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## Jn Garden Invitational

Date: 01/30-01/31/15 Venue: JDL Fast Track - Winston-Sa

men's Compiled Results 
[100m](#) [150m](#) [200m](#) [200m](#) [400m](#) [800m](#) [800m](#) [1 Mile](#) [1 Mile](#) [3000m](#) [3000m](#) [5000m](#) [60H](#) [4x4](#) [4000DMR](#) [HJ](#) [PV](#) [PV](#) [LJ](#) [TJ](#) [SP](#) [Weight](#)

men 60m Dash

Finals: 

	Overall	Name	Year	Team	Time	Score
1	1	Brookins, LaKaya		Speed Elite	7.52	-
2	2	Covington, Raven	JR-3	Winston-Salem St.	7.56	-
3	3	Barker, Latrese	SR-4	N. Carolina A&T	7.60	-
4	4	Williams, Keturah	JR-3	East Tenn. St.	7.71	-
5	5	Hampton, Ty-Leah	FR-1	Winston-Salem St.	7.73	-
6	6	Johnson, Brenicke	JR-3	USC Upstate	7.75	-
7	7	Simpson, Latesha	JR-3	Coastal Carolina	7.83	-

Semifinals: Heat #1 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	3	Barker, Latrese	SR-4	N. Carolina A&T	7.69	
2	6	Johnson, Brenicke	JR-3	USC Upstate	7.73	
3	9	Girardeau, Darlene	SO-2	N.C. Central	7.76	
4	10	Jackson, Cam'ree	JR-3	FIU	7.79	
5	18	Spikes, Lakeisha		Unattached	7.91	
6	20	Tolliver, Semaj	JR-3	USC Upstate	7.92	
7	28	Mangum, Krista	SR-4	UNC-Wilmington	8.06	

Semifinals: Heat #2 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	2	Covington, Raven	JR-3	Winston-Salem St.	7.61	
2	7	Williams, Keturah	JR-3	East Tenn. St.	7.74	
3	8	Hampton, Ty-Leah	FR-1	Winston-Salem St.	7.76	
4	12	Michaux, Nya	SR-4	Winston-Salem St.	7.83	
5	14	Fluellen, Phillicia	JR-3	FIU	7.87	
6	23	Pinkney, Isis	FR-1	N.C. Central	7.96	
7	25	Naules, Kelila	JR-3	Coastal Carolina	8.01	
8	25	Alston, Jena	FR-1	St. Augustine's	8.01	

Semifinals: Heat #3 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	4	Cockrell, Anna	JR	Unattached	7.71	
2	5	Simpson, Latesha	JR-3	Coastal Carolina	7.72	
3	11	Williams, J'Den	JR-3	North Carolina St.	7.80	
4	16	Pilgrim, Jasmine	FR-1	Charleston Southern	7.89	

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DirectAthletics

5	18	McNeil, Alexis	SO-2	Mount Olive	7.91
6	24	McNeill, Tajanel	SR-4	Winston-Salem St.	7.99
7	27	Brown, Aerostata	SR-4	Mount Olive	8.02
8	29	Woodburn, Samantha	JR-3	St. Augustine's	8.14

Semifinals: Heat #4 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	1	Brookins, LaKaya		Speed Elite	7.47	
2	13	Irving, Vernetia	JR-3	North Florida	7.84	
3	15	Davis, Chamekea	JR-3	Benedict	7.88	
4	17	Hicks, Shakiyla	SO-2	St. Augustine's	7.90	
5	21	Fordham, Jordan	JR-3	Georgia Southern	7.93	
6	22	Davis, Aluntrea	SO-2	Charleston Southern	7.94	
7	30	Durham, Ruby	SR-4	Coastal Carolina	8.23	

Preliminaries: Heat #1 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	1	Covington, Raven	JR-3	Winston-Salem St.	7.70	
2	11	Williams, J'Den	JR-3	North Carolina St.	7.75	
3	22	Davis, Aluntrea	SO-2	Charleston Southern	7.93	
4	37	Norman, Demisha	SO-2	Charleston Southern	8.09	
5	41	Collins, Katrina	JR-3	Wingate	8.14	
6	61	Amo-Mensah, Eva	JR-3	Barton	8.42	
7	80	Carr, Khadija	SR-4	Guilford	9.23	

Preliminaries: Heat #2 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	1	Girardeau, Darlene	SO-2	N.C. Central	7.70	
2	20	Johnson, Brenicke	JR-3	USC Upstate	7.89	
3	24	Alston, Jena	FR-1	St. Augustine's	7.95	
4	38	Channer, Lauren	FR-1	UNC-Wilmington	8.13	
5	59	Miller, Jazmine	JR-3	Pfeiffer	8.38	
6	76	Nyagwegwe, Makora	SO-2	Eastern Mennonite	8.80	

Preliminaries: Heat #3 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	3	Cockrell, Anna	JR	Unattached	7.72	
2	8	Fordham, Jordan	JR-3	Georgia Southern	7.74	
3	29	Naules, Kelila	JR-3	Coastal Carolina	7.99	
4	31	Carswell, Alaytra	SR-4	Mount Olive	8.02	
5	33	Leake, Noelia	FR-1	Coker	8.05	
6	53	Jackson, Simone	JR-3	Elon	8.26	
7	61	Harris, Ivy	FR-1	Gardner-Webb	8.42	
8	67	Cordray, Manneja	FR-1	UNC-Greensboro	8.50	

Preliminaries: Heat #4 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
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DirectAthletics

1	3	Barker, Latrese	SR-4	N. Carolina A&T	7.72
2	16	Fluellen, Phillicia	JR-3	FIU	7.85
3	17	Fray, Bejai	FR-1	FIU	7.86
4	53	Turner, Bria	JR-3	Elon	8.26
5	64	Parra, Hannah	SR-4	Emory	8.45
6	64	Easley, Timia	FR-1	East Tenn. St.	8.45
7	72	McKinsey, Maya	FR-1	Eastern Mennonite	8.63

Preliminaries: Heat #5 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	34	Dixon, Kandice	JR-3	Embry-Riddle	8.06	
2	43	Kittrell, Breyuana	SR-4	Barton	8.18	
3	43	Funderburk, Fatima	JR-3	UNC Pembroke	8.18	
4	59	Jones, Kaneshia	SR-4	Mount Olive	8.38	
5	63	Gusby, Keiyonna	SO-2	USC Upstate	8.43	
		Coleman, Camryn	JR-3	Georgia Southern	FS	

Preliminaries: Heat #6 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	8	Williams, Keturah	JR-3	East Tenn. St.	7.74	
2	12	McNeil, Alexis	SO-2	Mount Olive	7.78	
3	38	Collins, Aubree	FR-1	East Tenn. St.	8.13	
4	41	Bradley, Courtney	FR-1	USC Upstate	8.14	
5	49	Barker, Leah	FR-1	St. Augustine's	8.22	
6	74	Alston-Butler, Deanna	SO-2	Coker	8.72	
7	78	Newkirk, A'lexus	FR-1	Guilford	9.08	

Preliminaries: Heat #7 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	14	Michaux, Nya	SR-4	Winston-Salem St.	7.82	
2	19	Pilgrim, Jasmine	FR-1	Charleston Southern	7.87	
3	25	Brown, Aerostata	SR-4	Mount Olive	7.96	
4	38	Ro, Mystique	JR-3	Queens (N.C.)	8.13	
5	45	Rorie, Deonna	SO-2	N. Carolina A&T	8.19	
6	51	Adkins, Brittany	SO-2	N.C. Central	8.23	
7	64	Mayse, Ramira	FR-1	UNC-Wilmington	8.45	
8	70	Cianfarini, Haley	FR-1	High Point	8.56	

Preliminaries: Heat #8 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	21	Pinkney, Isis	FR-1	N.C. Central	7.92	
2	36	Hill, Nia	JR-3	Georgia Southern	8.08	
3	49	McElveen, Keyua	SO-2	Wingate	8.22	
4	51	Bingham, Erin	SO-2	Lees-McRae	8.23	

Preliminaries: Heat #9 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
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## DirectAthletics

1	3	Simpson, Latesha	JR-3	Coastal Carolina	7.72
2	25	Tolliver, Semaj	JR-3	USC Upstate	7.96
3	27	Woodburn, Samantha	JR-3	St. Augustine's	7.98
4	35	simpson, savannah	FR	Unattached	8.07
5	45	Anderson, Kyandra	FR-1	Lees-McRae	8.19
6	56	Campbell, Mikaela	FR-1	High Point	8.28
7	68	Reinemund, Chrissy	JR-3	Furman	8.55
8	73	Bates, A'Myrah	JR-3	UNC-Greensboro	8.67

Preliminaries: Heat #10 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	3	Irving, Vernetia	JR-3	North Florida	7.72	
2	8	Jackson, Cam'ree	JR-3	FIU	7.74	
3	27	Mangum, Krista	SR-4	UNC-Wilmington	7.98	
4	57	Carr, Alyn	SO-2	High Point	8.29	
5	58	Celen, Amber	FR-1	Bridgewater (Va.)	8.32	
6	75	Hicks, Shakiyla	SO-2	St. Augustine's	8.74	
7	81	McCreary, Jamie	FR-1	Guilford	9.51	

Preliminaries: Heat #11 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	13	Spikes, Lakeisha		Unattached	7.80	
2	15	Davis, Chamekea	JR-3	Benedict	7.84	
3	23	Staten, Markiara	FR-1	N.C. Central	7.94	
4	47	McGruder-Barbee, Milan	FR-1	Birmingham-Southern	8.20	
5	55	Gregory, Amanda	SO-2	High Point	8.27	
6	77	Perez, Jocelyn	JR-3	Emmanuel (Ga.)	8.94	
7	79	Thomas, Jennifer	JR-3	Guilford	9.12	

Preliminaries: Heat #12 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	3	Hampton, Ty-Leah	FR-1	Winston-Salem St.	7.72	
2	17	McNeill, Tajanel	SR-4	Winston-Salem St.	7.86	
3	30	Durham, Ruby	SR-4	Coastal Carolina	8.01	
4	32	Tolbert, Katrice	FR-1	Wingate	8.03	
5	47	Malloy, Jillian	SR-4	Wingate	8.20	
6	68	Gardner, Alexis	JR-3	UNC-Greensboro	8.55	
7	71	Bullock, Meaisha	JR-3	UNC-Greensboro	8.57	

Women 200m Dash Seeded

Finals: Heat #1 

	Overall	Name	Year	Team	Time	Score
1	1	Farr, Jessica	SR	Unattached	24.89	-
2	2	Shaw, Kelly		G.W.Express/Nike	25.25	-
3	4	Livingston, Ornella	FR-1	St. Augustine's	25.60	-

Finals: Heat #2 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	3	Haye-Smith, Yanique		G.W.Express/Nike	25.59	-
2	5	Akai, Lynette	SR-4	Campbell	26.04	-
3	6	Fordham, Jordan	JR-3	Georgia Southern	26.12	-
4	7	Briggs, Heaven	JR-3	USC Upstate	26.33	-

## Men 200m Dash

Finals: Heat #1 

	Overall	Name	Year	Team	Time	Score
1	2	Michaux, Nya	SR-4	Winston-Salem St.	25.41	-
2	3	Hampton, Ty-Leah	FR-1	Winston-Salem St.	25.50	-
3	4	Ballard, Ashley	SR-4	Shorter	25.51	-
4	5	Girardeau, Darlene	SO-2	N.C. Central	25.57	-
5	12	King, Sharniece	JR-3	FIU	25.92	-

Finals: Heat #2  **UP**

	Overall	Name	Year	Team	Time	Score
1	6	Korn, Electra	SR-4	Emory	25.63	-
2	11	Trapp, Amanda	SO-2	Charleston Southern	25.89	-
3	19	Tolliver, Semaj	JR-3	USC Upstate	26.18	-
4	29	Landy, Christa	JR-3	N.C. Central	26.47	-
5	40	Dixon, Kandice	JR-3	Embry-Riddle	26.84	-

Finals: Heat #3  **UP**

	Overall	Name	Year	Team	Time	Score
1	7	Irving, Vernetia	JR-3	North Florida	25.71	-
2	13	Andrews, Kaliyah	FR-1	Limestone	25.97	-
3	14	Barker, Latrese	SR-4	N. Carolina A&T	26.05	-
4	35	Bradley, Courtney	FR-1	USC Upstate	26.71	-
5	49	Metcalfe, Kristen	FR-1	Embry-Riddle	27.02	-

Finals: Heat #4  **UP**

	Overall	Name	Year	Team	Time	Score
1	1	White, Desmika	SR-4	FIU	25.13	-
2	16	Pryor, Santese	SO-2	N.C. Central	26.11	-
3	38	Funderburk, Fatima	JR-3	UNC Pembroke	26.83	-
4	72	Griffin, Draneisha	SO-2	USC Upstate	28.16	-

Finals: Heat #5  **UP**

	Overall	Name	Year	Team	Time	Score
1	8	Anderson, Kemor	FR-1	Shorter	25.73	-
2	25	McNeil, Alexis	SO-2	Mount Olive	26.42	-
3	30	Pierre, Cassandra	JR-3	UNC-Asheville	26.47	-
4	46	London, April		G.W.Express/Nike	26.99	-

Finals: Heat #6  **UP**

	Overall	Name	Year	Team	Time	Score
1	15	Pilgrim, Jasmine	FR-1	Charleston Southern	26.08	-
2	17	Shields, Lexis	JR-3	FIU	26.11	-
3	20	Crump, Jasmine	FR-1	Shorter	26.23	-
4	21	Woodburn, Samantha	JR-3	St. Augustine's	26.32	-
5	33	Gibson, Argia	SO-2	UNC-Asheville	26.67	-

Finals: Heat #7 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	18	Brooks, Shakinah	SO-2	St. Augustine's	26.16	-
2	43	simpson, savannah	FR	Unattached	26.90	-
3	52	Celen, Amber	FR-1	Bridgewater (Va.)	27.16	-
4	54	Hunter, Ade	FR-1	St. Augustine's	27.17	-
5	66	Cannon, Camaria	JR-3	Embry-Riddle	27.69	-

Finals: Heat #8 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	9	Esposito, Jennifer	JR-3	Elon	25.82	-
2	23	Coleman, Kolisha	SO-2	Charleston Southern	26.40	-
3	34	Yansaneh, Sadia	SO-2	Georgia Southern	26.67	-
4	37	van Dijk, Chelsea	SO-2	Mount Olive	26.79	-
5	50	Jackson, Simone	JR-3	Elon	27.07	-

Finals: Heat #9 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	28	Culbreath, Jocelyn	FR-1	Campbell	26.45	-
2	41	Anderson, Kyandra	FR-1	Lees-McRae	26.85	-
3	42	Barnes, Sharmaine	SR-4	Coastal Carolina	26.88	-
4	56	McElveen, Keyua	SO-2	Wingate	27.23	-
5	63	Turner, Bria	JR-3	Elon	27.54	-

Finals: Heat #10 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	10	Hurrinus, Nikolette	FR-1	Wake Forest	25.87	-
2	22	Davis, Aluntrea	SO-2	Charleston Southern	26.36	-
3	27	Faucette, RoDaijah	SO-2	Winston-Salem St.	26.44	-
4	46	Lorand, Lilla	JR-3	High Point	26.99	-
5	59	Taylor, Briana	FR-1	UNC Pembroke	27.34	-

Finals: Heat #11 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	24	Gladdis, Chasin	SO-2	Georgia Southern	26.42	-
2	31	Wilson, Mia	FR-1	Wake Forest	26.53	-
3	53	Rorie, Deonna	SO-2	N. Carolina A&T	27.17	-
4	64	Ro, Mystique	JR-3	Queens (N.C.)	27.62	-
5	68	Gelbach, Anna	JR-3	UNC-Asheville	27.74	-

Finals: Heat #12 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	39	Channer, Lauren	FR-1	UNC-Wilmington	26.83	-
2	44	Kittrell, Breyuana	SR-4	Barton	26.92	-
3	67	Coleman, Camryn	JR-3	Georgia Southern	27.72	-
4	70	Jobes, Da'Sha	FR-1	Coker	27.81	-
5	73	Thomas, Kaitlyn	FR-1	UNC Pembroke	28.64	-

Finals: Heat #13 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	26	Lindsay, Symone	FR-1	FIU	26.43	-
2	32	Collins, Aubree	FR-1	East Tenn. St.	26.65	-
3	36	Robinson, Alexandria	JR-3	Barton	26.73	-
4	48	Shute, Karmin	FR-1	Birmingham-Southern	27.00	-
5	58	Carswell, Alaytra	SR-4	Mount Olive	27.34	-

Finals: Heat #14 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	45	Collins, Amy	SO-2	Wake Forest	26.95	-
2	60	Williamson, Jalecia		UNAT-Coker	27.49	-
3	62	Goldman, Erica	FR-1	Emory	27.53	-
4	69	Malloy, Jillian	SR-4	Wingate	27.75	-
5	71	Reinemund, Chrissy	JR-3	Furman	28.00	-

Finals: Heat #15 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	51	Ross, Jasmine	SR-4	Winston-Salem St.	27.13	-
2	55	Bingham, Erin	SO-2	Lees-McRae	27.18	-
3	65	McGruder-Barbee, Milan	FR-1	Birmingham-Southern	27.64	-
4	74	McKinsey, Maya	FR-1	Eastern Mennonite	28.74	-

Finals: Heat #16 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	57	Mayse, Ramira	FR-1	UNC-Wilmington	27.27	-
2	61	Brown, Aerostata	SR-4	Mount Olive	27.53	-
		Bell, Alana	FR-1	Embry-Riddle	DQ	-

Women 400m Run

Finals: Heat #1=====

Rank	Overall	Name	Year	Team	Time	Score
1	2	Shaw, Kelly		G.W.Express/Nike	56.33	-
2	5	Haye-Smith, Yanique		G.W.Express/Nike	56.78	-
3	7	Akai, Lynette	SR-4	Campbell	57.70	-

Finals: Heat #2 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
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## DirectAthletics

1	1	Gelibert, Jessica	JR-3	Coastal Carolina	55.93	-
2	3	Green, Christal	SR-4	Coastal Carolina	56.41	-
3	4	Hurley, Camille	SR-4	Coastal Carolina	56.55	-
4	9	Metcalfe, Kristen	FR-1	Embry-Riddle	58.04	-
5	17	Belle, Tia-Adana	SO-2	St. Augustine's	59.26	-

Finals: Heat #3 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	8	Esposito, Jennifer	JR-3	Elon	57.72	-
2	12	Trapp, Amanda	SO-2	Charleston Southern	58.56	-
3	13	Lindsay, Symone	FR-1	FIU	58.85	-
4	34	Stegall, Asha	SO-2	Georgia Southern	1:00.90	-

Finals: Heat #4 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	10	Ballard, Ashley	SR-4	Shorter	58.16	-
2	10	Dunston, Cierra	FR-1	North Carolina	58.16	-
3	19	Landy, Christa	JR-3	N.C. Central	59.77	-
4	31	van Dijk, Chelsea	SO-2	Mount Olive	1:00.81	-
5	62	Briggs, Heaven	JR-3	USC Upstate	1:03.89	-

Finals: Heat #5 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	6	White, Desmika	SR-4	FIU	57.36	-
2	15	Scott, LaQuestis	JR-3	Charleston Southern	59.09	-
3	20	Grimes, Hallie	FR-1	North Florida	59.78	-
4	24	Slaughter, Jaylaan	JR-3	FIU	1:00.06	-
5	47	Balfour, Maya	JR-3	FIU	1:01.87	-

Finals: Heat #6 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	18	Pash, Jennifer	JR-3	Elon	59.57	-
2	22	Coleman, Kolisha	SO-2	Charleston Southern	1:00.02	-
3	30	Davis, Jordan	SO-2	Gardner-Webb	1:00.74	-
4	32	Culbreath, Jocelyn	FR-1	Campbell	1:00.83	-
5	57	Olds, Asia	JR-3	Campbell	1:03.51	-

Finals: Heat #7 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	25	Coopwood, Olivia	SO-2	Coastal Carolina	1:00.13	-
2	43	Gelbach, Anna	JR-3	UNC-Asheville	1:01.50	-
3	59	Fofana, Fanta	JR-3	St. Augustine's	1:03.64	-
		Dye, Daniqua	SO-2	N. Carolina A&T	DNF	-

Finals: Heat #8 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	37	Rhoden, Stephanie	JR-3	Benedict	1:01.01	-



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## DirectAthletics

2	39	Brown, Racheal	FR-1	Campbell	1:01.24	-
3	42	Strachan, Ruddesha	JR-3	Benedict	1:01.39	-
4	56	Thomas, Lovasia	FR-1	N.C. Central	1:03.30	-
		Harris-Quillen, Imani	SO-2	N. Carolina A&T	DNF	-

Finals: Heat #9 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	33	McNeil, Alexis	SO-2	Mount Olive	1:00.87	-
2	40	Fischer, Emily	SR-4	High Point	1:01.25	-
3	52	Perkins, Sarah	JR-3	Gardner-Webb	1:02.50	-
		Christian, Jewel	FR-1	North Carolina	DQ	-
		Hickey, Zoe	SO-2	UNC-Asheville	DNF	-

Finals: Heat #10 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	27	Fugate, Janey	SR-4	Washington and Lee	1:00.33	-
2	28	Cannon, Mylene	SO-2	St. Augustine's	1:00.39	-
3	35	Yansaneh, Sadia	SO-2	Georgia Southern	1:00.93	-
4	64	White, Sierra	JR-3	USC Upstate	1:04.19	-

Finals: Heat #11 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	14	Pryor, Santese	SO-2	N.C. Central	58.94	-
2	29	Levine, Marina	SO-2	Embry-Riddle	1:00.60	-
3	46	Drakeford, Lydia	SO-2	Queens (N.C.)	1:01.78	-

Finals: Heat #12 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	16	Hart, Asia	FR-1	Queens (N.C.)	59.17	-
2	22	Anderson, Kemor	FR-1	Shorter	1:00.02	-
3	45	Nichols, Kayli	FR-1	UNC-Wilmington	1:01.73	-
4	54	Robinson, Gabriella	SO-2	UNC-Wilmington	1:03.05	-
5	55	Hunter, Ade	FR-1	St. Augustine's	1:03.14	-

Finals: Heat #13 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	21	Pierre, Cassandra	JR-3	UNC-Asheville	1:00.01	-
2	26	Robinson, Alexandria	JR-3	Barton	1:00.14	-
3	38	Rodriguez, Zorayda	SR-4	Barton	1:01.19	-
4	49	Crump, Jasmine	FR-1	Shorter	1:01.99	-
5	70	Williams, Brittany	FR-1	Eastern Mennonite	1:04.62	-

Finals: Heat #14 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	36	Yunker , Alyssa	JR-3	North Florida	1:01.00	-
2	41	Ross, Jasmine	SR-4	Winston-Salem St.	1:01.36	-
3	57	Williamson, Jalecia		UNAT-Coker	1:03.51	-

4	77	Holton, Kennedy	FR-1	USC Upstate	1:07.46	-
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Finals: Heat #15 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	48	Taylor, Briana	FR-1	UNC Pembroke	1:01.92	-
2	60	Green, Tiana	SO-2	UNC-Greensboro	1:03.71	-
3	63	Soper, CeAnna	FR-1	High Point	1:03.97	-
4	67	Simpkins, Adia	FR-1	USC Upstate	1:04.44	-

Finals: Heat #16 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	44	Shute, Karmin	FR-1	Birmingham-Southern	1:01.72	-
2	65	Nicely, Shania	FR-1	N.C. Central	1:04.26	-
3	69	Bell, Alana	FR-1	Embry-Riddle	1:04.56	-
4	74	Thomas, Kaitlyn	FR-1	UNC Pembroke	1:06.20	-

Finals: Heat #17 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	50	Smith, Nicki	FR-1	East Tenn. St.	1:02.36	-
2	51	Kittrell, Breyuana	SR-4	Barton	1:02.47	-
3	61	Farroni, Kara	SO-2	Washington and Lee	1:03.86	-
4	80	Brumfield, Chafin	JR-3	Eastern Mennonite	1:09.43	-

Finals: Heat #18 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	66	Amo-Mensah, Eva	JR-3	Barton	1:04.29	-
2	68	Smith, Shannon	FR-1	Furman	1:04.55	-
3	71	Owen, Shauna	SO-2	Furman	1:04.70	-
4	75	Estep, Makayla	FR-1	Lees-McRae	1:06.62	-
5	78	Wenos, Haley	SR-4	UNC-Greensboro	1:08.64	-

Finals: Heat #19 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	53	Boue, Jenna	SO-2	Davidson	1:02.97	-
2	72	Jansen, Ashley	JR-3	Mount Olive	1:04.84	-
3	76	Sullivan, Carolyn	FR-1	Wingate	1:07.28	-

Finals: Heat #20 **↑UP**=====

Rank	Overall	Name	Year	Team	Time	Score
1	73	Stroop, Cole	SR-4	Wingate	1:05.39	-
2	79	Fanney, Sommer	FR-1	Guilford	1:08.81	-
		Thompson, Tara	FR-1	UNC-Asheville	DNF	-

en 800m Run

Finals: Heat #1=====

Rank	Overall	Name	Year	Team	Time	Score
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DirectAthletics

1	1	Smiljanec, Katarina	SR-4	Virginia Tech	2:10.01	-
2	2	Schwede, Lara-Ann	FR-1	Wake Forest	2:12.83	-
3	3	Segrave, Hannah	SO-2	Milligan	2:13.36	-
4	4	Mitchell, Shalonda	JR-3	Virginia Tech	2:14.75	-
5	5	Olsen, Dagmar	FR-1	North Florida	2:15.05	-
6	6	Valdes, Alessandra	JR-3	North Florida	2:15.08	-
7	7	Smith, Isabella	FR-1	North Carolina St.	2:15.76	-
8	8	Philbert, Vanessa	SO-2	North Florida	2:15.78	-
9	9	Charles, Ericka	SR	Unattached	2:16.32	-
10	11	Boatwright, Imani	SO-2	Coastal Carolina	2:16.85	-

Finals: Heat #2 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	10	Williamson, Julie	JR-3	Emory	2:16.60	-
2	13	Behrens, Brigid	JR-3	Davidson	2:17.34	-
3	15	Rieden, Hannah	SO-2	Davidson	2:17.57	-
4	17	Brooks, Amber	SR-4	N.C. Central	2:17.99	-
5	21	Rubino, Kelsie	JR-3	UNC-Asheville	2:20.34	-
6	27	Palm, Hannah	SO-2	Charleston Southern	2:21.55	-
7	29	Sukramani, Natalie	SR-4	Wake Forest	2:21.97	-
8	34	Ocasio, Natalia	SO-2	High Point	2:22.79	-
9	39	Sisson, Ann	SO-2	Furman	2:23.67	-
10	67	Lynch, Cherrisse	SR-4	St. Augustine's	2:35.96	-

Finals: Heat #3 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	12	Morrison, Tametris	FR-1	Winston-Salem St.	2:17.22	-
2	14	Ramsey, Blair	JR	Unattached	2:17.35	-
3	16	Rempel, Megan	FR-1	North Carolina St.	2:17.94	-
4	18	Pierce, Jonnise	JR-3	Benedict	2:19.25	-
5	19	Bozzi, Meredith	JR-3	UNC-Wilmington	2:19.80	-
6	23	Levine, Marina	SO-2	Embry-Riddle	2:20.90	-
7	24	Hamilton, Raven	SO-2	Winston-Salem St.	2:20.97	-
8	25	Watt, Grace	SR-4	Davidson	2:21.15	-
9	26	Coleman, Imani	FR-1	N. Carolina A&T	2:21.24	-
10	28	Stallings, Emily	FR-1	North Florida	2:21.93	-
11	45	Gruber, Ashlyn	JR-3	Davidson	2:25.73	-

Finals: Heat #4 **↑UP**=====

	Overall	Name	Year	Team	Time	Score
1	20	Stump, Elizabeth	SR-4	Bridgewater (Va.)	2:19.81	-
2	22	John, Jenella	SO-2	Benedict	2:20.44	-
3	31	Pallotta, Lisa	JR-3	East Tenn. St.	2:22.62	-
4	32	Hinch, Carolyn	SO-2	East Tenn. St.	2:22.66	-
5	37	Dye, Daniqua	SO-2	N. Carolina A&T	2:23.52	-
6	40	Konnick, Jazmin	JR-3	Emmanuel (Ga.)	2:24.36	-
7	53	Wolfe, Maddie	SO-2	Furman	2:27.71	-
8	57	Henry, Bailee	SO-2	Mount Olive	2:28.99	-

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9	60	Hunt, Syrita	SR-4	N.C. Central	2:29.81	-
10	64	Thomas, LaChelsie	JR-3	Coastal Carolina	2:31.40	-
11	66	Boykin, Kyndal	JR-3	UNC Pembroke	2:31.54	-
12	71	Carswell, Alaytra	SR-4	Mount Olive	2:40.96	-

Finals: Heat #5 **↑UP** 

Rank	Overall	Name	Year	Team	Time	Score
1	38	MCLEOD, Jessica		Unattached	2:23.60	-
2	44	Barbour, Cimone	SR-4	Barton	2:25.61	-
3	46	Yoder, Kaelyn	FR-1	Campbell	2:25.76	-
4	47	Hill, Gabby	JR-3	Emmanuel (Ga.)	2:26.41	-
5	49	Kirkpatrick, Sara Katherine	JR-3	High Point	2:26.90	-
6	50	Willett, Bailey	FR-1	Georgia Southern	2:27.10	-
7	51	McFadden, Summer	SO-2	Queens (N.C.)	2:27.40	-
8	55	Mellman, Emily	JR-3	Bridgewater (Va.)	2:28.36	-
9	63	Lowman, Olivia	SO-2	UNC Pembroke	2:31.15	-
10	65	Mangold, Jaime	SO-2	UNC-Wilmington	2:31.43	-
11	70	Scully, Emily	FR-1	Wingate	2:38.89	-

Finals: Heat #6 **↑UP** 

Rank	Overall	Name	Year	Team	Time	Score
1	33	Cooley, Becca	FR-1	Furman	2:22.69	-
2	35	Brown, Emma	SR	Unattached	2:23.14	-
3	41	Harris-Quillen, Imani	SO-2	N. Carolina A&T	2:24.54	-
4	42	Parker, Erin	SR-4	Bridgewater (Va.)	2:25.02	-
5	43	Rea, Kelsey	SO-2	Campbell	2:25.51	-
6	52	Hauver, Mary Ellen	FR-1	Bridgewater (Va.)	2:27.52	-
7	59	Swann, Mikarla	SR-4	Benedict	2:29.79	-
8	62	Metwalli, Jena	JR	Unattached	2:30.42	-
9	69	Schirch, Juni	JR-3	Eastern Mennonite	2:36.34	-

Finals: Heat #7 **↑UP** 

Rank	Overall	Name	Year	Team	Time	Score
1	30	Ponthiers, Sierra	FR-1	Davidson	2:22.09	-
2	36	Tafoya, Martina	SO-2	Embry-Riddle	2:23.51	-
3	48	Jackson, Amy	FR-1	Wingate	2:26.71	-
4	54	Love, Rebecca	SR-4	Embry-Riddle	2:28.15	-
5	56	Peattie, Regina	SO-2	Coastal Carolina	2:28.67	-
6	58	Evans, Francesca	SO-2	N. Carolina A&T	2:29.22	-
7	61	Long, Leigha	SO-2	Georgia Southern	2:30.31	-
8	68	Smullen, Shauntel	FR-1	Coker	2:36.12	-
		Walker, Valerie	FR-1	UNC-Asheville	DNF	-

Women 800m Run Camel City E

Finals: 

Rank	Overall	Name	Year	Team	Time	Score
1	1	Westaway, Jenna		Camel City Elite	2:04.94	-

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2	2	Wright, Phoebe		Camel City Elite	2:05.06	-
3	3	Thomas, Latavia		Camel City Elite	2:05.51	-
4	4	Green, Hanna	SO-2	Virginia Tech	2:06.62	-
5	5	Lara, Geena		Unattached	2:06.81	-
6	6	Smith, Amanda	SR-4	Virginia Tech	2:07.03	-
7	7	Iyevbele, Kenyetta	SR-4	North Carolina St.	2:10.69	-
8	8	Farber, Lianne	SR-4	North Carolina	2:10.94	-
9	9	Dodge, Blake	FR-1	North Carolina	2:13.69	-
		Salerno, Melissa		Camel City Elite	DNF	-

## Men 1 Mile Run Mellow Mile

Finals: 

	Overall	Name	Year	Team	Time	Score
1	1	Rowbury, Shannon		Camel City Elite	4:22.66	-
2	2	Uceny, Morgan		Camel City Elite	4:30.90	-
3	3	Kampf, Heather		Camel City Elite	4:31.24	-
4	4	Garcia, Stephanie		Camel City Elite	4:33.23	-
5	5	See, Heidi	SR	Camel City Elite	4:34.69	-
6	6	Frazier, Ryen		Unattached	4:41.56	-
7	7	Staker, Ellie	SR-4	Embry-Riddle	4:44.37	-
8	8	Hamilton, Carly	SR-4	Georgia	4:49.27	-
9	9	Morton, Shannon	JR-3	Virginia Tech	4:50.34	-
10	10	Rempel, Karley	JR-3	North Carolina	4:51.39	-
11	11	Whelan, Elizabeth	JR-3	North Carolina	4:54.03	-
12	12	Paddon, Sarah	JR-3	Davidson	4:55.84	-
13	13	Wright, Megan	SR-4	Toledo	4:55.88	-
		Salerno, Melissa		Camel City Elite	DNF	-

## Men 1 Mile Run

Finals: Heat #1 

	Overall	Name	Year	Team	Time	Score
1	1	Johansen, Kimberly	SO-2	Elon	4:55.85	-
2	2	Van Graan, Aynslee	SO-2	Coastal Carolina	4:56.08	-
3	3	Crow, Jacquelyn	FR-1	Furman	4:58.15	-
4	4	Van Graan, Kyla	JR-3	Coastal Carolina	5:01.55	-
5	8	Lazarchick, Kathryn	SO-2	Wake Forest	5:06.26	-
6	11	Blue, Mattie	SO-2	North Carolina	5:09.05	-
7	13	Valdes, Alessandra	JR-3	North Florida	5:10.52	-
8	15	Olsen, Dagmar	FR-1	North Florida	5:11.42	-
9	16	Kroeger, Lizzy		UNA-NCSU	5:11.83	-
10	19	Sutherland, Ashly	SO-2	Converse	5:12.26	-
11	22	Irwin, Alexis	JR-3	North Florida	5:14.05	-
12	23	Radford, Stella	FR-1	North Carolina	5:14.22	-
13	24	Jensen, Eira	JR-3	UNC-Greensboro	5:14.33	-

Finals: Heat #2 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	5	Menden, Olivia	JR-3	Davidson	5:04.64	-

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2	6	Sears, Sarah	FR-1	Davidson	5:05.27	-
3	7	Saayman, Letitia	SR-4	Coastal Carolina	5:05.86	-
4	10	Link, Katy	JR-3	UNC-Greensboro	5:07.85	-
5	12	Rudaswky, Alyssa	FR-1	North Carolina St.	5:10.44	-
6	14	Fisher, Esther	JR-3	North Carolina St.	5:10.93	-
7	17	Brooks, Amber	SR-4	N.C. Central	5:12.04	-
8	25	Brubaker, Ashley	JR-3	Wake Forest	5:14.93	-
9	27	Chappell-Dick, Hannah	JR-3	Eastern Mennonite	5:16.47	-
10	32	Bateson, Vanessa		UNA-NCSU	5:19.61	-
11	34	Brennan, Brigid	FR-1	Elon	5:20.00	-
12	48	Sullivan, Megan		UNA-NCSU	5:26.15	-
13	49	Foshee, Erin	JR-3	North Carolina St.	5:26.59	-
14	57	Weiss, Corey	FR-1	Elon	5:35.58	-

Finals: Heat #3 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	9	Miller, Laura	SO-2	Furman	5:06.61	-
2	18	O'Hea, Caroline	SO-2	North Carolina	5:12.06	-
3	20	Ocasio, Natalia	SO-2	High Point	5:13.05	-
4	21	Velasco, Lauren	FR-1	North Carolina St.	5:13.46	-
5	28	Pallotta, Lisa	JR-3	East Tenn. St.	5:17.04	-
6	30	Peacock, Jena	SR-4	Wingate	5:17.84	-
7	33	Stallings, Emily	FR-1	North Florida	5:19.70	-
8	35	Heisner, Sarah	SO-2	UNC-Asheville	5:20.27	-
9	36	Brown, Emma	SR	Unattached	5:20.30	-
10	37	Fahmy, Sarah	SO-2	Wake Forest	5:20.58	-
11	38	Cortese, Gabby	FR-1	Gardner-Webb	5:21.62	-
12	39	Merritt, Gabrielle	SO-2	Wake Forest	5:22.06	-
13	42	Byrd, Rachel	FR-1	Coastal Carolina	5:23.28	-
14	51	Hamon, Sarah	FR-1	UNC-Wilmington	5:27.75	-
15	54	Neher, Morgan	SO-2	Wingate	5:29.63	-
16	56	Reed, Caroline	FR-1	Furman	5:31.16	-
17	61	Lowman, Olivia	SO-2	UNC Pembroke	5:43.27	-

Finals: Heat #4 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	26	Wright, Meagan		Unattached	5:16.40	-
2	29	Lowe, Maddie	FR-1	UNC-Asheville	5:17.41	-
3	31	Foshee, Deanna		Unattached	5:18.34	-
4	40	Green, Miranda	FR-1	N. Carolina A&T	5:22.64	-
5	41	Johnson, Alyssa	SO-2	Wingate	5:22.76	-
6	43	Foskey, Dakota	JR-3	UNC-Wilmington	5:24.30	-
7	44	Zimmerman, Micalyne	SO-2	Winston-Salem St.	5:25.02	-
8	45	Henry, Bailee	SO-2	Mount Olive	5:25.27	-
9	46	Fofana, Fanta	JR-3	St. Augustine's	5:25.38	-
10	47	Cromley, Amanda	SO-2	UNC-Wilmington	5:25.54	-
11	50	Corbo, Allison	JR	Unattached	5:26.62	-
12	52	Arnold, Liliana	FR-1	Washington and Lee	5:28.48	-
13	53	Griesche, Valerie	FR-1	Wingate	5:28.97	-

14	55	Boykin, Kyndal	JR-3	UNC Pembroke	5:31.14	-
15	58	Knavish, Kylie	FR-1	UNC-Wilmington	5:36.88	-
16	59	Wiggins, Danisha	JR-3	Winston-Salem St.	5:37.61	-
17	60	Castle, Amy	SO-2	UNC-Asheville	5:38.27	-

## Men 3000m Run Camel City E

Finals: 

Rank	Overall	Name	Year	Team	Time	Score
1	1	Praught, Aisha		Camel City Elite	9:03.27	-
2	2	Traynor, Nicol		Camel City Elite	9:07.69	-
3	3	Findley, Kristen		Camel City Elite	9:15.05	-
4	4	LeHardy, Annie	SR-4	North Carolina	9:19.79	-
5	5	Kvartunas, Paige	SR-4	Virginia Tech	9:27.20	-
6	6	Goldkamp, Mary		Camel City Elite	9:29.03	-
7	7	Thompson, Joanna	SR-4	North Carolina St.	9:29.41	-
8	8	Alcorta, Caroline	FR-1	North Carolina	9:30.63	-
9	9	Chojnacky, Mackenzie	SR-4	Toledo	9:30.68	-
10	10	George, Samantha	SO-2	North Carolina St.	9:31.80	-
11	11	Haughey, Sinead	SR-4	Furman	9:33.10	-
12	12	Pease, Sarah		Camel City Elite	9:33.92	-
13	13	Tullis, Brooke	JR-3	Toledo	9:35.56	-
14	14	Buchalski, Allie	SO-2	Furman	9:40.41	-
15	15	Rapp, Sarah	SR-4	Virginia Tech	9:42.31	-
		Graves, Carmen		Camel City Elite	DNF	-
		Paquette, Lauren		Camel City Elite	DNF	-
		Pritt, Emily		UNA-NCSU	DNF	-

## Men 3000m Run

Finals: Heat #1 

Rank	Overall	Name	Year	Team	Time	Score
1	1	Ruck, Kimberly		Unattached	9:35.00	-
2	2	Saayman, Letitia	SR-4	Coastal Carolina	9:45.75	-
3	3	Jones, Samantha	JR-3	Wake Forest	9:47.04	-
4	4	Darling, Kathleen	JR-3	Wake Forest	9:47.16	-
5	5	Allen, Catherine	FR-1	Wake Forest	9:48.46	-
6	6	Koon, Rachel		UNA-NCSU	9:49.57	-
7	7	Van Graan, Kyla	JR-3	Coastal Carolina	9:51.69	-
8	10	Osment, Erin	SR-4	Davidson	9:58.38	-
9	13	Hoer, Laura	SR-4	North Carolina St.	10:09.06	-
10	14	Frontera, Gianna	FR-1	North Carolina St.	10:10.11	-
11	17	Mashburn, Emma	FR-1	Furman	10:18.10	-
12	18	Baker, Elle	SR-4	North Florida	10:18.19	-
13	19	Tinkey, Grace	SO-2	Furman	10:18.24	-

Finals: Heat #2 **↑UP** 

Rank	Overall	Name	Year	Team	Time	Score
1	8	Abrahamson, Ellie	SO-2	Wake Forest	9:56.73	-

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## DirectAthletics

2	9	McBride, Anna	SO-2	Furman	9:57.51	-
3	11	Meyer, Eden	FR-1	North Florida	9:59.02	-
4	12	Enright, Olivia	JR-3	North Carolina St.	9:59.70	-
5	15	Kiplagat , Domtila	FR-1	Winston-Salem St.	10:12.60	-
6	16	Dunne, Emily	JR-3	Elon	10:16.74	-
7	20	Bartolomeo, Rachel		UNA-NCSU	10:19.81	-
8	21	Dalton, Erin	JR-3	UNC-Asheville	10:22.14	-
9	22	Moerk, Hannah	FR-1	Davidson	10:24.00	-
10	24	Gonzalez, Lauren	JR-3	North Florida	10:29.91	-
11	25	Stober, Kaitlin	SR-4	Elon	10:30.37	-
12	27	Seymour, Bryce	FR-1	Furman	10:31.44	-
13	28	Snapp, Kaitlin	JR-3	Elon	10:31.82	-
14	29	Dawe, Haylee	SR-4	Elon	10:31.93	-
15	32	Neher, Morgan	SO-2	Wingate	10:36.46	-
16	36	Irwin, Alexis	JR-3	North Florida	10:39.44	-
17	41	Bains, Sabina	JR-3	Elon	10:51.21	-

Finals: Heat #3 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	23	Peacock, Jena	SR-4	Wingate	10:27.78	-
2	26	Johnson, Alyssa	SO-2	Wingate	10:31.13	-
3	30	Wybersky, Ashley	SR-4	UNC-Wilmington	10:35.02	-
4	31	Kubisiak, Kaylee	SR-4	Bridgewater (Va.)	10:35.50	-
5	33	Cobb, Ali	SR-4	Davidson	10:37.69	-
6	34	Collin, Cozette	SO-2	High Point	10:38.29	-
7	35	Webster, Helen	FR-1	Davidson	10:39.12	-
8	37	Zimmer, Sarah	FR-1	East Tenn. St.	10:42.11	-
9	38	Briggs, Kasey	JR-3	UNC-Asheville	10:47.41	-
10	40	Byrd, Rachel	FR-1	Coastal Carolina	10:50.75	-
11	42	Peoples, Erika	JR-3	High Point	10:51.93	-
12	44	Koning, Karli	FR-1	Georgia Southern	11:01.74	-
13	46	McDonald, Makenzie	JR-3	Bridgewater (Va.)	11:07.57	-
14	47	Schneider, Phoebe	FR-1	UNC-Asheville	11:11.61	-
15	49	Delamer, Megan	SO-2	Queens (N.C.)	11:14.80	-

Finals: Heat #4 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	39	Cates, Claire	JR-3	Gardner-Webb	10:49.11	-
2	43	Ford, Jenna	SO-2	Gardner-Webb	10:53.93	-
3	45	Ross, Aleiyah	SR-4	Embry-Riddle	11:07.03	-
4	48	Burkholder, Madison	SO-2	Charleston Southern	11:12.33	-
5	50	Brengel, Jackie	JR-3	Coastal Carolina	11:19.09	-
6	51	Wiggins, Danisha	JR-3	Winston-Salem St.	11:24.32	-
7	52	Lord, Ashton	SO-2	Georgia Southern	11:28.45	-
8	53	Zimmerman, Micalyne	SO-2	Winston-Salem St.	11:37.54	-
9	54	Smiraglia, Karli	FR-1	UNC-Wilmington	11:39.44	-
10	55	Navarro, Parker	SO-2	UNC-Wilmington	11:45.31	-
11	56	Glenn, Michelle	FR-1	Wingate	11:45.52	-
12	57	Bode, Sarah	SO-2	High Point	11:50.40	-



## Women 5000m Run

Finals: Heat #1 

Rank	Overall	Name	Year	Team	Time	Score
1	1	Christen, Hannah	FR-1	North Carolina	17:26.47	-
2	2	Lehman, Katherine	FR-1	Eastern Mennonite	17:43.77	-
3	3	Astrike-Davis, Emma	FR-1	North Carolina	17:49.37	-
4	4	Borton, Chandler	SO-2	Wake Forest	17:51.79	-
5	5	Hutchens, Victoria	SO-2	East Tenn. St.	18:04.49	-
6	6	Holland, Robyn		Camel City Elite	18:05.54	-
7	7	Schmitz, Lucy	JR-3	Belmont Abbey	18:09.39	-
8	9	Carrier, Macy	FR-1	East Tenn. St.	18:13.18	-
9	10	Trammel, Kristen	SR-4	Mars Hill	18:18.33	-
10	11	Turner, Caroline	SO-2	Davidson	18:24.14	-
11	12	Steffen, Rachel	FR-1	Washington and Lee	18:51.74	-
12	17	Patten, Mackenzie	SR-4	Milligan	19:06.10	-
13	20	Grello, Amber	SO-2	Milligan	19:12.59	-
14	22	Toole, Lindsey	JR-3	Emmanuel (Ga.)	19:43.83	-
		Rutherford, Kylie	FR-1	East Tenn. St.	DNF	-
		Paden, Jolee	JR-3	Eastern Mennonite	DNF	-

Finals: Heat #2  UP 

Rank	Overall	Name	Year	Team	Time	Score
1	8	Viscusi, Jessica	SR-4	Mars Hill	18:09.70	-
2	13	Sheffield, Laurel	FR-1	Davidson	18:55.12	-
3	14	Farnsley, Rebecca	FR-1	Mount Olive	18:57.27	-
4	15	Tardanico, Lea	SO-2	UNC Pembroke	19:00.21	-
5	16	Goodnight, Sarah	SO-2	UNC-Wilmington	19:02.80	-
6	18	Valentine, Kelsey	SO-2	Mount Olive	19:08.75	-
7	19	Falken, Grace	FR-1	Davidson	19:12.47	-
8	21	Buser, Anna	FR-1	Davidson	19:22.46	-
9	23	Fornshell, Savannah	JR-3	UNC Pembroke	19:49.42	-
10	24	Shaw, Emily	JR-3	Mount Olive	19:55.58	-
11	25	Eldridge, Mary	FR-1	Eastern Mennonite	20:15.98	-
12	26	Watkins, Astacia	JR-3	Benedict	20:45.06	-
13	27	Martin, Melanie	JR-3	Converse	20:46.07	-
		Hicks, Meredith	JR-3	UNC-Greensboro	DNF	-
		Orr, Alex	FR-1	Embry-Riddle	DNF	-
		Adkins, Katlyn	SO-2	UNC-Greensboro	DNF	-

## Women 60m Hurdles

Finals: 

Rank	Overall	Name	Year	Team	Time	Score
1	1	Nelvis, Sharika		Camel City Elite	7.95	-
2	2	Manning, Christina		Camel City Elite	8.16	-
3	3	Warren, Hayley	SR	Toronto	8.18	-
4	4	Jones, Kaymarie	SR	Unattached	8.29	-
5	5	Newton, Kendra	SR	Unattached	8.40	-

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6	6	Edgecombe, Demeteria	SR-4	East Tenn. St.	8.43	-
7	7	Cockrell, Anna	JR	Unattached	8.44	-
8	8	Erega, Arna	SR	Unattached	8.61	-

Semifinals: Heat #1 **↑UP**\_\_\_\_\_

Rank	Overall	Name	Year	Team	Time	Score
1	1	Warren, Hayley	SR	Toronto	8.19	
2	14	Roberts, Hunter	SO-2	Wake Forest	8.70	
3	17	Slaughter, Jaylaan	JR-3	FIU	9.00	
4	18	Shields, Lexis	JR-3	FIU	9.03	
5	23	Miller, Jazmine	JR-3	Pfeiffer	9.17	
6	24	Vargas-Sullivan, Cruz	SR-4	Winston-Salem St.	9.19	

Semifinals: Heat #2 **↑UP**\_\_\_\_\_

Rank	Overall	Name	Year	Team	Time	Score
1	2	Nelvis, Sharika		Camel City Elite	8.22	
2	7	Cockrell, Anna	JR	Unattached	8.52	
3	10	Duffus, Ann-Marie		Unattached	8.63	
4	11	Gelibert, Jessica	JR-3	Coastal Carolina	8.69	
5	15	Davis, Christina	SR-4	Coastal Carolina	8.77	
6	16	Hall, Shakera	SO-2	St. Augustine's	8.83	
7	27	Laws, Lydia	FR-1	Elon	9.29	

Semifinals: Heat #3 **↑UP**\_\_\_\_\_

Rank	Overall	Name	Year	Team	Time	Score
1	4	Jones, Kaymarie	SR	Unattached	8.42	
2	5	Newton, Kendra	SR	Unattached	8.43	
3	9	Hurley, Camille	SR-4	Coastal Carolina	8.58	
4	11	Lassiter, Shamia	JR-3	St. Augustine's	8.69	
5	20	Ladson, KeAndrea	SO-2	USC Upstate	9.05	
6	25	Hurley, Kristen	SR-4	Gardner-Webb	9.23	
7	26	Schiro, Ashlynn	FR-1	High Point	9.28	
8	29	Dixon, Emily	FR-1	Elon	9.37	

Semifinals: Heat #4 **↑UP**\_\_\_\_\_

Rank	Overall	Name	Year	Team	Time	Score
1	3	Manning, Christina		Camel City Elite	8.25	
2	6	Edgecombe, Demeteria	SR-4	East Tenn. St.	8.48	
3	7	Erega, Arna	SR	Unattached	8.52	
4	11	Dixon, Natisha	FR-1	North Carolina	8.69	
5	18	Alexander, Nicole	SR-4	East Tenn. St.	9.03	
6	21	Coopwood, Olivia	SO-2	Coastal Carolina	9.12	
7	22	Bingham, Erin	SO-2	Lees-McRae	9.15	
8	28	Mitchell, Kayla	FR-1	UNC-Wilmington	9.32	

Preliminaries: Heat #1 **↑UP**\_\_\_\_\_

Rank	Overall	Name	Year	Team	Time	Score
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## DirectAthletics

1	14	Dixon, Natisha	FR-1	North Carolina	8.72
2	16	Gelibert, Jessica	JR-3	Coastal Carolina	8.88
3	26	Mitchell, Kayla	FR-1	UNC-Wilmington	9.25
4	41	Rasheed, Ashleigh	JR-3	Georgia Southern	9.54
5	47	Kemp, Jayde	FR-1	Pfeiffer	9.79
6	51	Bailey, Meagan	SR-4	USC Upstate	10.10
		Sykes, Destinie	SO-2	USC Upstate	FS
		McNeill, Tajanel	SR-4	Winston-Salem St.	DQ

Preliminaries: Heat #2 **↑UP**\_\_\_\_\_

	Overall	Name	Year	Team	Time	Score
1	2	Warren, Hayley	SR	Toronto	8.18	
2	12	Lassiter, Shamia	JR-3	St. Augustine's	8.66	
3	22	Alexander, Nicole	SR-4	East Tenn. St.	9.10	
4	32	Campbell-Brown, Krishanda	SR-4	Benedict	9.32	
5	33	Corbett, Brittany	FR-1	FIU	9.37	
6	48	Soper, CeAnna	FR-1	High Point	9.80	
7	58	Byl, Merideth	JR-3	Gardner-Webb	10.77	

Preliminaries: Heat #3 **↑UP**\_\_\_\_\_

	Overall	Name	Year	Team	Time	Score
1	8	James, Latoya		G.W.Express/Nike	8.55	
2	17	Davis, Christina	SR-4	Coastal Carolina	8.93	
3	19	Hurley, Kristen	SR-4	Gardner-Webb	9.02	
4	24	Hall, Shakera	SO-2	St. Augustine's	9.12	
5	40	Ro, Mystique	JR-3	Queens (N.C.)	9.53	
6	46	Collins, Amy	SO-2	Wake Forest	9.76	
7	49	Stroop, Cole	SR-4	Wingate	9.84	

Preliminaries: Heat #4 **↑UP**\_\_\_\_\_

	Overall	Name	Year	Team	Time	Score
1	6	Edgecombe, Demeteria	SR-4	East Tenn. St.	8.49	
2	9	Duffus, Ann-Marie		Unattached	8.59	
3	21	Dixon, Emily	FR-1	Elon	9.09	
4	25	Laws, Lydia	FR-1	Elon	9.14	
5	39	Cianfarini, Haley	FR-1	High Point	9.52	
6	50	Cubero, Dez	SO-2	Converse	9.85	
7	56	Estep, Makayla	FR-1	Lees-McRae	10.29	
8	57	May, Katie	FR-1	Milligan	10.47	

Preliminaries: Heat #5 **↑UP**\_\_\_\_\_

	Overall	Name	Year	Team	Time	Score
1	4	Jones, Kaymarie	SR	Unattached	8.46	
2	19	Bingham, Erin	SO-2	Lees-McRae	9.02	
3	31	Vargas-Sullivan, Cruz	SR-4	Winston-Salem St.	9.30	
4	36	Green-Anderson, Halle	JR-3	Embry-Riddle	9.46	
5	43	Campbell, Mikaela	FR-1	High Point	9.66	
6	60	Fray, Bejai	FR-1	FIU	11.02	

Preliminaries: Heat #6 **↑UP**\_\_\_\_\_

	Overall	Name	Year	Team	Time	Score
1	1	Nelvis, Sharika		Camel City Elite	8.14	
2	10	Juhasz, Lilla	SO-2	Campbell	8.60	
3	30	Coopwood, Olivia	SO-2	Coastal Carolina	9.29	
4	35	Evans, Francesca	SO-2	N. Carolina A&T	9.43	
5	37	Turner, Kelsey	SO-2	UNC-Wilmington	9.47	
6	53	Mangum, Krista	SR-4	UNC-Wilmington	10.13	

Preliminaries: Heat #7 **↑UP**\_\_\_\_\_

	Overall	Name	Year	Team	Time	Score
1	4	Newton, Kendra	SR	Unattached	8.46	
2	22	Slaughter, Jaylaan	JR-3	FIU	9.10	
3	42	Mayse, Ramira	FR-1	UNC-Wilmington	9.63	
4	44	Strachan, Andriel	SO-2	Campbell	9.73	
5	59	Johnson, Taylor	JR-3	Georgia Southern	10.98	
6	61	Gusby, Keiyonna	SO-2	USC Upstate	11.12	

Preliminaries: Heat #8 **↑UP**\_\_\_\_\_

	Overall	Name	Year	Team	Time	Score
1	3	Manning, Christina		Camel City Elite	8.36	
2	13	Hurley, Camille	SR-4	Coastal Carolina	8.67	
3	15	Roberts, Hunter	SO-2	Wake Forest	8.76	
4	29	Schiro, Ashlynn	FR-1	High Point	9.28	
5	34	Nichols, Kayli	FR-1	UNC-Wilmington	9.42	
6	45	Mobley-Luke, Rian	SO-2	Georgia Southern	9.74	
7	54	Trice, Kristen	JR-3	Bridgewater (Va.)	10.19	

Preliminaries: Heat #9 **↑UP**\_\_\_\_\_

	Overall	Name	Year	Team	Time	Score
1	7	Cockrell, Anna	JR	Unattached	8.54	
2	11	Erega, Arna	SR	Unattached	8.62	
3	18	Shields, Lexis	JR-3	FIU	8.97	
4	26	Miller, Jazmine	JR-3	Pfeiffer	9.25	
5	28	Ladson, KeAndrea	SO-2	USC Upstate	9.26	
6	38	Clark, Marabeth	FR-1	East Tenn. St.	9.50	
7	52	Parra, Hannah	SR-4	Emory	10.12	
8	55	Cleveland, Ashleigh	FR-1	Gardner-Webb	10.23	

## Men's 4 x 400m Relay

## Finals: Heat #1\_\_\_\_\_

	Overall	Name	Year	Team	Time	Score
1	1	,		Coastal Carolina	3:44.68	-
2	2	,		G.W.Express/Nike	3:47.32	-
3	5	,		Winston-Salem St.	3:53.18	-
4	6	,		St. Augustine's	3:54.10	-
5	12	,		N. Carolina A&T	4:02.18	-

Finals: Heat #2 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	3	,		North Carolina	3:52.00	-
2	4	,		FIU	3:52.35	-
3	7	,		Coastal Carolina	3:55.57	-
4	8	,		Emory	3:56.07	-
5	9	,		Embry-Riddle	3:58.78	-

Finals: Heat #3 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	10	,		N.C. Central	3:59.54	-
2	11	,		North Carolina	4:01.85	-
3	19	,		Mount Olive	4:07.87	-
4	25	,		Furman	4:19.54	-
5	26	,		Embry-Riddle	4:20.03	-

Finals: Heat #4 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	13	,		East Tenn. St.	4:02.89	-
2	14	,		Benedict	4:03.75	-
3	15	,		UNC-Wilmington	4:04.56	-
4	18	,		St. Augustine's	4:06.80	-
5	20	,		Gardner-Webb	4:09.09	-

Finals: Heat #5 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	16	,		Barton	4:04.59	-
2	17	,		East Tenn. St.	4:06.79	-
3	21	,		N.C. Central	4:09.98	-
4	23	,		Washington and Lee	4:11.87	-
5	28	,		Wingate	4:21.80	-
	0	,		UNC-Wilmington	DNF	-

Finals: Heat #6 **↑UP** 

	Overall	Name	Year	Team	Time	Score
1	22	,		Campbell	4:11.75	-
2	24	,		Lees-McRae	4:16.75	-
3	27	,		Eastern Mennonite	4:20.40	-
4	29	,		Emmanuel (Ga.)	4:30.83	-
5	30	,		Emmanuel (Ga.)	4:58.16	-

## Men's 4,000m Distance Medley

Finals: Heat #1 

	Overall	Name	Year	Team	Time	Score
1	2	,		Furman	12:29.70	-

2	8	,	USC Upstate	13:02.67	-
3	9	,	UNC-Asheville	13:05.18	-
4	10	,	Wingate	13:15.20	-
5	12	,	Campbell	13:38.47	-

Finals: Heat #2 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	1	,		Winston-Salem St.	12:16.58	-
2	3	,		Bridgewater (Va.)	12:32.18	-
3	4	,		UNC-Wilmington	12:35.90	-
4	5	,		Converse	12:56.44	-
5	6	,		Furman	13:01.67	-
6	11	,		Coker	13:27.96	-
7	14	,		UNC-Greensboro	14:49.54	-

Finals: Heat #3 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	7	,		Georgia Southern	13:02.59	-
2	13	,		Guilford	14:11.71	-

Men High Jump

all	Name	Year	Team	Height	Score	1.47	1.52	1.57	1.62	1.67	1.72	1.75
1	Shuman, Lacey	SR-4	North Carolina St.	1.72m	-	PPP	PPP	PPP	PPP	OXX	XOX	-
2	Matheny, Christina	SR-4	Wingate	1.67m	-	PPP	PPP	OXX	XOX	OXX	XXX	-
3	Kirschling, Megan	JR-3	Elon	1.67m	-	PPP	PP	OXX	OXX	XOX	XXX	-
4	Kimble, Emily	JR-3	UNC-Wilmington	1.67m	-	PPP	OXX	OXX	XOX	XOX	XXX	-
5	Harris, Keyanna	JR-3	Georgia Southern	1.67m	-	PPP	PPP	PPP	OXX	XXO	XXX	-
5	Miller, Emily	FR-1	North Florida	1.67m	-	PPP	PPP	XOX	XOX	XXO	XXX	-
7	Relaford, Tikiera	SR-4	FIU	1.62m	-	PPP	PPP	OXX	OXX	XXX	-	-
7	Laird, Haley	SR-4	Elon	1.62m	-	PPP	PPP	OXX	OXX	XXX	-	-
7	Mckay, Shenelle	SO-2	Campbell	1.62m	-	PPP	OXX	OXX	OXX	XXX	-	-
10	Collins, Amy	SO-2	Wake Forest	1.62m	-	PPP	PPP	OXX	XOX	XXX	-	-
11	Watts, Sarah	SR-4	UNC-Wilmington	1.62m	-	OXX	OXX	XOX	XOX	XXX	-	-
12	Allen, Sabina	FR-1	Campbell	1.57m	-	PPP	OXX	OXX	XXX	-	-	-
12	Young, Alyssa	FR-1	North Florida	1.57m	-	OXX	OXX	OXX	XXX	-	-	-
14	McNeill, Tajanel	SR-4	Winston-Salem St.	1.57m	-	PPP	XOX	OXX	XXX	-	-	-
15	Trice, Kristen	JR-3	Bridgewater (Va.)	1.57m	-	OXX	OXX	XOX	XXX	-	-	-
15	Culbreath, Jocelyn	FR-1	Campbell	1.57m	-	PPP	OXX	XOX	XXX	-	-	-
17	Strachan, Andriel	SO-2	Campbell	1.57m	-	OXX	XOX	XOX	XXX	-	-	-
18	Walls, Brittany	SR-4	USC Upstate	1.57m	-	PPP	OXX	XXO	XXX	-	-	-
19	Norris, Jessica	JR-3	Milligan	1.57m	-	OXX	XXO	XXO	XXX	-	-	-
20	Hopson, Courtney	FR-1	Limestone	1.52m	-	OXX	OXX	XXX	-	-	-	-
20	Preston, Gustell	SO-2	North Carolina	1.52m	-	PPP	OXX	XXX	-	-	-	-
20	Bailey, Meagan	SR-4	USC Upstate	1.52m	-	OXX	OXX	XXX	-	-	-	-
20	Dixon, Emily	FR-1	Elon	1.52m	-	OXX	OXX	XXX	-	-	-	-
24	Ladson, KeAndrea	SO-2	USC Upstate	1.52m	-	OXX	XOX	XXX	-	-	-	-
25	Kirkpatrick, Sara Katherine	JR-3	High Point	1.47m	-	OXX	XXX	-	-	-	-	-

5	Herrmann, Erica	JR-3	High Point	1.47m	-	OXX	XXX
5	Bridges, Erika	SO-2	High Point	1.47m	-	OXX	XXX
5	van Dijk, Chelsea	SO-2	Mount Olive	1.47m	-	OXX	XXX
5	Cotton, Twandalette	FR-1	Georgia Southern	1.47m	-	OXX	XXX
5	Lewis, Kyla	FR-1	Winston-Salem St.	1.47m	-	OXX	XXX
1	Johnson, Taylor	JR-3	Georgia Southern	1.47m	-	XOX	XXX
	Lees, Rachel	SR-4	Charleston Southern	NH	-	XXX	
	Mueller, Stephanie	FR-1	Embry-Riddle	NH	-	XXX	
	Hamilton, Raven	JR-3	Coastal Carolina	NH	-	XXX	
	Corbett, Brittany	FR-1	FIU	NH	-	XXX	

Men Pole Vault Seeded

Finals:

Rank	Overall	Name	Year	Team	Height	Score
1	1	Ahbe, Kelsie	2	Unattached	4.25m	-
2	2	Gergel, Melissa		Unattached	4.25m	-
3	3	White, Sydney	JR-3	Wake Forest	3.95m	-
4	4	Hadfield, Linda		Unattached	3.80m	-
5	4	Becker, Samantha	SR-4	Georgia Tech	3.80m	-
6	6	McDonald, Alina	SR	Unattached	3.65m	-
7	7	Kroger, Emma	SO-2	Coastal Carolina	3.65m	-
8	8	Kessler, Ashley	JR-3	East Tenn. St.	3.65m	-
9	9	Melton, Megan	JR-3	Gardner-Webb	3.50m	-
		Moffatt, Elise	SO-2	Gardner-Webb	NH	-

Men Pole Vault

Rank	Name	Year	Team	Height	Score	2.90	3.05	3.20	3.35	3.50	3.65
1	Walker, Megan	JR-3	North Florida	3.50m	-	PPP	PPP	PPP	XOX	OXX	>
2	Simon, Meg	SO-2	North Florida	3.50m	-	PPP	PPP	PPP	OXX	XOX	>
3	Mueller, Stephanie	FR-1	Embry-Riddle	3.35m	-	XXO	OXX	OXX	OXX	XXX	
4	Marshall, Molly	SR-4	Davidson	3.35m	-	PPP	OXX	OXX	XOX	XXX	
4	Edler, Carolyn	JR-3	UNC-Wilmington	3.35m	-	PPP	OXX	OXX	XOX	XXX	
4	Katterhagen, Jillian	SR-4	Washington and Lee	3.35m	-	OXX	OXX	OXX	XOX	XXX	
7	Hautamaa, Stephanie	FR-1	Davidson	3.35m	-	OXX	OXX	XOX	XXO	XXX	
8	Comstock, Megan	FR-1	Davidson	3.20m	-	XXO	XXO	OXX	XXX		
9	Love, Molly	SO-2	UNC-Wilmington	3.20m	-	PPP	XOX	XXO	XXX		
10	san miguel, sofia	SR	Unattached	3.05m	-	OXX	OXX	XXX			
10	Cristiano, Brianna	JR-3	Coastal Carolina	3.05m	-	PPP	OXX	XXX			
10	Allard, Elizabeth	FR-1	Coastal Carolina	3.05m	-	PPP	OXX	XXX			
13	Kuzniewski, Danielle	SR-4	North Florida	3.05m	-	PPP	XOX	XXX			
14	Ward, Michaela	SO-2	Limestone	2.90m	-	OXX	XXX				
15	Kirby, Ashton	JR-3	High Point	2.90m	-	XOX	XXX				
	Parker, Erin	SR-4	Bridgewater (Va.)	NH	-	XXX					
	Depner, Madison	SO-2	High Point	NH	-	XXX					
	Benavente, Katie	SO-2	High Point	NH	-	XXX					
	Wood, Elizabeth	FR-1	UNC-Wilmington	NH	-	XXX	XXX				
	Watkins, Kayla	JR-3	UNC-Wilmington	NH	-	XXX					
	Cleary, Samantha	SR-4	UNC-Wilmington	NH	-	XXX					

Oliver, Emily	FR-1	Emmanuel (Ga.)	NH	-	XXX
Robinson, Kailey	SO-2	Gardner-Webb	NH	-	XXX
Gallagher, KeriAnne	SO-2	Bridgewater (Va.)	NH	-	XXX

## Men Long Jump

all	Name	Year	Team	Distance	Score						
1	Campbell-Brown, Krishanda	SR-4	Benedict	5.79m	-	5.47m	5.59m	5.60m	5.63m	<b>5.79m</b>	5.49
2	Norman, Marci		G.W.Express/Nike	5.72m	-	5.40m	5.41m	5.23m	<b>5.72m</b>	5.27m	
3	Fluellen, Phillicia	JR-3	FIU	5.66m	-	<b>5.66m</b>	5.52m	5.42m	5.23m	5.64m	5.51
4	Girardeau, Darlene	SO-2	N.C. Central	5.63m	-	5.56m	<b>5.63m</b>	5.57m	5.36m	5.52m	5.44
5	Green-Anderson, Halle	JR-3	Embry-Riddle	5.53m	-	FOUL	<b>5.53m</b>	5.33m	5.03m	5.35m	5.31
6	Bell, Amara	SO-2	North Carolina St.	5.49m	-	<b>5.49m</b>	<b>5.49m</b>	5.38m	FOUL	FOUL	5.41
7	Edwards, Ajanai	SO-2	Limestone	5.47m	-	<b>5.47m</b>	5.17m	5.15m	5.38m	5.40m	5.31
8	Clark, Tatianna	SR-4	N. Carolina A&T	5.44m	-	5.36m	5.42m	5.39m	5.37m	5.23m	<b>5.44</b>
9	Simpson, Latesha	JR-3	Coastal Carolina	5.38m	-	<b>5.38m</b>	5.15m	4.97m	4.68m		
10	Cefalo, Courtney	SR	Unattached	5.37m	-	<b>5.37m</b>	4.94m	5.28m			
11	Turner, Kelsey	SO-2	UNC-Wilmington	5.36m	-	5.34m	FOUL	<b>5.36m</b>			
12	Griffin, Draneisha	SO-2	USC Upstate	5.35m	-	FOUL	<b>5.35m</b>	5.27m			
13	Juhasz, Lilla	SO-2	Campbell	5.34m	-	4.78m	<b>5.34m</b>	5.20m			
14	Lee, Dana	SO-2	Washington and Lee	5.32m	-	<b>5.32m</b>	FOUL	5.20m			
15	Hill, Nia	JR-3	Georgia Southern	5.28m	-	FOUL	<b>5.28m</b>	5.18m			
16	Naules, Kelila	JR-3	Coastal Carolina	5.25m	-	<b>5.25m</b>	5.21m	5.24m			
17	Allen, Sabina	FR-1	Campbell	5.24m	-	FOUL	<b>5.24m</b>	5.04m			
18	Hurley, Kristen	SR-4	Gardner-Webb	5.21m	-	FOUL	<b>5.21m</b>	4.82m			
19	Fray, Bejai	FR-1	FIU	5.20m	-	5.12m	<b>5.20m</b>	FOUL			
20	Gregory, Amanda	SO-2	High Point	5.14m	-	4.78m	<b>5.14m</b>	4.90m			
21	Lassiter, Shamia	JR-3	St. Augustine's	5.12m	-	<b>5.12m</b>	5.07m	5.05m			
22	Covington, Raven	JR-3	Winston-Salem St.	5.06m	-	4.87m	4.83m	<b>5.06m</b>			
23	Abraham, Carrie	JR-3	Elon	5.03m	-	4.99m	<b>5.03m</b>	4.94m			
24	Ryland, Charnay	SR-4	Montreat	5.00m	-	4.80m	<b>5.00m</b>	4.83m			
25	Rasheed, Ashleigh	JR-3	Georgia Southern	4.99m	-	<b>4.99m</b>	FOUL	4.85m			
26	Rodriguez, Zorayda	SR-4	Barton	4.98m	-	<b>4.98m</b>	4.86m				
27	Ladson, KeAndrea	SO-2	USC Upstate	4.98m	-	<b>4.98m</b>	4.95m	<b>4.98m</b>			
28	Uhunmwangho, Amenze	JR-3	St. Augustine's	4.96m	-	<b>4.96m</b>	4.94m	FOUL			
29	Dixon, Emily	FR-1	Elon	4.96m	-	<b>4.96m</b>	4.81m				
30	Laws, Lydia	FR-1	Elon	4.94m	-	4.90m	4.83m	<b>4.94m</b>			
31	Brown, Aerostata	SR-4	Mount Olive	4.93m	-	<b>4.93m</b>	4.65m	4.67m			
32	Adkins, Brittany	SO-2	N.C. Central	4.92m	-	<b>4.92m</b>	4.77m	4.80m			
33	Easley, Timia	FR-1	East Tenn. St.	4.90m	-	FOUL	<b>4.90m</b>				
34	Fernandez, Alexis	SO-2	High Point	4.90m	-	<b>4.90m</b>	FOUL	4.85m			
35	Kinloch, Mikayla	JR-3	UNC-Wilmington	4.89m	-	4.88m	FOUL	<b>4.89m</b>			
36	Jobes, Da'Sha	FR-1	Coker	4.88m	-	4.64m	<b>4.88m</b>	4.70m			
37	Schiro, Ashlynn	FR-1	High Point	4.88m	-	4.79m	<b>4.88m</b>	4.58m			
38	Coleman, Camryn	JR-3	Georgia Southern	4.86m	-	FOUL	4.79m	<b>4.86m</b>			
39	Malloy, Jillian	SR-4	Wingate	4.83m	-	<b>4.83m</b>	4.63m	4.79m			
40	Murphy, Talicia	FR-1	Coker	4.79m	-	<b>4.79m</b>	4.61m	4.58m			
41	Norris, Jessica	JR-3	Milligan	4.78m	-	FOUL	4.63m	<b>4.78m</b>			
42	Mathis, Candra	SR-4	Wingate	4.73m	-	<b>4.73m</b>	4.47m	FOUL			



3	Trice, Kristen	JR-3	Bridgewater (Va.)	4.67m	-	<b>4.67m</b>	4.65m	4.48m
4	Mckay, Shenelle	SO-2	Campbell	4.65m	-	<b>4.65m</b>	4.54m	4.64m
5	Jones, Kanasha	SR-4	Mount Olive	4.51m	-	4.23m	4.43m	<b>4.51m</b>
	McNeill, Tajanel	SR-4	Winston-Salem St.	FOUL	-	FOUL	FOUL	FOUL

## Men Triple Jump

Finals: 

	Overall	Name	Year	Team	Distance	Score
1	1	Campbell-Brown, Krishanda	SR-4	Benedict	12.13m	-
2	2	Norman, Demisha	SO-2	Charleston Southern	11.97m	-
3	3	Allen, Sabina	FR-1	Campbell	11.81m	-
4	4	Clark, Tatianna	SR-4	N. Carolina A&T	11.59m	-
5	5	McNeill, Tajanel	SR-4	Winston-Salem St.	11.54m	-
6	6	Fernandez, Alexis	SO-2	High Point	11.26m	-
7	7	Evans, Francesca	SO-2	N. Carolina A&T	11.17m	-
8	8	Brown, Aerostata	SR-4	Mount Olive	11.16m	-
9	9	Jenkins, Jaszlyn	JR-3	Campbell	11.15m	-
10	10	Brown, Daisha	FR-1	Embry-Riddle	11.10m	-
11	11	Watts-Pittman, Brianna	FR-1	Charleston Southern	11.09m	-
12	12	Rasheed, Ashleigh	JR-3	Georgia Southern	11.06m	-
13	13	Uhunmwangho, Amenze	JR-3	St. Augustine's	11.04m	-
14	14	Gibson, Argia	SO-2	UNC-Asheville	11.03m	-
15	15	Lawson, Courtney	SO-2	Coastal Carolina	10.96m	-
16	16	Kinloch, Mikayla	JR-3	UNC-Wilmington	10.91m	-
17	17	Coyle, Jayna	SO-2	Elon	10.88m	-
18	18	Trice, Kristen	JR-3	Bridgewater (Va.)	10.81m	-
19	19	Holmes, Veneshia	JR-3	Coastal Carolina	10.72m	-
20	20	Sykes, Destinie	SO-2	USC Upstate	10.70m	-
21	21	Griffin, Draneisha	SO-2	USC Upstate	10.62m	-
22	22	Pitchford, Jordan	SR-4	Bridgewater (Va.)	10.48m	-
23	23	Cotton, Twandalette	FR-1	Georgia Southern	10.45m	-
24	24	Kittrell, Oksana	FR-1	Eastern Mennonite	10.44m	-
25	25	Dunlay, Sammie	JR-3	East Tenn. St.	10.33m	-
26	26	Jones, Kanasha	SR-4	Mount Olive	10.31m	-
27	27	Handley, Alyssa	FR-1	Wingate	10.21m	-
28	28	May, Katie	FR-1	Milligan	10.02m	-
29	29	Murphy, Talicia	FR-1	Coker	9.97m	-
		Norris, Jessica	JR-3	Milligan	FOUL	-
		Rodriguez, Zorayda	SR-4	Barton	FOUL	-
		Banks, Jordan	FR-1	Wake Forest	FOUL	-
		Faucette, RoDaijah	SO-2	Winston-Salem St.	FOUL	-

## Men Shot Put

Finals: Flight #1 

	Overall	Name	Year	Team	Distance	Score
1	29	Summerour, Tanisha	SO-2	Emmanuel (Ga.)	11.25m	-
2	31	Pallini, Caroline	SO-2	Coastal Carolina	11.24m	-
3	33	Wallace-Oneal, Lyssa	FR-1	Winston-Salem St.	11.22m	-

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## DirectAthletics

4	36	Morphis, Sasha	SO-2	N.C. Central	10.81m	-
5	37	Kale, Khadijah	FR-1	Mount Olive	10.74m	-
6	38	Dortch, Tamiya	FR-1	St. Augustine's	10.62m	-
7	39	Ketchum, ChyAnn	FR-1	Pfeiffer	10.46m	-
8	40	Dreffi, Kora	FR-1	Emory	10.19m	-
9	41	Mason, Moriah	FR-1	Gardner-Webb	10.10m	-
10	42	Brummett, Katelyn	SR-4	Charleston Southern	10.07m	-
11	43	Robinson, Earen	FR-1	Birmingham-Southern	9.74m	-
12	44	Poppe, Nichole	SO-2	Mount Olive	9.32m	-

Finals: Flight #2 **UP** 

	Overall	Name	Year	Team	Distance	Score
1	17	Miller, Samantha	SO-2	UNC-Wilmington	12.02m	-
2	18	Cunningham, Amber	SR-4	Limestone	12.01m	-
3	20	Cook, Samantha	SO-2	Georgia Southern	11.69m	-
4	21	Garrick, Zora	FR-1	Limestone	11.66m	-
5	22	Abraham, Imani	FR-1	N. Carolina A&T	11.65m	-
6	23	Washington, Char'De	SR-4	Mount Olive	11.62m	-
7	24	Arnold, Kelsey	SO-2	Georgia Southern	11.62m	-
8	30	Vahoua, Andrea	FR-1	Wake Forest	11.24m	-
9	32	Martin, Madeline	SO-2	UNC-Wilmington	11.22m	-
10	35	Reese, Diamond	FR-1	Gardner-Webb	10.87m	-
		Bowman, Jaszmine	SO-2	N.C. Central	FOUL	-

Finals: Flight #3 **UP** 

	Overall	Name	Year	Team	Distance	Score
1	9	Thompson, Epiphany	FR-1	FIU	12.65m	-
2	11	Brown, Jaynell	JR-3	UNC Pembroke	12.57m	-
3	12	Campbell, Emily	FR-1	Wake Forest	12.53m	-
4	15	Owens, Sherri	SR-4	N. Carolina A&T	12.27m	-
5	16	Hames, Bryanna	FR-1	Elon	12.09m	-
6	19	Tagivakatini, Talei	SR-4	Charleston Southern	11.90m	-
7	25	Dickens, Demetria	JR-3	N. Carolina A&T	11.56m	-
8	26	Dula, DaVona	SR-4	Winston-Salem St.	11.54m	-
9	27	Fullwood, Chandra	SO-2	FIU	11.49m	-
10	34	Cortese, Samantha	JR-3	Emmanuel (Ga.)	11.20m	-

Finals: Flight #4 **UP** 

	Overall	Name	Year	Team	Distance	Score
1	1	Cox, Brittany		Unattached	15.88m	-
2	2	Ishmar, Raqurra	JR-3	FIU	15.25m	-
3	3	Jacobs, Alexis	SR-4	USC Upstate	13.86m	-
4	4	Green, Jalacy	JR-3	Coastal Carolina	13.65m	-
5	5	Watkins, Sequoia	JR-3	North Carolina St.	13.48m	-
6	6	Dunn, Alyssa	JR-3	North Carolina St.	13.45m	-
7	7	Noga, Joshlyn	SR-4	Charleston Southern	13.34m	-
8	8	Mitchell, Sarah	SO-2	Gardner-Webb	12.89m	-
9	10	Pierre, Miriam	JR-3	FIU	12.59m	-

10	13	Warren, Breanna	SO-2	Elon	12.45m	-
11	14	Callahan-Howard, Casidy	SO-2	Wake Forest	12.30m	-
12	28	holland, carisma	SO	Unattached	11.36m	-

Men Weight Throw

all	Name	Year	Team	Distance	Score						
.	Ishmar, Raqurra	JR-3	FIU	19.01m	-	18.26m	17.43m	18.34m	FOUL	<b>19.01m</b>	17.8
!	Watkins, Sequoia	JR-3	North Carolina St.	17.90m	-	<b>17.90m</b>	FOUL	FOUL	17.31m	17.81m	FOUL
!	Arnold, Kelsey	SO-2	Georgia Southern	17.39m	-	16.69m	<b>17.39m</b>	FOUL			
!	Pierre, Miriam	JR-3	FIU	17.02m	-	<b>17.02m</b>	16.48m	16.99m	16.30m	FOUL	FOUL
!	Gobourne, Chelsea	JR-3	FIU	16.97m	-	15.31m	16.32m	16.24m	FOUL	16.37m	<b>16.9</b>
!	Tagivakatini, Talei	SR-4	Charleston Southern	15.81m	-	15.79m	<b>15.81m</b>	FOUL	FOUL	FOUL	15.0
'	Jacobs, Alexis	SR-4	USC Upstate	15.56m	-	14.99m	<b>15.56m</b>	15.29m	15.03m	FOUL	14.5
!	Callahan-Howard, Casidy	SO-2	Wake Forest	15.32m	-	<b>15.32m</b>	15.02m				
!	Jones, Tyesha	JR-3	East Tenn. St.	15.30m	-	FOUL	FOUL	<b>15.30m</b>			
0	Mitchell, Sarah	SO-2	Gardner-Webb	15.25m	-	14.11m	<b>15.25m</b>	14.74m			
1	Vahoua, Andrea	FR-1	Wake Forest	15.20m	-	<b>15.20m</b>	FOUL	FOUL			
2	Dunn, Alyssa	JR-3	North Carolina St.	15.13m	-	FOUL	14.84m	<b>15.13m</b>			
3	Washington, Char'De	SR-4	Mount Olive	15.08m	-	FOUL	<b>15.08m</b>	14.52m			
4	O'Grady, Briana	SO-2	Elon	14.91m	-	<b>14.91m</b>	13.81m	13.17m			
5	Dickens, Demetria	JR-3	N. Carolina A&T	14.38m	-	14.03m	<b>14.38m</b>	14.19m			
6	Reese, Diamond	FR-1	Gardner-Webb	13.76m	-	FOUL	<b>13.76m</b>	FOUL			
7	Owens, Sherri	SR-4	N. Carolina A&T	13.71m	-	FOUL	FOUL	<b>13.71m</b>			
8	Noga, Joshlyn	SR-4	Charleston Southern	13.70m	-	12.72m	12.59m	<b>13.70m</b>			
9	Akbarizadeh, Natasha	FR-1	Gardner-Webb	13.68m	-	<b>13.68m</b>	FOUL	FOUL			
0	Poppe, Nichole	SO-2	Mount Olive	13.65m	-	13.17m	FOUL	<b>13.65m</b>			
1	Dula, DaVona	SR-4	Winston-Salem St.	13.40m	-	13.33m	FOUL	<b>13.40m</b>			
2	Miller, Samantha	SO-2	UNC-Wilmington	13.23m	-	FOUL	13.21m	<b>13.23m</b>			
3	Abraham, Imani	FR-1	N. Carolina A&T	13.04m	-	FOUL	<b>13.04m</b>	FOUL			
4	Bane, Alyssa	SR-4	Eastern Mennonite	13.02m	-	12.66m	<b>13.02m</b>	FOUL			
5	Pallini, Caroline	SO-2	Coastal Carolina	12.86m	-	FOUL	12.46m	<b>12.86m</b>			
6	Builta, Emory	SO-2	Birmingham-Southern	12.72m	-	FOUL	FOUL	<b>12.72m</b>			
7	Aldrich, Audra	SR-4	Roanoke	12.50m	-	11.88m	<b>12.50m</b>	11.91m			
8	Jarvis, Jennifer	SR-4	Elon	12.47m	-	FOUL	FOUL	<b>12.47m</b>			
9	Martin, Madeline	SO-2	UNC-Wilmington	12.45m	-	12.05m	11.96m	<b>12.45m</b>			
0	Thomas, Zuri	SO-2	Wingate	12.29m	-	FOUL	FOUL	<b>12.29m</b>			
1	Fowler, Zoe	FR-1	Emory	11.32m	-	11.12m	<b>11.32m</b>	FOUL			
2	Kale, Khadijah	FR-1	Mount Olive	10.65m	-	<b>10.65m</b>	FOUL	FOUL			
3	Ketchum, ChyAnn	FR-1	Pfeiffer	8.47m	-	FOUL	FOUL	<b>8.47m</b>			
	Fullwood, Chandra	SO-2	FIU	FOUL	-	FOUL	FOUL	FOUL			

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