Elon	5:09.63	-
11	29	Jensen, Eira	SR-4	UNC-Greensboro	5:19.67	-

Finals: Heat #2 UP

Rank	Overall	Name	Year	Team	Time	Score
1	9	Daniel, Gina	JR-3	Duke	5:04.03	-
2	12	Sullivan, Grace	FR-1	East Carolina	5:05.34	-
3	15	Richichi, Gabrielle	FR-1	Duke	5:10.71	-
4	16	Snapp, Kaitlin	SR-4	Elon	5:12.00	-
5	23	Greengrass, Rebekah	FR-1	North Carolina St.	5:16.54	-
6	25	Irwin, Alexis	SR-4	North Florida	5:16.71	-
7	28	Stallings, Emily	SO-2	North Florida	5:19.63	-
8	30	Kerns, Emily	FR-1	North Florida	5:20.03	-
9	31	Rodney, Cayla	FR-1	East Carolina	5:20.32	-
10	46	Moerk, Hannah	SO-2	Davidson	5:34.83	-
11	52	Carpenter, Audrey	FR-1	North Florida	5:38.57	-

Finals: Heat #3 UP

Rank	Overall	Name	Year	Team	Time	Score
1	8	Brennan, Brigid	SO-2	Elon	5:03.64	-
2	13	Van Onselen, Lisha	FR-1	Coastal Carolina	5:09.60	-
3	17	Waggoner, Aubrey	SR-4	Wake Forest	5:12.48	-
4	18	Fahmy, Sarah	JR-3	Wake Forest	5:12.54	-
5	19	Malmberg, Alexis	FR-1	South Carolina	5:13.70	-
6	20	Hopkins, Carolyn	FR-1	Elon	5:15.10	-
7	21	Cooke, Victoria	FR-1	East Carolina	5:15.89	-
8	22	Enright, Theresa		UNAT-North Carolina St.	5:15.90	-
9	24	King, Bethany	SO-2	Va. Military Institute	5:16.61	-
10	32	McDonnell, Maura	SO-2	East Carolina	5:20.65	-
11	33	Williams, Kennadee	SO-2	North Florida	5:22.33	-
12	40	Weiss, Corey	SO-2	Elon	5:26.60	-

Finals: Heat #4 UP

Rank	Overall	Name	Year	Team	Time	Score
1	26	McFadden, Summer	JR-3	Queens (N.C.)	5:17.40	-
2	27	Wolkenhauer, Hannah	FR-1	Queens (N.C.)	5:18.84	-
3	34	Hinderer, Ashley	JR-3	Wingate	5:22.51	-

4	35	Peoples, Erika	SR-4	High Point	5:23.00	-
5	37	Pan, Nyajock	JR-3	Bethune-Cookman	5:24.81	-
6	39	Corbo, Allison	SR	Unattached	5:26.45	-
7	42	Zimmerman, Micalyne	JR-3	Winston-Salem St.	5:28.37	-
8	43	Tabackman, Alexa	SR-4	Christopher Newport	5:28.58	-
9	44	Blades, Shona	FR-1	Mount Olive	5:29.78	-
10	49	Holland, Robyn	SR	Unattached	5:35.63	-
11	58	Potter, Caitlin	SO	Unattached	5:41.31	-
12	64	Sune, Mireia	FR-1	Mount Olive	5:55.68	-

Finals: Heat #5 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	38	Penkala, Lauren	FR-1	Flagler	5:25.77	-
2	41	Stewart, Briana	JR-3	Christopher Newport	5:27.18	-
3	45	Teague, Samantha	SO-2	East Carolina	5:33.07	-
4	47	Arnold, Liliana	SO-2	Washington and Lee	5:35.15	-
5	48	Adkins, Katlyn	JR-3	UNC-Greensboro	5:35.30	-
6	53	Zimmerman, Alexa	SO-2	East Tenn. St.	5:39.29	-
7	59	McKay, Rachel	JR-3	Davidson	5:41.34	-
8	60	Wiggins, Danisha	SR-4	Winston-Salem St.	5:43.08	-
9	61	Boykin, Kyndal	SR-4	UNC Pembroke	5:46.65	-
10	62	Peattie, Regina	JR-3	Coastal Carolina	5:48.95	-
11	65	Angel, Amanda	FR-1	Wingate	6:02.96	-
		Serrell, Laurie	FR-1	Eastern Mennonite	DNF	-

Finals: Heat #6 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	36	Bozzi, Meredith	SR-4	UNC-Wilmington	5:24.48	-
2	50	Bode, Sarah	SR-4	High Point	5:35.88	-
3	51	Smullen, Shauntel	SO-2	Coker	5:38.46	-
4	54	Nardone, Julia	FR-1	South Carolina	5:40.25	-
5	55	Lowman, Olivia	JR-3	UNC Pembroke	5:40.78	-
6	56	Mansure, Kathleen	FR-1	UNC-Greensboro	5:41.15	-
7	57	Crist, Maria	SR-4	Bridgewater (Va.)	5:41.23	-
8	63	Hammond, Sarah	FR-1	Flagler	5:54.80	-

Women 3000m Run Camel City E

Finals:

	Overall	Name	Year	Team	Time	Score
1	1	Gallagher, Kerri		Camel City Elite	8:56.52	-
2	2	Schneider, Rachel		Camel City Elite	8:58.84	-
3	3	Frazier, Wesley	SO-2	North Carolina St.	9:01.26	-
4	4	Mackey, Katie		Camel City Elite	9:07.66	-
5	5	Pappas, Alexi		Camel City Elite	9:08.92	-
6	6	Kemp, Erika	SO-2	North Carolina St.	9:12.71	-
7	7	Kelati, Weini		Unattached	9:19.99	-
8	8	Buchalski, Allie	JR-3	Furman	9:40.27	-
9	9	Jones, Samantha	SR-4	Wake Forest	9:44.43	-

Salerno, Melissa

Camel City Elite

DNF

-

Men 3000m Run

Finals: Heat #1

Rank	Overall	Name	Year	Team	Time	Score
1	1	Berman, Lauren	FR-1	Virginia Tech	9:46.75	-
2	2	Novotna, Tereza	SR-4	Elon	9:47.82	-
3	3	Motley, Abigail	JR-3	Virginia Tech	9:50.74	-
4	5	Woodruff, Chelsi		Unattached	9:56.33	-
5	6	Maritim, Joan	SO-2	Campbell	9:57.74	-
6	7	Yarbrough, Caroline	FR-1	Davidson	9:59.15	-
7	8	Platek, Sara	JR	Unattached	10:01.44	-
8	9	Meyer, Eden	SO-2	North Florida	10:01.64	-
9	10	Bierut, Elyse	JR-3	Elon	10:02.32	-
10	14	Fleming, Jennifer	FR-1	Virginia Tech	10:23.07	-
11	26	Lehman, Katherine	SO-2	Eastern Mennonite	10:34.38	-
		Johansen, Kimberly	JR-3	Elon	DNF	-
		Parris, Allison		Unattached	DNF	-

Finals: Heat #2 UP

Rank	Overall	Name	Year	Team	Time	Score
1	4	Morris, Logan	SR	Unattached	9:54.45	-
2	11	Cuddeback, Shelby	JR-3	Elon	10:08.84	-
3	12	Gwynn, Olivia		UNAT-Duke	10:09.57	-
4	13	Byrd, Catie	JR-3	Queens (N.C.)	10:19.67	-
5	16	Sears, Sarah	SO-2	Davidson	10:26.19	-
6	18	McCoy, Martha	SO-2	South Carolina	10:27.46	-
7	23	Hutchens, Victoria	JR-3	East Tenn. St.	10:31.79	-
8	29	Wessel, Kaylee	SO-2	South Carolina	10:36.04	-
9	30	Kiplagat , Domtila	SO-2	Winston-Salem St.	10:40.84	-
10	32	Bates, Hayden	JR-3	Davidson	10:43.19	-
11	37	Smith , Meredith	FR-1	Wake Forest	10:51.49	-
12	40	Pan, Nyajock	JR-3	Bethune-Cookman	10:56.42	-
13	43	Kerr, Courtney	FR-1	High Point	11:00.20	-

Finals: Heat #3 UP

Rank	Overall	Name	Year	Team	Time	Score
1	15	Robinson, Jacquelyn	SO-2	Milligan	10:24.03	-
2	17	Bains, Sabina	SR-4	Elon	10:26.56	-
3	19	Sprague, Allie	SO-2	South Carolina	10:28.27	-
4	20	Noall, Lucie	FR-1	Queens (N.C.)	10:28.86	-
5	22	Johnson, Alyssa	JR-3	Wingate	10:31.49	-
6	24	Neher, Morgan	JR-3	Wingate	10:33.64	-
7	25	Lautzenheiser, Sydney	SO-2	Wingate	10:33.96	-
8	27	Hamon, Sarah	SO-2	UNC-Wilmington	10:35.31	-
9	31	Yates, Samantha	FR-1	Washington and Lee	10:42.19	-
10	33	Byrd, Rachel	SO-2	Coastal Carolina	10:44.10	-
11	36	Kremling, Paulena	FR-1	Mount Olive	10:49.54	-

12	38	Ayers, Katlyn	SR-4	UNC-Greensboro	10:51.62	-
13	47	Valentine, Kelsey	JR-3	Mount Olive	11:27.39	-

Finals: Heat #4 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	21	Zautcke, Julia	SR-4	High Point	10:29.08	-
2	28	Cooke, Victoria	FR-1	East Carolina	10:35.84	-
3	34	Furches, Alissa	FR-1	Milligan	10:44.58	-
4	35	Brengel, Jackie	SR-4	Coastal Carolina	10:46.26	-
5	39	Rodney, Cayla	FR-1	East Carolina	10:52.23	-
6	41	Griesche, Valerie	SO-2	Wingate	10:56.64	-
7	42	Siska, Lindsey	SR-4	High Point	11:00.18	-
8	44	Teague, Samantha	SO-2	East Carolina	11:12.72	-
9	45	Delamer, Megan	JR-3	Queens (N.C.)	11:13.64	-
10	46	Fry, Abby	FR-1	Davidson	11:21.91	-
11	48	Rajotte, Payton	FR-1	Wingate	11:33.53	-
12	49	Hill-Sterling, Louise	SR-4	Queens (N.C.)	11:35.64	-
		Tardanico, Lea	JR-3	UNC Pembroke	DNF	-

Men 5000m Run

Finals:

	Overall	Name	Year	Team	Time	Score
1	1	Schmitz, Lucy	SR-4	Belmont Abbey	18:39.56	-
2	2	Turner, Caroline	JR-3	Davidson	18:40.58	-
3	3	Davis, Carmen	FR	Unattached	18:52.61	-
4	4	McMichael, Kirsten	FR-1	Washington and Lee	18:58.44	-
5	5	Steffen, Rachel	SO-2	Washington and Lee	18:59.16	-
6	6	Malone, Allyson	FR-1	Limestone	19:18.77	-
7	7	Shaw, Emily	SR-4	Mount Olive	19:20.48	-
8	8	Davis, Deja	SO-2	Bethune-Cookman	19:28.91	-
9	9	Byrd, Emily		Unattached	19:55.51	-
10	10	Buser, Anna	SO-2	Davidson	19:57.66	-
11	11	Toole, Lindsey	SR-4	Emmanuel (Ga.)	20:11.30	-
12	12	Paden, Jolee	SR-4	Eastern Mennonite	20:19.51	-
13	13	Rutto, Sarah	FR-1	Limestone	20:23.91	-

Men 60m Hurdles

Finals:

	Overall	Name	Year	Team	Time	Score
1	1	Rollins, Brianna		Camel City Elite	7.95	-
2	2	Ali, Nia		Camel City Elite	8.03	-
3	3	Castlin, Kristi		Camel City Elite	8.04	-
4	4	Jones, Lolo		Camel City Elite	8.17	-
5	5	Cockrell, Anna	SR	Unattached	8.29	-
6	6	Beckles, Kierre		Adidas	8.36	-
7	7	Knight, Morgan	SO-2	N. Carolina A&T	8.49	-

Preliminaries: Heat #1 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	4	Jones, Lolo		Camel City Elite	8.24	
2	9	Newton, Kendra	SR	Unattached	8.37	
3	15	Belle, Tia-Adana	JR-3	St. Augustine's	8.70	
4	16	Brown, Summer	SR-4	Bethune-Cookman	8.70	
5	23	Morrison, Quamecha	FR-1	Bethune-Cookman	8.89	
6	24	Agyepong-Wiafe, Yaa	SO-2	Va. Military Institute	8.90	
7	25	Ghaffar, Aminah	JR-3	East Carolina	8.95	

Preliminaries: Heat #2 **↑UP**_____

	Overall	Name	Year	Team	Time	Score
1	3	Ali, Nia		Camel City Elite	8.20	
2	6	Beckles, Kierre		Adidas	8.32	
3	8	Knight, Morgan	SO-2	N. Carolina A&T	8.37	
4	12	Dixon, Natisha	SO-2	North Carolina	8.55	
5	17	Roberts, Hunter	JR-3	Wake Forest	8.73	
6	18	Hutchinson, Cheyenne	SR-4	East Carolina	8.75	
7	20	Parks, Milan	FR-1	South Carolina	8.82	
8	26	Miller, Jazmine		Unattached	9.14	

Preliminaries: Heat #3 **↑UP**_____

	Overall	Name	Year	Team	Time	Score
1	1	Rollins, Brianna		Camel City Elite	8.06	
2	5	Cockrell, Anna	SR	Unattached	8.24	
3	10	TUCKER, ERIN	SR	Unattached	8.39	
4	11	Oluwole, Funlayo	FR-1	South Carolina	8.54	
5	21	Griffin, Sydney	SR-4	Elon	8.84	
6	22	Wolfe, Tatiana	SO-2	Campbell	8.86	
		Hall, Shakera	JR-3	St. Augustine's	FS	

Preliminaries: Heat #4 **↑UP**_____

	Overall	Name	Year	Team	Time	Score
1	2	Castlin, Kristi		Camel City Elite	8.16	
2	7	Theisen-Eaton, Brianne		Camel City Elite	8.32	
3	13	White, Kayla	FR-1	N. Carolina A&T	8.64	
4	14	Juhasz, Lilla	JR-3	Campbell	8.66	
5	19	Rayfield, Madison	SR-4	East Carolina	8.80	
6	27	Laws, Lydia	SO-2	Elon	9.25	
7	28	Ellick, Tiffany	JR-3	N. Carolina A&T	9.48	

Men 60m Hurdles Qualifying Round

Finals: Heat #1_____

	Overall	Name	Year	Team	Time	Score
1	5	Maslowski, Teddi	SR-4	Duke	8.49	-
2	33	Cefalo, Courtney	FR-1	UNC-Wilmington	9.42	-
3	46	Scott, Mackenzie	JR-3	Christopher Newport	9.74	-

Finals: Heat #2 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	4	Newton, Kendra	SR	Unattached	8.48	-
2	14	Rayfield, Madison	SR-4	East Carolina	8.69	-
3	16	Brown, Summer	SR-4	Bethune-Cookman	8.71	-
4	18	Wolfe, Tatiana	SO-2	Campbell	8.77	-
5	24	Agyepong-Wiafe, Yaa	SO-2	Va. Military Institute	9.09	-
6	45	Thompson, Gianna	FR-1	Wingate	9.71	-
7	49	Hart, Natalie	FR-1	Wingate	10.40	-

Finals: Heat #3 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	7	White, Kayla	FR-1	N. Carolina A&T	8.54	-
2	13	Morrison, Quamecha	FR-1	Bethune-Cookman	8.67	-
3	15	Lassiter, Shamia	SR-4	St. Augustine's	8.70	-
4	23	Laws, Lydia	SO-2	Elon	9.04	-
5	28	Lowe, India	FR-1	Duke	9.23	-
6	41	Thomas, Deanna	SR-4	Virginia State	9.63	-
7	54	McCabe, Molly	FR-1	Christopher Newport	11.60	-
		Bryant, Brittany	JR-3	East Carolina	DQ	-

Finals: Heat #4 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	1	TUCKER, ERIN	SR	Unattached	8.38	-
2	2	Knight, Morgan	SO-2	N. Carolina A&T	8.38	-
3	6	Juhasz, Lilla	JR-3	Campbell	8.54	-
4	9	Dixon, Natisha	SO-2	North Carolina	8.56	-
5	27	Hearn, Tianna	JR-3	North Florida	9.22	-
6	36	Campbell, Mikaela	SO-2	High Point	9.45	-
7	43	Cianfarini, Haley	SO-2	High Point	9.69	-
8	55	Hallman, Neely	JR-3	Emmanuel (Ga.)	11.66	-

Finals: Heat #5 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	17	Parks, Milan	FR-1	South Carolina	8.72	-
2	25	Miller, Jazmine		Unattached	9.09	-
3	32	Cube, Jeanna	SO-2	UNC Pembroke	9.41	-
4	35	Hall, Kristin	FR-1	North Carolina	9.43	-
5	41	Lemmons, Jaida	FR-1	Duke	9.63	-
6	47	Bridges, Erika	JR-3	High Point	9.74	-
7	51	Kirkpatrick, Sara Katherine	SR-4	High Point	10.68	-
8	53	McCullough, Symone	SO-2	Virginia State	11.55	-

Finals: Heat #6 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	8	Belle, Tia-Adana	JR-3	St. Augustine's	8.55	-
2	21	Ellick, Tiffany	JR-3	N. Carolina A&T	8.91	-

3	29	Chapman, Sha	FR-1	Winston-Salem St.	9.26	-
4	37	Schiro, Ashlynn	SO-2	High Point	9.53	-
5	39	Westerholm, Jennifer	SR-4	Christopher Newport	9.58	-
6	40	Allison, Deborah	SO-2	Va. Military Institute	9.61	-
7	44	Chandler, Domonique	FR-1	Winston-Salem St.	9.70	-
		Ro, Mystique	SR-4	Queens (N.C.)	DNF	-

Finals: Heat #7 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	3	Cockrell, Anna	SR	Unattached	8.41	-
2	10	Oluwole, Funlayo	FR-1	South Carolina	8.58	-
3	11	Griffin, Sydney	SR-4	Elon	8.60	-
4	22	Ghaffar, Aminah	JR-3	East Carolina	8.91	-
5	26	Hall, Shakera	JR-3	St. Augustine's	9.13	-
6	34	Mayse, Ramira	SO-2	UNC-Wilmington	9.43	-
7	38	Stephens, Kristen	FR-1	East Carolina	9.55	-
8	56	Blais, Caitlyn	FR-1	Pfeiffer	12.00	-

Finals: Heat #8 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	12	Hutchinson, Cheyenne	SR-4	East Carolina	8.61	-
2	19	Johonnot, Karli	SR-4	Duke	8.81	-
3	20	Roberts, Hunter	JR-3	Wake Forest	8.90	-
4	30	Ruff, Kaylah	FR-1	Coker	9.36	-
5	31	Bonham, Rachel	SO-2	Winston-Salem St.	9.40	-
6	48	Bingham, Erin	JR-3	Lees-McRae	9.77	-
7	50	George, Ashley	FR-1	Emmanuel (Ga.)	10.52	-
8	52	Cadeau, Christeline	JR-3	Virginia State	10.98	-

Men's 4 x 400m Relay

Finals: Heat #1

	Overall	Name	Year	Team	Time	Score
1	1	,		G.W.Express/Nike	3:41.61	-
2	2	,		South Carolina	3:47.23	-
3	4	,		North Carolina	3:54.61	-
4	7	,		Winston-Salem St.	4:00.37	-

Finals: Heat #2 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	3	,		Elon	3:53.59	-
2	5	,		Virginia State	3:56.92	-
3	8	,		Campbell	4:01.47	-
4	10	,		Bethune-Cookman	4:05.31	-
5	13	,		UNC-Wilmington	4:11.08	-
6	14	,		Christopher Newport	4:13.92	-

Finals: Heat #3 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	6	,		N.C. Central	3:59.02	-
2	9	,		Coastal Carolina	4:03.84	-
3	15	,		High Point	4:14.14	-

Finals: Heat #4 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	11	,		Va. Military Institute	4:08.79	-
2	12	,		Coker	4:10.60	-
3	16	,		Wingate	4:16.67	-
4	17	,		UNC-Greensboro	4:45.55	-
5	18	,		Emmanuel (Ga.)	4:46.71	-

Men's 4,000m Distance Medley

Finals: Heat #1

	Overall	Name	Year	Team	Time	Score
1	1	,		Virginia Tech	11:40.55	-
2	2	,		North Carolina	12:05.51	-
3	3	,		Campbell	12:18.11	-
4	4	,		Va. Military Institute	12:39.13	-
5	5	,		Christopher Newport	12:39.42	-
6	7	,		East Tenn. St.	13:00.46	-
7	9	,		Winston-Salem St.	13:05.74	-

Finals: Heat #2 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	6	,		Washington and Lee	12:56.50	-
2	8	,		N. Carolina A&T	13:03.68	-
3	10	,		High Point	13:10.86	-
4	11	,		Belmont Abbey	13:32.58	-
5	12	,		Eastern Mennonite	13:42.21	-
6	13	,		Emmanuel (Ga.)	13:55.36	-
7	14	,		UNC-Greensboro	14:24.92	-

Men High Jump

all	Name	Year	Team	Height	Score	1.50	1.55	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84
	Theisen-Eaton, Brianne		Camel City Elite	1.84m	-	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XO	XO	XO	XO
	Greene, Nicole	FR-1	North Carolina	1.78m	-	PPP	PPP	PPP	PPP	PPP	PPP	O	XO	O	XXX	
	Florent, Alexandria	FR-1	Wake Forest	1.69m	-	PPP	PPP	PPP	PPP	XO	O	XXX				
	Kirschling, Megan	SR-4	Elon	1.69m	-	PPP	O	O	XO	PPP	O	XXX				
	Morrison, Quamecha	FR-1	Bethune-Cookman	1.69m	-	PPP	O	O	XXO	O	XO	XXX				
	Morrow, Madeline	SR-4	Duke	1.69m	-	PPP	PPP	O	O	O	XXO	XXX				
	Young, Alyssa	SO-2	North Florida	1.66m	-	PPP	XO	O	XO	O	XXX					
	Simpson, Latesha	SR-4	Coastal Carolina	1.66m	-	O	O	PPP	PPP	XO	XXX					
	Ellis, Alexandra	FR-1	North Florida	1.63m	-	O	O	XO	XO	XXX						
	Wilshire, Vanisha	FR-1	Wingate	1.60m	-	PPP	PPP	O	XXX							

Fulton, Emily SO-2 Va. Military Institute NH - XXX

Women Pole Vault Elite

all	Name	Year	Team	Height	Score	3.36	3.51	3.66	3.81	3.96	4.11	4.26	4.41	4.51	4.56	4.61	4.66
	Nageotte, Katie	SR	Unattached	4.61m	-	PPP	PPP	PPP	PPP	PPP	PPP	XO	O	PPP	PPP	XXO	
	Gergel, Melissa		Unattached	4.11m	-	PPP	PPP	PPP	PPP	PPP	O	XXX					
	White, Sydney	SR-4	Wake Forest	3.96m	-	PPP	PPP	PPP	O	O	XXX						
	McDonald, Alina		Unattached	3.96m	-	PPP	O	O	O	O	XXX						
	Ward, Chesney	SR	Unattached	3.81m	-	PPP	O	XO	XO	XXX							
	Kroger, Emma	JR-3	Coastal Carolina	3.66m	-	O	O	O	XXX								
	Barnes, Amanda	SR	Unattached	3.66m	-	O	O	O	XXX								
	Kempski, Tesia	FR-1	Wake Forest	3.66m	-	PPP	O	O	XXX								
	Kessler, Ashley	SR-4	East Tenn. St.	3.36m	-	XXO	XXX										
	Adair, Katie	SR-4	Wake Forest	NH	-	XXX											

Women Long Jump

all	Name	Year	Team	Distance	Score	5.79m	5.70m	5.56m	5.61m	FOUL	6.23
1	Brooks, Shakinah	JR-3	St. Augustine's	6.23m	-	5.79m	5.70m	5.56m	5.61m	FOUL	6.23
2	Boyd, Alitta		Unattached	5.91m	-	5.62m	5.64m	5.79m	5.49m	5.91m	FOU
3	Johnson, Tristine		Basics TC	5.87m	-	5.74m	FOUL	FOUL	FOUL	5.87m	FOU
4	Uhunmwangho, Amenze	SR-4	St. Augustine's	5.63m	-	5.43m	5.46m	5.63m	5.35m	FOUL	5.24
4	Johonnot, Karli	SR-4	Duke	5.63m	-	5.12m	5.63m	5.44m	5.14m	5.60m	5.16
5	Murphy, Sydnei	FR-1	Duke	5.61m	-	5.55m	5.61m	5.61m	FOUL	5.58m	4.46
7	Oliver, Imani	SR	Unattached	5.47m	-	5.47m	FOUL	5.31m	FOUL	FOUL	FOU
3	Bryant, Brittany	JR-3	East Carolina	5.46m	-	FOUL	5.46m	5.37m	5.39m	FOUL	5.42
3	Al-Bayyinah, Amirah	SR-4	Coastal Carolina	5.41m	-	FOUL	FOUL	5.41m			
0	Collins, Amy	JR-3	Wake Forest	5.37m	-	5.16m	5.27m	5.37m			
1	McGhee, Imani	SO-2	N. Carolina A&T	5.36m	-	5.36m	FOUL	5.20m			
2	Walker, Olivia	FR-1	East Carolina	5.32m	-	5.11m	5.32m	5.18m			
3	Prince, Tunisia	SO-2	Mount Olive	5.31m	-	5.31m	5.23m	5.30m			
3	Stacey, Jamie	FR-1	East Carolina	5.31m	-	5.31m	5.00m	4.80m			
3	Abraham, Carrie	JR-3	Elon	5.31m	-	5.31m	FOUL	5.31m			
6	Allen, Sabina	SO-2	Campbell	5.29m	-	5.29m	5.25m	5.10m			
7	Ellis, Zoe	JR-3	N.C. Central	5.28m	-	5.17m	5.28m	5.20m			
8	Lee, Dana	JR-3	Washington and Lee	5.27m	-	5.27m	5.16m	FOUL			
9	Laws, Lydia	SO-2	Elon	5.26m	-	5.15m	5.20m	5.26m			
0	Cefalo, Courtney	FR-1	UNC-Wilmington	5.23m	-	FOUL	FOUL	5.23m			
1	Easley, Timia	SO-2	East Tenn. St.	5.20m	-	5.08m	5.20m	5.09m			
2	McClain, Mia	SO-2	Va. Military Institute	5.16m	-	4.82m	5.04m	5.16m			
3	Miles, Courtney	FR-1	East Carolina	5.09m	-	5.09m	4.87m	4.79m			
3	Gregory, Amanda	JR-3	High Point	5.09m	-	4.89m	5.09m	5.00m			
5	Kinloch, Mikayla	SR-4	UNC-Wilmington	5.05m	-	4.95m	4.86m	5.05m			
6	Anderson, Bria	SO-2	Va. Military Institute	5.04m	-	FOUL	5.04m	FOUL			
7	Lemmons, Jaida	FR-1	Duke	5.00m	-	4.96m	4.89m	5.00m			
7	Westbrook, Atlanta		Unattached	5.00m	-	5.00m	4.83m	4.69m			
9	Mills, Tiana	JR-3	Carson-Newman	4.98m	-	FOUL	4.98m	4.78m			

9	Ellick, Tiffany	JR-3	N. Carolina A&T	4.98m	-	FOUL	4.98m	4.69m
1	Wilshire, Vanisha	FR-1	Wingate	4.97m	-	4.97m	4.89m	4.85m
2	spivey, carlisa		Unattached	4.95m	-	4.95m	4.57m	4.81m
3	Panton, Domanique	FR-1	Duke	4.93m	-	4.93m	4.79m	4.81m
4	Mckay, Shenelle	JR-3	Campbell	4.91m	-	4.91m	4.80m	4.80m
4	Carr, Alyn	JR-3	High Point	4.91m	-	4.76m	4.91m	FOUL
6	Reid, Deonica	FR-1	Campbell	4.90m	-	4.60m	4.46m	4.90m
7	Terry, Jenele	FR-1	Winston-Salem St.	4.89m	-	4.89m	4.61m	4.83m
8	Jenkins, Jaszlyn	SR-4	Campbell	4.85m	-	4.85m	4.64m	4.46m
9	Holmes, Veneshia	SR-4	Coastal Carolina	4.80m	-	2.65m	FOUL	4.80m
0	Rolle, Valencia	SO-2	Bethune-Cookman	4.72m	-	4.51m	4.63m	4.72m
1	Smith, Kennedy	SO-2	Va. Military Institute	4.67m	-	FOUL	4.67m	4.66m
2	Norris, Jessica	SR-4	Milligan	4.53m	-	FOUL	4.45m	4.53m
3	Kittrell, Oksana	SO-2	Eastern Mennonite	4.44m	-	FOUL	4.19m	4.44m

Men Triple Jump

all	Name	Year	Team	Distance	Score						
.	Oliver, Imani	SR	Unattached	13.06m	-	13.02m	13.06m	12.69m	12.92m	12.70m	FOUL
!	Al-Bayyinah, Amirah	SR-4	Coastal Carolina	12.56m	-	FOUL	12.13m	12.56m	12.10m	FOUL	12.02m
!	Johnson, Tristine		Basics TC	12.42m	-	FOUL	FOUL	12.42m	11.86m	FOUL	12.10m
!	Boyd, Alitta		Unattached	12.25m	-	FOUL	FOUL	12.25m	11.79m	FOUL	FOUL
!	Abraham, Carrie	JR-3	Elon	11.91m	-	10.98m	11.38m	FOUL	11.35m	FOUL	11.91m
!	Ellis, Zoe	JR-3	N.C. Central	11.79m	-	FOUL	11.79m	FOUL			
'	Brown, Summer	SR-4	Bethune-Cookman	11.63m	-	FOUL	11.54m	11.63m	FOUL	11.58m	11.56m
!	Jenkins, Jaszlyn	SR-4	Campbell	11.54m	-	11.10m	FOUL	11.39m	FOUL	FOUL	11.54m
!	Naules, Kelila	SR-4	Coastal Carolina	11.35m	-	11.32m	FOUL	11.35m			
0	Uhunmwangho, Amenze	SR-4	St. Augustine's	11.33m	-	11.31m	10.97m	11.33m			
1	Holmes, Veneshia	SR-4	Coastal Carolina	11.20m	-	10.89m	11.20m	10.99m			
2	Dunlap, Natalya	FR-1	N.C. Central	11.18m	-	10.67m	11.18m	10.93m			
3	Ellick, Tiffany	JR-3	N. Carolina A&T	11.17m	-	FOUL	FOUL	11.17m			
4	Mills, Tiana	JR-3	Carson-Newman	11.16m	-	11.06m	11.16m	10.65m			
5	Wamer, Victoria	FR-1	Wingate	11.01m	-	FOUL	10.97m	11.01m			
6	Murphy, Talicia	SO-2	Coker	11.01m	-	FOUL	11.01m	10.73m			
7	Brown, Dreyona	FR-1	Wingate	10.96m	-	FOUL	10.87m	10.96m			
8	Stephens, Kristen	FR-1	East Carolina	10.91m	-	10.91m	FOUL	10.55m			
9	Wilshire, Vanisha	FR-1	Wingate	10.88m	-	10.88m	10.32m	10.32m			
0	Thomas, Brenea	FR-1	Va. Military Institute	10.82m	-	10.82m	FOUL	FOUL			
1	Coyle, Jayna	JR-3	Elon	10.74m	-	10.74m	10.55m	FOUL			
2	Stacey, Jamie	FR-1	East Carolina	10.71m	-	FOUL	FOUL	10.71m			
3	Anderson, Bria	SO-2	Va. Military Institute	10.70m	-	FOUL	FOUL	10.70m			
4	Briscoe, Tnaja	JR-3	Virginia State	10.69m	-	10.44m	10.69m	10.25m			
5	Miles, Courtney	FR-1	East Carolina	10.66m	-	FOUL	10.66m	FOUL			
6	Watson, Jamilah	SR-4	Queens (N.C.)	10.56m	-	FOUL	10.56m	FOUL			
7	Kittrell, Oksana	SO-2	Eastern Mennonite	10.55m	-	10.55m	10.40m	FOUL			
8	Norris, Jessica	SR-4	Milligan	10.55m	-	10.34m	10.35m	10.55m			
9	Coleman, Arianna	FR-1	High Point	10.48m	-	9.46m	10.31m	10.48m			
0	Smith, Teshlyn	JR-3	Winston-Salem St.	10.48m	-	FOUL	10.48m	FOUL			
1	Westerholm, Jennifer	SR-4	Christopher Newport	10.15m	-	10.15m	9.90m	10.00m			
2	Prior, Kayla	SR-4	Elon	9.95m	-	9.72m	9.95m	9.92m			

McGhee, Imani	SO-2	N. Carolina A&T	FOUL	-	FOUL	FOUL	FOUL
Westbrook, Atlanta		Unattached	FOUL	-	FOUL	FOUL	FOUL
Handley, Alyssa	SO-2	Wingate	FOUL	-	FOUL	FOUL	FOUL
Smith, Kennedy	SO-2	Va. Military Institute	FOUL	-	FOUL	FOUL	FOUL

Men Shot Put

all	Name	Year	Team	Distance	Score						
1	Harrell, Urina	JR-3	Duke	14.07m	-	12.32m	13.87m	14.07m	12.71m	13.49m	13.26m
2	Vahoua, Andrea	SO-2	Wake Forest	13.31m	-	13.20m	12.23m	12.36m	FOUL	12.50m	13.31m
3	Theisen-Eaton, Brianne		Camel City Elite	13.04m	-	13.04m	12.98m	12.99m	FOUL	FOUL	FOUL
4	Sawyer, Phontavia	FR-1	Virginia State	12.86m	-	FOUL	12.86m	FOUL	12.83m	FOUL	12.39m
5	White, Akassja	FR-1	Bethune-Cookman	12.76m	-	FOUL	12.26m	12.03m	12.64m	12.38m	12.76m
6	Bremel, Amarie	SO-2	Duke	12.56m	-	FOUL	12.23m	12.56m	FOUL	12.36m	12.17m
7	Dickerson, Alexis	SO-2	UNC-Wilmington	12.54m	-	11.93m	FOUL	11.91m	12.09m	12.54m	11.68m
8	Sirmon, Catoria	JR-3	Bethune-Cookman	12.31m	-	12.31m	12.25m	FOUL	FOUL	12.02m	FOUL
9	Holland, Majayla	SO-2	Elon	11.97m	-	FOUL	11.97m	11.88m	FOUL	FOUL	FOUL
10	Wallace-Oneal , Lyssa	SO-2	Winston-Salem St.	11.90m	-	11.69m	11.90m	11.12m			
11	Miller, Samantha	JR-3	North Carolina	11.60m	-	11.47m	11.51m	11.60m			
12	Cooke, Alexandria	FR-1	North Carolina	11.60m	-	11.60m	10.79m	FOUL			
13	Cortese, Samantha	SR-4	Emmanuel (Ga.)	11.58m	-	10.79m	11.42m	11.58m			
14	Warren, Breanna	JR-3	Elon	11.57m	-	FOUL	11.57m	11.42m			
15	Jones, Tyesha	SR-4	East Tenn. St.	11.47m	-	11.00m	11.47m	11.04m			
16	Dickens, Demetria	SR-4	N. Carolina A&T	11.46m	-	11.46m	11.14m	10.93m			
17	Thompson, Dacia	SR-4	Queens (N.C.)	11.40m	-	11.29m	11.40m	FOUL			
18	Abraham, Imani	SO-2	N. Carolina A&T	11.40m	-	11.40m	FOUL	FOUL			
19	Summerour, Tanisha	JR-3	Emmanuel (Ga.)	11.39m	-	11.06m	11.39m	11.32m			
20	Dortch, Tamiya	SO-2	St. Augustine's	11.37m	-	11.37m	11.07m	FOUL			
21	Holmes-Digiovine, Makenzi	SO-2	High Point	11.30m	-	10.23m	11.19m	11.30m			
22	Quick, Tiffany	FR-1	Va. Military Institute	11.07m	-	11.07m	10.41m	10.36m			
23	Bush, Tychina	FR-1	Bethune-Cookman	10.96m	-	10.96m	10.50m	FOUL			
24	Johnston, Elizabeth	JR-3	Va. Military Institute	10.91m	-	10.91m	10.68m	10.16m			
25	Kale, Khadijah	SO-2	Mount Olive	10.70m	-	10.70m	FOUL	10.41m			
26	Tucker, Athanette	SO-2	Wingate	10.65m	-	10.55m	10.60m	10.65m			
27	Fox, Ella	JR-3	Queens (N.C.)	10.49m	-	FOUL	FOUL	10.49m			
28	Kiszenia, Nicole	FR-1	North Carolina	10.41m	-	10.41m	FOUL	FOUL			
29	Ketchum, ChyAnn	SO-2	Pfeiffer	10.39m	-	FOUL	9.92m	10.39m			
30	Pullen, Alexsys	JR-3	Virginia State	10.26m	-	9.05m	10.05m	10.26m			
31	Reel, En'Joneah	FR	Unattached	10.22m	-	8.71m	10.22m	FOUL			
32	Wray, Makeena	FR-1	Wingate	10.16m	-	FOUL	10.16m	FOUL			
33	Sutton, Briana	SO-2	Christopher Newport	10.15m	-	9.73m	10.09m	10.15m			
34	Benfield, Becca	JR-3	Guilford	10.10m	-	9.54m	10.10m	FOUL			
35	Hinson, Hannah	FR-1	Wingate	10.05m	-	FOUL	10.05m	FOUL			
36	Kirkpatrick, Sara Katherine	SR-4	High Point	9.39m	-	9.39m	FOUL	FOUL			
37	McCarthy, Alanna	SO-2	Mount Olive	9.37m	-	FOUL	9.37m	FOUL			
38	Edwards, Logan	SR-4	Va. Military Institute	9.32m	-	9.32m	FOUL	FOUL			
39	Asbury, Jessica	JR-3	Pfeiffer	9.25m	-	9.25m	FOUL	FOUL			
40	Waters, Rikera	SO-2	Winston-Salem St.	9.23m	-	FOUL	9.23m	FOUL			
41	Sanchez, Desenais	FR-1	Belmont Abbey	8.77m	-	8.77m	FOUL	FOUL			

2	Thomas, Zuri	JR-3	Wingate	8.74m	-	FOUL	FOUL	8.74m
3	McMichael, Tamara	SO-2	Coker	8.45m	-	FOUL	FOUL	8.45m
4	Providence, Vanessa	FR-1	Bethune-Cookman	8.35m	-	8.35m	FOUL	FOUL
5	Borders, Daisy	FR-1	Davidson	6.90m	-	6.90m	FOUL	FOUL
	Bowman, Jazmine	JR-3	N.C. Central	FOUL	-	FOUL	FOUL	FOUL

Men Weight Throw

all	Name	Year	Team	Distance	Score						
.	Campbell, Amber		Unattached	23.58m	-	FOUL	19.02m	23.05m	23.20m	23.58m	23.41m
!	Ishmar, Raqurra	SR-4	East Carolina	18.90m	-	18.26m	FOUL	18.90m	FOUL	FOUL	FOUL
!	Padgett, Kayla	SR-4	East Carolina	18.56m	-	15.98m	16.63m	FOUL	18.56m	18.39m	17.51m
!	Hicks, Alva	FR-1	Wake Forest	18.44m	-	17.74m	FOUL	17.19m	FOUL	FOUL	18.44m
!	Baker, Mohogany	SO-2	East Carolina	18.21m	-	17.46m	17.00m	16.69m	18.21m	18.10m	17.81m
!	Cooke, Alexandria	FR-1	North Carolina	17.83m	-	17.31m	17.83m	FOUL	17.62m	17.03m	FOUL
'	Vahoua, Andrea	SO-2	Wake Forest	17.61m	-	FOUL	17.61m	FOUL	16.96m	FOUL	16.41m
!	Williams, Jocelyn	SR	Unattached	17.12m	-	16.24m	15.24m	15.74m	FOUL	FOUL	17.12m
!	Schnuck, Jamie	JR-3	High Point	16.52m	-	16.52m	FOUL	15.24m	15.42m	14.98m	14.41m
0	Howard, Casidy	SR-4	Wake Forest	16.08m	-	16.08m	15.87m	15.85m			
1	Williams, Kierstin	JR-3	South Carolina	15.29m	-	FOUL	14.76m	15.29m			
2	Edwards, Logan	SR-4	Va. Military Institute	15.01m	-	14.10m	14.44m	15.01m			
3	Vukajlovic, Stefani	FR-1	Duke	14.73m	-	14.73m	14.03m	13.96m			
4	Thomas, Makena	SR	Unattached	14.40m	-	14.40m	13.57m	FOUL			
5	Thomas, Zuri	JR-3	Wingate	14.28m	-	14.28m	FOUL	FOUL			
6	Daye, Onya	SR-4	UNC Pembroke	14.16m	-	14.07m	14.16m	FOUL			
7	Cardoso, Jovan	SR-4	Queens (N.C.)	14.12m	-	FOUL	13.86m	14.12m			
8	Jones, Tyesha	SR-4	East Tenn. St.	14.12m	-	14.12m	FOUL	FOUL			
9	O'Grady, Briana	JR-3	Elon	14.04m	-	FOUL	14.04m	13.00m			
0	Tucker, Athanette	SO-2	Wingate	13.79m	-	FOUL	13.79m	FOUL			
1	Dickens, Demetria	SR-4	N. Carolina A&T	13.71m	-	FOUL	FOUL	13.71m			
2	Thompson, Dacia	SR-4	Queens (N.C.)	13.68m	-	13.68m	FOUL	FOUL			
3	Layko, Samantha	FR-1	Coastal Carolina	13.62m	-	12.73m	FOUL	13.62m			
4	Kiszenia, Nicole	FR-1	North Carolina	13.18m	-	13.18m	12.51m	FOUL			
5	Miller, Samantha	JR-3	North Carolina	13.15m	-	13.15m	12.77m	FOUL			
6	Pallini, Caroline	SO-2	Coastal Carolina	13.09m	-	13.09m	FOUL	12.49m			
7	Abraham, Imani	SO-2	N. Carolina A&T	13.04m	-	13.04m	FOUL	FOUL			
8	Holmes-Digiovine, Makenzi	SO-2	High Point	12.93m	-	12.93m	FOUL	FOUL			
9	Poppe, Nichole	JR-3	Mount Olive	12.82m	-	FOUL	12.82m	FOUL			
0	Wray, Makeena	FR-1	Wingate	12.69m	-	FOUL	12.69m	12.11m			
1	Bowman, Jazmine	JR-3	N.C. Central	12.60m	-	FOUL	FOUL	12.60m			
2	Sirmon, Catoria	JR-3	Bethune-Cookman	12.18m	-	FOUL	12.18m	FOUL			
3	Bremel, Amarie	SO-2	Duke	12.13m	-	12.13m	FOUL	FOUL			
4	Bush, Tychina	FR-1	Bethune-Cookman	11.64m	-	11.64m	FOUL	FOUL			
5	White, Akassja	FR-1	Bethune-Cookman	11.57m	-	11.57m	FOUL	FOUL			
6	Johnston, Elizabeth	JR-3	Va. Military Institute	11.03m	-	11.03m	FOUL	FOUL			
7	Ketchum, ChyAnn	SO-2	Pfeiffer	10.90m	-	FOUL	10.90m	FOUL			
8	McCarthy, Alanna	SO-2	Mount Olive	10.73m	-	10.73m	FOUL	FOUL			
9	Kale, Khadijah	SO-2	Mount Olive	10.48m	-	10.48m	FOUL	FOUL			
0	Quick, Tiffany	FR-1	Va. Military Institute	10.19m	-	FOUL	10.19m	FOUL			
	Hinson, Hannah	FR-1	Wingate	FOUL	-	FOUL	FOUL	FOUL			